

**K R I S Y E L R O D , P h . D . , L M F T , R P T - S**  
L i c e n s e d M a r r i a g e a n d F a m i l y T h e r a p i s t M F C 5 1 9 8 1  
R e g i s t e r e d P l a y T h e r a p i s t - S u p e r v i s o r

**EDUCATION AND CERTIFICATIONS**

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- Ph.D. Counselor Education and Supervision** 2019  
*Oregon State University* Corvallis, Oregon
- CACREP Accredited
  - Dissertation: *A Corpus Linguistic Analysis of Pro-Nonsuicidal Self-Injury and Pro-Anorexia Public Tumblr Posts Which Use Spanish*
- M.A. Professional Counseling** 2009  
*Texas State University* San Marcos, Texas
- CACREP Accredited
  - Dual Concentration: Marriage, Couple, and Family Counseling & Professional Counseling
- Medical Trauma Counseling Certificate** 2023  
*Xavier University*
- First cohort
- Licensed Marriage and Family Therapist (CA) MFC51981 (2012)**  
**Red Cross Disaster Mental Health Counselor (2014)**  
**Registered Play Therapy Supervisor (RPT-S) (2018)**  
**Mindful Self-Compassion Certificate (2022)**  
**Bilingual (English and Spanish)**

**PUBLICATIONS, PRESENTATIONS AND TRAININGS**

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- Elrod, K.** & Trifonopoulos, A. Unmasking Medical Trauma: Equipping Counselors as Advocates for Healing. Pennsylvania Counseling Association. Harrisburg, PA. 2023
- Elrod, K.** & Trifonopoulos, A. Revitalizing Recovery: Treatment Planning for Survivors of Medical Trauma. Pennsylvania Counseling Association. Harrisburg, PA. 2023
- Elrod, K.** Supervising Bilingual Counselors: Impact of Language on Supervision. Association of Counselor Education and Supervision Conference. Chicago, IL. 2017
- Elrod, K.,** Cleaver, C. Making Lemonade: Using Failures to Facilitate Growth in Counselor Education. Association of Counselor Education and Supervision Conference. Chicago, IL. 2017
- Elrod, K.** Epic Fail! Learning From Our Mistakes. Association of Humanistic Counseling Annual Conference. Syracuse, NY. 2017
- Cleaver, C. & **Elrod, K.** Distance Assistance: Improving Your Online Supervision Skills. Western Association of Counselor Educators and Supervisors Conference. Vancouver, BC. 2016
- Horsey, K. & **Elrod, K.** Medical Home! What's for dinner? Western Association of Counselor Educators and Supervisors Conference. Vancouver, BC. 2016
- Elrod, K.** & Cleaver, C. Language to Limit or Liberate. Association of Humanistic Counseling Annual Conference. Portland, OR. 2016

# KRISY ELROD, Ph.D., LMFT, RPT-S

Licensed Marriage and Family Therapist MFC 51981  
Registered Play Therapist-Supervisor

**Elrod, K.** Speak My Language: Supervising Bilingual Counselors. Association of Counselor Education and Supervision Conference. Philadelphia, PA. 2015.

Cleaver, C. & **Elrod, K.**, Roberts, S. Three Part Harmony: Hitting the Right Notes in Supervision. Association of Counselor Education and Supervision Conference. Philadelphia, PA. 2015.

**Elrod, K.** & Cleaver, C. BULLSEYE! Hitting the Heart of the Relationship in Distance Education. Western Association of Counselor Educators and Supervisors Conference. Anaheim, CA. 2014

**Elrod, K.** & Horsey, K. Heavy Meta: Rocking the Relationship in Clinical Supervision. Western Association of Counselor Educators and Supervisors Conference. Anaheim, CA. 2014

Roberts, S., Cleaver, C. & **Elrod, K.** BULLSEYE! Hitting the Heart of the Relationship in Distance Education. Association of Humanistic Counseling Annual Conference. Albuquerque, NM. 2014

**Elrod, K.** Recovery Oriented Supervision. Los Angeles Department of Mental Health. Trainings in each of the 8 service areas per year in LA County. 2012-2014.

