



Great doctors are available to speak with you **now**

SwiftMD is a telemedicine service that delivers quality health care directly to patients in need. Benefits that SwiftMD members enjoy include:

- 24/7/365 nationwide access to U.S. Board-Certified physicians from your home, office, or on the road.
- Consults with doctors via phone or videoconference; doctor makes diagnosis and recommends treatment.
- Doctor calls in prescription when appropriate.
- SwiftMD's Personal Health Record allows members to store, update and manage personal health information.
- Members can access Treatment Guidelines for 30+ common medical conditions.
- Members can avoid unnecessary visits to the ER, or long waits for an appointment at your doctor's office.

mySwiftMD.com

1-877-www-Swift

support@swiftmd.com

Conditions We Treat

For many members, SwiftMD is the first call they make at the onset of illness or injury. In fact, many routine and non-urgent cases can be safely treated by a SwiftMD physician over the phone or videoconference.

Please feel free to call with any medical concern or question. However, if you believe you're experiencing an emergency, call 911 immediately.

Telemedicine is appropriate for many common medical conditions, including:

- Allergies and rashes
- Arthritis pain
- Back pain or injury
- Bone or joint pain, strain or injury
- Chickenpox
- Cold sores
- Ear ache
- Eczema
- Eye problems, conjunctivitis or pink eye
- Fever and Flu
- Headache
- Insect Bites and Stings
- Lice
- Lyme Disease
- Nasal or respiratory congestion
- Respiratory problems, infections, asthma
- Sinusitis
- Smoking cessation
- Soft tissue and muscle injuries or pain
- Sore throat
- Stomach problems, nausea, vomiting, diarrhea
- Upper respiratory infection
- Upset stomach
- Urinary tract infection
- Vomiting
- Your individual medical concerns



Your SwiftMD membership

Your SwiftMD membership is a health benefit provided to you and your family by your employer.

Our U.S. Board-Certified doctors are available for consults over the phone or Internet, from your home, office, or on the road. SwiftMD physicians can diagnose, recommend treatment, and submit prescriptions to your pharmacy of choice.

As a SwiftMD member, you can talk to a doctor 24/7!

- Call toll free 1-877-WWW-SWIFT (1-877-999-7943).
- Go online at www.mySwiftMD.com.

Getting started

- Remember you can use SwiftMD anytime, simply by calling toll free 1-877-WWW-SWIFT (1-877-999-7943).
- To use SwiftMD online, go to mySwiftMD.com. Activate your account with your username and password, or your company Group Passcode. If you don't have this information, email support@swiftmd.com for help.
- Once you log in, provide an email address that you would like SwiftMD to use to communicate important information about your membership. SwiftMD never sells this information to third parties, and your Personal Health Information will never be included in an email.
- Please take a few minutes to enter your medical history before talking to a SwiftMD doctor. After a consultation you will be able to review the visit notes in your Personal Health Record online.

Your Family Members

- Each adult family member (age 18 and over) has an individual profile with a unique SwiftMD username and password.
- Parents or Guardians are required to oversee the telemedicine consultations of dependents under the age of 18, and adult wards.
- Young children under age 3 are not eligible for telemedicine consults. When a child is unable to describe his or her symptoms, it is important to see a pediatrician or family doctor who can provide a physical examination to diagnose the patient.
- Please visit SwiftMD.com and click the Members tab for more information about your membership.

If you have any questions about your membership, or need assistance scheduling a telemedicine consultation, contact us at 1-877-WWW-SWIFT (1-877-999-7943) or support@swiftmd.com.

SwiftMD Physicians

Quality physicians are at the core of what we do. We employ excellent, American-trained, board-certified Emergency and Family Practice doctors. Our doctors:

- Are U.S.-trained in Emergency or Family Medicine, and are Board-Certified.
- Are trained in telemedicine.
- Are experienced at diagnosing a range of illnesses and injuries.
- Have a minimum of ten years practicing medicine.

While SwiftMD can provide many healthcare services to you at your convenience, it is not designed to replace your Primary Care Doctor, or Specialists managing complex medical conditions. For more information, please refer to the *Exclusionary Criteria* posted on mySwiftMD.com.