



November 18, 2020

Dear Students:

Happy Last Day of Classes of the Fall 2020 Semester! Thank you again for all your hard work keeping our community safe over the course of this challenging semester.

As you ready for final exams, the Division of Student Life is “rooting” for you and encourages you to take advantage of small opportunities to de-stress as part of Stress Less Week. While you can learn more about these happenings on RoyalSync and or the poster at the bottom of this email, I have included the links for a few virtual events this week :

- Finding Your Fire Yoga will be offered tonight at 5 p.m. ([Zoom Link](#))
- Deep Stretch for Stress Relief Energizing Yoga will be offered tomorrow at 6 p.m. ([Zoom Link](#))
- Zoom Prayer with Campus Ministries between 8-10pm on 11/19, 11/20, and 11/22 ([Zoom Link](#); Passcode 642739)

Additionally, a few weeks ago, [I wrote to you in anticipation](#) of the end of the semester and encouraged you to treat the final two weeks of the semester with extra caution to avoid creating close contacts beyond those people with whom you live in an effort to ensure a safe return to your home community amidst the COVID-19 pandemic.

As you know cases continue to be on the rise throughout the country and some students have inquired about the possibility of being tested locally prior to travel. Earlier today, Lackawanna County and the PA Department of Health [announced a testing site in Dickson City](#). The site is open from 7 a.m. to 6 p.m. Nov 21-24 at 1011 Scranton Carbondale Highway, Scranton, PA, 18508 (the former Dickson City K-Mart parking lot).

At this site, testing is on a first-come, first-serve basis limited to 440 people per day and is completely free to all patients. No appointment is necessary. Patients are encouraged to bring a photo-ID or insurance card. Registration will be completed on-site. The turnaround time for testing results is two to seven days after testing.

Lastly, the America College Health Association offers the following advice for when you return to your home:

- The most cautious approach upon arrival home is to quarantine for the first 14 days after arrival. This is especially important if there are vulnerable, higher risk individuals living in the home and/or there is high prevalence on the campus or in the local community surrounding the campus prior to leaving for home.
  - Quarantining in the home includes eating meals in a private space or outdoors with family at least 6 ft apart.
  - Use separate serving ware, utensils, glasses, and plates.
  - Use a separate bathroom from other family members. If not possible, disinfect the bathroom after each use.
  - Avoid physical contact including hugging, kissing, and shaking hands.
  - Wear a mask and maintain a distance of at least 6 ft when in the presence of others.
  - Restrict movement within and outside the home.
- If quarantine is not possible, stay physically distant from family household members, wear a face covering, and avoid close contact, including hugging and shaking hands, for the first 14 days home.
- Consider placing HEPA filter units in the home and opening windows to increase air circulation.

Good luck with finals!

Dr. Davis