Connections for First Year Students  Connections aids first-year students with their transition to college life in an atmosphere of prayer and reflection.

Divinely Designed  Just for women, Divinely Designed offers students the opportunity to share, explore and celebrate the feminine experience of being made in the image of God.

All Things New  A day hike to “The Top of the World” in Dunmore Pine Barrens. This one-day retreat is in response to the 500 year anniversary of St. Ignatius’ conversion and focuses on Ignatian values while connecting elements of nature to Faith.

Antidotes for Anxiety  A one night retreat to explore how spiritual practices such as meditation, prayer and journaling can help settle our anxieties in our daily lives.

A Desert Experience  Jesus went to the desert for 40 days, we only go for 5. This retreat takes place in Death Valley, CA, where students discern self-actualization, dying and rising, revelation/incarnation and perspective. Two retreats offered: Intersession & Spring Break

Athletic Team Retreats  Scranton Athletics Teams are challenged to connect themes of teamwork and sportsmanship to their daily lives and to their faith.

Commuter  In partnership with the Commuter Student Association, this overnight opportunity at Chapman Lake connects students with each other, builds community and serves those in need.
Soul Men’s Retreat  This men’s retreat takes place in a secluded environment, where participants, surrounded by nature, reflect on and discuss how a healthy and honest appraisal of their faith, warts and all, reveals the authentic soul of a man and inevitably sends him forth to "set the world on fire."

3 Day Silent Retreat  Based on The Spiritual Exercises of St. Ignatius Loyola, a silent retreat offers us a chance to find grace when we grant ourselves the gift of silence.

Mystery  Spend the weekend reflecting on your image of God and boldly questioning how Roman Catholicism can help you journey deeper into the Christ Mystery. Takes place at an off-campus retreat center on the oceanfront.

Senior Retreat  Seniors are invited to spend one last weekend at the lake to reflect on past, present and future.

Search  The Search Retreat is an opportunity to experience the Presence of God in the midst of a caring and faith sharing community.

Mother-Daughter  This is an unique opportunity for female students and their mothers to share a spiritually reflective weekend together at the Lake.

Journey Through Lent Retreat  Participants set aside a couple of hours per week during Lent for reflection, prayer and spiritual direction.

Manresa  Rooted in Ignatian Spirituality, Manresa offers students an opportunity to explore in greater depth some of life’s essential questions.