Roaten, G. & **Elrod, K.** Adolescents: Unveiling the Mystery. Texas Counseling Association Conference. Houston, TX. 2008

## SERVICE TO THE UNIVERSITY, COMMUNITY, PROFESSION

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PILLAR Program Participant, Fall 2024

Proposal Reviewer, North Atlantic Region of Association of Counselor Educators and Supervisors Conference, 2024

CACREP Accreditation Team Leader 2023-Present

CACREP Accreditation Site Visitor, 2022-Present

NBCC Campus Coordinator, 2023-Present, University of Scranton

President, Cranberry Ridge Association, 2023

NUHW Union Steward, 2017-2020. Bargaining Committee 2018-2021 contract.

Telehealth Committee Member and Transgender Care Team Member, Kaiser Permanente

Association of Counselor Education and Supervision Emerging Leader 2019

Association of Humanistic Counseling, Program Proposal Review Co-Coordinator, 2019

Association of Humanistic Counseling, Awards Committee Member, 2017-2018

Supervisor, Practicum, Master's in School Counseling hybrid program, Oregon State University. Synchronous online, 2016.

Supervisor, Internship, Master's in School Counseling hybrid program, Oregon State University. Synchronous online, 2015.

Supervisor, Pre-Practicum, Master's in School Counseling hybrid program, Oregon State University. Synchronous online, 2014.

Supervisor, Practicum, Master's in School Counseling hybrid program, Oregon State University. Synchronous online, 2014.

Supervisor, Internship, Master's in Professional Counseling hybrid program, Oregon State University. Synchronous online, 2013.

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PHONE (512) 699-4875

# KRISY ELROD, Ph.D., LMFT, RPT-S

Licensed Marriage and Family Therapist MFC 51981

Registered Play Therapist-Supervisor

Teaching Assistant, Theories and Techniques of Counseling I, Master's in School Counseling hybrid program, Oregon State University. Salem, OR and asynchronous online. 2016

Teaching Assistant, Crisis, Trauma and Grief, Master's in School Counseling hybrid program, Oregon State University. Salem, OR and asynchronous online. 2015

Teaching Assistant, Pre-Practicum, Master's in School Counseling hybrid program, Oregon State University. Salem, OR and asynchronous online. 2014

Proposal Reviewer, National Latina/o Psychological Association Biennial Conference, 2016

Proposal Reviewer, Association of Counselor Educators and Supervisors Conference, 2015, 2017, 2019

Proposal Reviewer, Western Association of Counselor Educators and Supervisors Conference, 2014, 2016, 2018.

## EMPLOYMENT

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### **Assistant Professor**

2024-present

University of Scranton

Scranton, PA

- CACREP Accredited MS Program
  - Practicum
  - Marriage and Family Counseling
  - Social and Cultural Issues

### **Lecturer**

2023-2024

University of Scranton

Scranton, PA

- Undergraduate Counseling and Human Services
  - Introduction to Art Therapy
  - Marriage and Family Counseling
  - Interviewing Skills
- CACREP Accredited MS program
  - Marriage and Family Counseling
  - Social and Cultural Issues
- Honors Tutorial
  - Advanced Art Therapy

### **Term Faculty**

2022-2023

Oregon State University

Corvallis, OR

- CACREP Accredited MA program
  - Psychopathology and Treatment Planning
  - Internship II

### **Private Practice**

2017 – Present

Ginger & Pixie LLC

California/telehealth

- Word-of-mouth therapy and supervision practice with pro-bono slots

E-MAIL [hi@drkrisyelrod.com](mailto:hi@drkrisyelrod.com)

PHONE (512) 699-4875

**KRISY ELROD, Ph.D., LMFT, RPT-S**  
Licensed Marriage and Family Therapist MFC 51981  
Registered Play Therapist-Supervisor

**Subject Matter Expert** 2016 – 2022

California Board of Behavioral Sciences

- Participate in workshops for the development of the Marriage and Family Therapist (MFT) Law & Ethics, and Clinical exam

