

THR1VE Newsletter 11.5.19 (Senior)

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Announcements

Free T-Shirts, Fall Food, and Fun!

Join THR1VE in celebrating the successes of our first-generation students, faculty, staff, and alumni during our inaugural National First-Generation College Celebration on **Friday, November 8** from **11:00am to 2:00pm** on the **second floor of the DeNaples Center!**

This year, The University of Scranton joins hundreds of colleges and universities across the country in commemorating the 54th anniversary of the Higher Education Act of 1965, which increased access to higher education for millions of Americans.





Our inaugural celebration will take the form of a **Fall Festival**, complete with your favorite fall foods. We will also have a photo booth and some first-gen giveaways, so you can proudly showcase your **#FirstGenRoyal** pride!

Additionally, **the first 100 students to participate in our celebration will receive a limited-edition T-Shirt**, courtesy of the THRIVE Program!

Students will also have the opportunity to participate in a variety of activities and sign up for Scranton Connections, a unique platform maintained by the Center for Career Development that allows students to connect with first-generation alumni mentors in various professions.

Don't miss your opportunity to participate in this historic celebration of all that our first-gen Royals have accomplished. We hope to see you there!

Click Here for More Information on the November 8th Celebration

Important Dates

- **Last Day to Withdraw with "W" Grade** (Friday, November 8)
 - Students may withdraw from a course after the course drop deadline.
 - Students who withdraw receive a "W" grade on their transcripts.
 - Students interested in withdrawing from a course must have [this form](#) signed by the course's instructor and the student's college dean.
 - Students must submit the completed form to the Registrar's Office no later than the above deadline.
- **Last Day of Class before Thanksgiving Break** (Tuesday, November 26)
- **University Housing Closes** (Wednesday, November 27 at Noon)
- **University Housing Re-opens** (Sunday, December 1 at Noon)
- **Classes Resume after Thanksgiving** (Monday, December 2)

First-Gen Perspectives

Fail Forward Panel | *Fostering Resilience*

Everyone experiences failures. Some are big, and some are small. Join the Center for Health Education and Wellness (CHEW) for an evening of storytelling and discussion about how learning from setbacks and struggles have helped shape the lives of four leaders within our campus community.



We all have a story.

Hear how navigating setbacks and challenges helped them to become the people they are today

Christine Black, J.D. **Dr. Bobby Davis** **Dr. Michael Fennie** **Dr. Billie Tadros**

This exciting event will take place on Wednesday, November 6 at 7:00pm (doors open at 6:30pm) in the DeNaples Center 4th Floor Ballroom.

The first 275 student attendees will receive a limited-edition T-shirt!

[Click Here for More First-Gen Perspectives!](#)

End of the semester a little rough? Come talk about ways of navigating this busy part of the semester with fellow students and members of the Counseling Center staff!

- To make an individual appointment or to join a group, please contact the Counseling Center at 570-941-7620 or visit them on the 6th Floor of O'Hara Hall!

Resource Spotlight

Center for Career Development

- The **Center for Career Development** helps students in making career decisions that are consistent with their unique talents, aspirations, and skills.
 - **Location:** Cizek Hall



for first-gen students seeking to connect with professional mentors.

Tip 1: Connect with a Career Coach to begin career planning. Discussions should include techniques for developing networking skills.

Tip 2: Conduct an honest self-assessment with your Career Coach to determine your career interests, abilities, and work values.

Tip 3: Research your areas of career interest to identify industries and organizations employing Scranton alumni. This allows you to identify possible mentors.

Tip 4: Prepare a professional resume and have it reviewed by your Career Coach before sharing it with potential network contacts.

Tip 5: Prepare your "elevator pitch." This brief overview of your skills and interests will allow you to "set the tone" when interacting with possible mentors.

Tip 6: Familiarize yourself with the Scranton Connections platform, as it will allow you to connect with possible mentors.

Tip 7: Complete your Scranton Connections profile, including information for alumni about the type of professional mentoring you would like.



Frank Gilmartin ('77, G'82) serves as the Assistant Director and Information Resource Specialist of the Center for Career Development

Tip 8: Filter the Scranton Connections database to identify potential mentors that have the professional background most consistent with your goals.

Tip 9: Look for alumni that are offering support for the career topics that you have indicated an interest in on your Scranton Connections profile.

Tip 10: Be respectful of your mentor's time and consistently follow up with your mentor in a timely manner whenever they provide professional advice and/or direction.

Tip 11: Maintain professional etiquette in all your interactions with your mentor. All interactions should be grounded in gratitude and respect for your mentors and their time.

Upcoming Events

- **Study Abroad General Information Session**
 - *Learn how and where to study abroad during your time at Scranton!*
 - Tuesday, November 5
 - 7:00pm - 8:00pm

- Loyola Science Center (LSC) 433

- **THR1VE Advisory Board Meeting**

- *Help us to improve the first-generation student experience on campus, while meeting fellow first-gen students and staff members!*
 - Tuesday, November 5
 - 7:30pm - 8:30pm
 - DeNaples (TDC) 213

- **National First-Generation College Celebration**

- *Celebrate the successes of first-gen students, faculty, staff, and alumni, while enjoying a Fall Festival, complete with your favorite fall foods and a photo booth. **The first 100 students to participate will receive a limited-edition t-shirt!***
 - Friday, November 8
 - 11:00am - 2:00pm
 - DeNaples (TDC) 2nd Floor

- **Financial Wellness Workshop #3 (Saving & Investing)**

- *Learn how to augment your finances with effective saving and investment strategies in this interactive workshop. Those who attend this workshop will have a chance to win a **\$100 Amazon gift card!***
 - Monday, November 11
 - 7:00pm - 8:00pm
 - Loyola Science Center (LSC) 126

RSVP Here



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