

Mary L. (Doyle) Troy, Ph.D

Assistant Professor

Department of Counseling & Human Services

The University of Scranton

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Scranton, PA 18510

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570-941-7884

EDUCATION:

Regent University, Virginia Beach, VA

Ph.D. in Counselor Education and Supervision (August 2018)

(CACREP Accredited)

Dissertation Title: The Effects of Perceived Encouragement During Adolescence on Female Career Choice

The University of Scranton, Scranton, PA

M.S. in Community Counseling (May 2000)

(CACREP Accredited)

B.A. in History; Minors in Theology, Political Science (May 1995)

LICENSE:

Licensed Professional Counselor

PA State Board of Social Workers, Marriage & Family Therapists, and Professional Counselors #PC002617

Ex. February 2025

CERTIFICATION: **National Board Certified Counselor**

National Board for Certified Counselors #62933

Ex. June 2026

HONORS:

Who's Who Among Students in American Universities & Colleges

Year 2000 Edition (The University of Scranton)

Year 2016 Edition (Regent University)

GRANTS:

The University of Scranton

Ignatian Pedagogy and Vision Seminar (\$1000)

January 2013

**The University of Scranton
Weinberg Memorial Library Information Literacy Grant (\$1000)
Spring 2012**

**The University of Scranton
Catholic Intellectual Tradition Seminar (\$1000)
January 2011**

TEACHING EXPERIENCE:

Traditional Classroom

08/18 - Present **Assistant Professor, The University of Scranton, Scranton, PA
Department of Counseling and Human Services**

8/00 –
05/18 **Adjunct Professor, The University of Scranton, Scranton, PA
Department of Counseling and Human Services**

Courses Taught - Graduate

Clinical Mental Health Practicum
Research Methods
Systems of Care

Courses Taught - Undergraduate

Introduction to Human Development
First Year Seminar: The Ignatian Imagination
Freshman Seminar
Human Service Systems
Case Management and Interviewing Skills
Multicultural Issues in Counseling & Human Services
Group Process & Practice
Career Seminar
Internship Seminar
Substance Abuse Prevention Education
Counseling with Veterans and the Military
Mental Health Issues for Military Families Honors Tutorial
Advocacy in Human Services
Poverty, Homelessness, and Social Justice
Mental Health Issues in Student Athletes Honors Tutorial

Course Developed

Spring 2014 Counseling with Veterans and the Military

Online Teaching

09/16 – 12/18

Regent University, Virginia Beach, VA/ Taras Shevchenko National University of Kyiv/Ukraine Evangelical Theological Seminary, Kyiv, Ukraine
DSM V and ICD-10 Primer

01/16 – 05/18

Regent University, Virginia Beach, VA

Teaching Assistant for:

Group Process and Practice(Graduate)

Career and Lifestyle Development (Graduate)

Addictions Therapies (Graduate)

International Teaching

06/18

Taras Shevchenko National University of Kyiv/Ukraine Evangelical Theological Seminary, Kyiv, Ukraine

Group Process and Practice

05/17

Taras Shevchenko National University of Kyiv/Ukraine Evangelical Theological Seminary, Kyiv, Ukraine

Group Process and Practice

05/16

Taras Shevchenko National University of Kyiv/Ukraine Evangelical Theological Seminary, Kyiv, Ukraine

Group Process and Practice

Teaching Assistantships

01/16 – 05/18

Regent University, Virginia Beach, VA

Group Process and Practice (Graduate)

Addiction Therapies (Graduate)

Career and Lifestyle Development (Graduate)

Community

10/07-11/07

Voluntary Action Center of NEPA, Scranton, PA

Points of Life Volunteer Management Training Series

SUPERVISION EXPERIENCE:

Traditional

06/15 – 05/2020

Clinical Supervision, Resilience Counseling Associates, Scranton, PA

Provide clinical supervision to master-level counselors seeking professional licensure in Pennsylvania.

International/Online

09/16 – 05/2019

Clinical Supervision, Regent University/Taras Shevchenko National University of Kyiv/Ukraine Evangelical Theological Seminary, Kyiv, Ukraine

Provide weekly, online group supervision for five (5) Ukrainian counseling students (via translator) utilizing a secure online platform.

01/15-05/15

Clinical Supervision, Regent University, Virginia Beach, VA

(Doctoral program advanced practicum)

Provide weekly, online, individual and triadic supervision to Master's level students completing their practicum in the Regent University Graduate Counseling programs.

CLINICAL EXPERIENCE:

01/11-
5/20

Clinical Private Practice; Resilience Counseling Associates, Scranton, PA

Provide mental health services for adults. Conduct assessments and provide treatment for career concerns, anxiety, chemical dependence, PTSD, and chronic illness.

7/00 – 8/02

Academic Advisor; The University of Scranton, College of Professional Studies, Scranton, PA

Advise students regarding course selection and scheduling. Help prepare students to study abroad. Mentor students experiencing academic difficulties. Provide students with assistance regarding graduate school and/or career choice.