**Adjunct Professor** 2020-2022

DePaul University

Chicago, IL

- CACREP Accredited MA program
  - Marriage, Couple and Family Counseling
  - Psychopathology

**Clinical Experiences Coordinator** 2020-2021

New Mexico Highlands University

Las Vegas, NM

- CACREP Accredited MA program
- Facilitate practicum and internship experiences for MA students
- Teach courses in the MA program
  - Practicum
  - Assessment and Testing
  - Internship

**Psychiatric Social Worker (Bilingual)** 2014-2020

Kaiser Permanente

Los Angeles, CA

- Member of the Transgender Care Team
- Member of the Telehealth Committee
- Create and participate in pilot programs (video visits, supplemental apps, etc)
- Provide timely and appropriate assessment, diagnosis, treatment planning and interventions to members and/or family members
- Effectively communicate with the clinical team and members
- Complete timely and appropriate services and documentation
- Assess and prioritize member needs to provide the appropriate level of care

**Adjunct Professor** 2015 – 2018

Multnomah University

Portland, OR

- Sandtray Therapy, 2015
- Intro to Expressive Arts, 2015
- Intro to Play Therapy, 2016, 2017
- Intro to Mindfulness in Counseling, 2016

**KRISY ELROD, Ph.D., LMFT, RPT-S**  
Licensed Marriage and Family Therapist MFC 51981  
Registered Play Therapist-Supervisor

**Clinical Therapist II** 2012 – 2014  
Los Angeles Child Guidance Clinic Los Angeles, CA

- Supervise up to 16 staff in intensive services (TBS, FSP, Wraparound)-group & individual
- Provide field-based supervision as needed
- Continually monitor the effectiveness and efficiency of service delivery efforts including client caseload assignments and schedule reviews so that each client is actively being served, and cases are closed when clients have reached their service goals

**Clinical Therapist I** 2011 - 2012  
Los Angeles Child Guidance Clinic Los Angeles, CA

- Provided intensive field-based services for clients aged 3-16 and their families
- Met service delivery expectations (65%) for 22 consecutive months
- Documented services within 24 hours in an electronic health record
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**Home Visitor** 2010-2011  
Venice Family Clinic-Early Head Start Inglewood, CA

- Provided weekly 90-minute home-based visits to children aged 0-3 and their families
- Provided instruction to families on age-appropriate development, nutrition, health concerns, and play as preventative care to children/families with risk factors
- Facilitated activities to promote parent/child attachment

**Children's Counselor** 2010  
Crisis Center of Comal County New Braunfels TX

- Provided individual, group, and family therapy for survivors of sexual abuse and/or domestic violence for children aged 0-18 using play therapy, expressive arts, and sand tray
- Accompanied individuals and families to forensic exams
- Met with a multidisciplinary team (law enforcement, medical staff, DCFS, etc) to coordinate services
- Provided community trainings/awareness efforts on sexual assault and domestic violence
- Took rotations on 24 hour on-call phone to provide immediate crisis response to sexual assault victims

**KRISY ELROD, Ph.D., LMFT, RPT-S**  
Licensed Marriage and Family Therapist MFC 51981  
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- Counseling Intern** 2009 - 2010  
Catholic Family Counseling Austin, TX
- Provided clinical individual, group, couple and family therapy to adults and children
  - Participated in case presentations
  - Provided training to staff members on group facilitation 2009
- Camp Agape Bereavement Camp for Children Austin, TX
- Provided grief counseling to children aged 5-15
  - Engaged campers in recreation therapy activities 2008 -2009
- Texas State University Round Rock, TX
- Provided clinical individual, group, couple, and family therapy to adults and children
  - Completed intake assessments
  - Participated in co-therapy

**PROFESSIONAL AFFILIATIONS**

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American Counseling Association, 2008  
Association for Play Therapy, 2011  
Association for Humanistic Counseling, 2014  
Association of Counselor Educators and Supervisors, 2014  
Western Association for Counselor Education and Supervision, 2014-2024  
North Atlantic Region Association for Counselor Education and Supervision, 2024  
Pennsylvania Counseling Association, 2023  
World Association of Sand Tray Professionals, 2023