9/97-6/00

Prevention Coordinator; Voluntary Action Center of NEPA, Scranton, PA

Responsible for the implementation of prevention programming efforts. Provide drug and alcohol education to the general public and target groups. Manage and maintain community resource center. Manage RADAR (Regional Alcohol and Drug Awareness Resource) Center for Lackawanna and Wayne Counties. Co-develop, in conjunction with Lackawanna County Commission on Drug and Alcohol Abuse, programs responsive to new mandates and current community and national trends in prevention. Supervise staff and interns. Agency network administrator. Agency Webmaster.

10/96-9/97

Therapeutic Staff Support; Tri-County Human Services, Carbondale, PA

Provide direct intervention to help stabilize youth who experience emotional/behavioral disturbances or mental illness. Work with youth in home, community, and school. Responsibilities include: crisis intervention, emotional support, socio-recreational and community based activities, one-on-one intervention, peer-interaction, and socialization.

4/96-10/96

Residential Counselor; Friendship House, Scranton, PA

Responsible for socially and emotionally disturbed children. Document treatment plans and clients' progress towards therapeutic goals. Plan activities and group discussions to aid clients in reaching established goals. Care for physical and emotional needs of clients.

INTERNSHIP/PRACTICUM EXPERIENCE:

08/15-05/16	The University of Scranton, Department of Counseling and Human Services Teach Practicum course for students in the Clinical Mental Health graduate program. Teach Human Service Systems, Career Seminar, Counseling with Veterans and the Military courses for undergraduate students. Conduct an Honors Tutorial on Mental Health Issues for Military Families.
01/15-05/15	Office of Career Services, The University of Scranton, Scranton, PA Provide individual career counseling to students and alumni of The University of Scranton. Duties include utilizing career assessment inventories, career exploration, resume development, and mock interviews.
1/00-5/00	Scranton Area Family Center, Scranton, PA Conduct intake sessions for supervised custody visitations. Monitor supervised custody visitations. Co-facilitate parent education groups. Conduct research on current issues, such as teen truancy.

INTERNATIONAL PRESENTATIONS:

Troy, M.L., Group Facilitator (2023, March 10) in L. Compton & K. Erwin (presenters). *Compassion fatigue for safeguarding*. Pontifical Gregorian University, Rome, Italy.

Troy, M.L. (2017, May 20). *The psychological impact of parental PTSD on children of military veterans*. Presentation to the Psychology and the military conference. Kyiv, Ukraine.

Troy, M.L., Hoard, P. (2016, May 22). *Military sexual trauma*. Poster presentation to the Psychology of Sexuality: Scientific research, theories and practice conference. Kyiv, Ukraine.

Zaporozhets, O., **Troy, M.L.**, Hoard, P. (2016, May 22). *Psychosexual rehabilitation in the post-trauma period with ATO fighters*. Roundtable discussion to the Psychology of Sexuality: Scientific research, theories and practice conference. Kyiv, Ukraine.

SCHOLARLY PUBLICATIONS

Troy, M.L., Powers, T., & Lee Chong, E. (2024). Using a historical approach to teach social justice: A classroom model. *Jesuit Higher Education: A Journal*, 13(1), Article 8.
<https://doi.org/10.53309/2164-7666.1460>

Kent., V., **Troy, M.L.**, (in press). Understanding sexual trauma in the church using systems theory and attachment lens. In L. Compton & T. Patterson (Eds.), *Safeguarding skills*. InterVarsity Press, LLC.

Troy, M. L., Lund, S. K., & Datti. P. A. (2022). The relationship between Fitness for the Profession and ethical development: An undergraduate human services program model. *Journal of Human Services*. 41(1). 70-81.

Troy, M. L. (2022, April 21). The effects of perceived encouragement during adolescence on female career choice. *The Humanistic Psychologist*. Advance online publication. <http://dx.doi.org/10.1037/hum0000281>

Newmeyer, M., Keyes, B., Palmer, K., Kent, V., Spong, S., Stephen, F., & **Troy, M.** (2016). Spirituality and religion as mitigating factors in compassion fatigue among trauma therapists in Romania. *Journal of Psychology & Theology*, 44(2)

PRESENTATIONS:

Stefanelli, K., Troy, M. (February, 2024) *Mindfulness programming on campus: Simple implementation for big results*. Presented at the 2024 American College Counseling Association National Conference. Orlando, Florida.

Troy, M.L., (2023, November). *Girl Scouts and female educational attainment: Is there a connection?* Presented at the 2023 Pennsylvania Counseling Association's Annual Conference. Harrisburg, PA.

Troy, M.L., (2023, September). *Boundaries and why they are important*. Invited professional development presentation for Student Life staff. Lackawanna College, Scranton, PA.

Troy, M.L. Welby, K. (2023, March). *Mental Health is Division III Student-Athletes*. Presented at the 2023 American College Counseling Association Annual Conference, Savannah, GA.

Troy, M.L. (2022, October). *Women and careers: What's the story?* Presented at the 2022 Pennsylvania Counseling Association's Annual Conference. Pittsburgh, PA.

Troy, M. L., Lund, S. (2022, February). *Do You Want to Advocate for Social Justice? Start By Learning Your History!* Presented at the 2022 American College Counseling Association Annual Conference, Las Vegas, Nevada.

Lund, S. K., **Troy, M.L.,** & Bordonada, T. (2022, February). *Creative Approaches to College Counselor Self-Care*. Presented at the 2022 American College Counseling Association Conference, Las Vegas, NV

Troy, M. (2021, November). *Wanna Advocate for Social Justice? Know Your History!*. Presented at the 2021 Pennsylvania Counseling Association's Annual Conference. Harrisburg, PA.

Troy, M., Lund, S. (2021, October) *Creative Approaches to Engaging Students in the Classroom/Zoom Room*. Presented at the 2021 Association for Counselor Education and Supervision's Biannual Conference. Atlanta, Georgia.

Troy, M. (2020, May). *Veterans' Issues*. Virtual presentation at the Examining Pedagogy Through an Inclusive Lens Faculty Workshop Series. The University of Scranton, Scranton PA.

Troy, M. (2019, March). *The Effects of Perceived Encouragement During Adolescence on Female Career Choice*. Presented at the 2019 American Counseling Association Annual Conference. New Orleans, Louisiana.

Troy, M.L. (2018, October 23). *Effective communication strategies*. Healthy Minds Educational Series. Geisinger Commonwealth School of Medicine. Scranton, PA.

Troy, M.L. (2017, November 15). *Techniques for effective communication*. Healthy Relationships Educational Series. Geisinger Commonwealth School of Medicine. Scranton, PA.

Troy, M.L. (2014, November 11). *Culture and conversation: Veterans sharing the moral burden of war*. Veterans Day Panel Presentation, The University of Scranton. Scranton, PA.

Troy, M.L. (2001, March 19). *Club drugs*. Presentation at the Lackawanna County SADD Youth Conference, The University of Scranton. Scranton, PA.

Troy, M.L. (2000, March 14). *Alcohol and dating violence*. Presentation at the Lackawanna County SADD Youth Conference, The University of Scranton. Scranton, PA.

Troy, M.L. (1998, November 21). *Childcare for women in treatment*. Poster presentation to the Pennsylvania Counseling Association Conference. Harrisburg, PA.

Troy, M.L. (1998, November 4). *Alcohol, children, and violence*. Presentation for The University of Scranton's Alcohol and Gender Series. Scranton, PA.

Troy, M.L. (1998, October 21). *Community resources and social services*. Presentation for Marywood University School of Continuing Education. Scranton, PA.

Clor, M., **Troy, M.L.** (1998, April 24). *Dating violence*. Presentation at the Lackawanna County SADD Youth Conference, Marywood University. Scranton, PA.

WORK EXPERIENCE:

8/95-12/95	Projects Assistant; Alaska Network on Domestic Violence and Sexual Assault, Juneau, AK (Jesuit Volunteer Corps) Research legislation for up-coming Alaska Legislative session. Maintain and manage lending library. Responsible for updating 22 member programs on status of pending domestic violence/sexual assault legislation in Alaska and in the U.S. Congress.
7/95-8/95	Camp Counselor; Project Hope/United Neighborhood Center, Scranton, PA Responsible for the care and well-being of ten children from economically

disadvantaged backgrounds. Activities included swimming, arts and crafts, educational tutoring, and outdoor recreation at Camp Saint Andrew.

2/94-5/95

Assistant to Director of Liturgy; Campus Ministry, The University of Scranton, Scranton, PA

Edit and publish weekly bulletin for University community. Design and circulate posters for upcoming campus ministry events and liturgies. Assist in planning retreats and liturgies.

8/93-5/95

Resident Assistant; Office of Residence Life, The University of Scranton, Scranton, PA

Responsible for the social, mental, physical, and academic well-being of 65 freshmen students. Plan and conduct activities to promote holistic development of residents.

MILITARY SERVICE:

1/91-3/91

Master at Arms; Naval Reserve Fleet Hospital 15/20, Saudi Arabia

Member of Naval Security Force during Operation Desert Storm.

6/90-10/93

Yeoman; Naval Reserves, United States Navy

VOLUNTEER EXPERIENCE:

Girl Scout Troop Leader – St. Paul’s Parish

Girl Scout Delegate – Girl Scouts in the Heart of PA

Extraordinary Minister of Holy Communion – St. Paul’s Parish

Church Cantor – St. Paul’s Parish

Past Co-Chair for St. Paul Parish Block Party

Children’s Mass Coordinator – St. Paul’s Parish

Vacation Bible School Teacher – St. Paul’s Parish

Odyssey of the Mind Coach – St. Clare/St. Paul School

Student Veterans Advisory Board – The University of Scranton

PROFESSIONAL MEMBERSHIPS:

American Counseling Association

Pennsylvania Counseling Association

Association for Counselor Education and Supervision

North Atlantic Region Association for Counselor Education and Supervision

