

Curriculum Vita

Benjamin T. Willis, Ph.D., NCC, ACS

Associate Professor and Clinical Mental Health Counseling Program Director

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Scranton, PA 18510
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(570) 941-6172

Teaching Positions

University of Scranton

Scranton, PA

Associate Professor

August 2018 – present

- Focus on M.S. Clinical Mental Health Counseling program (CACREP Accredited)
- Co-Program Director (August 2019 – present) or Program Director (August 2018 – July 2019)

Assistant Professor

August 2013 – July 2018

- Focus on M.S. Clinical Mental Health Counseling program (CACREP Accredited)
- Program Director (August 2014 – July 2015) or Co-Program Director (August 2015 – July 2018)

The University of North Carolina at Greensboro

Greensboro, NC

Instructor of Record

August 2011 – May 2013

- Taught one class and supervised clinical experiences each semester

Education

Doctor of Philosophy in Counseling and Counselor Education

May 2013

The University of North Carolina at Greensboro (CACREP Accredited)

Dissertation Title: How Identity Develops: Using Attachment, Differentiation, Mood, Communication, and Personal Narrative to Predict Identity Status among Emerging Adults

Masters of Science and Educational Specialist in Counseling and Counselor Education

August 2010

The University of North Carolina at Greensboro (CACREP Accredited)

Specialty: Couples and Family Counseling

Bachelor of Science in Biology

December 2006

The University of North Carolina at Chapel Hill

Minors in History and Chemistry

Licenses and Certifications

National Certified Counselor (NCC # 269665)

2010-present

Approved Clinical Supervisor (ACS # 1528)

2013-present

Licensed Professional Counselor Associate in North Carolina (LPCA # A8506)

2010-2016

CPR and First Aid

2012-2014, 2017-present

Teaching Experience

Instructor, CHS 111 Introduction to Human Adjustment, Spring 2016, Spring 2018, and Summer 2020
Instructor, CHS 384 Wellness and Stress Management, Spring 2021
Instructor, COUN 500 Professional Issues in CMHC, Fall 2014, 2015, 2016, 2017, and 2018
Instructor, COUN 501 Counseling and Interviewing Skills, University of Scranton, Fall 2013
Instructor, COUN 502 Counseling Theories, Spring 2014, Fall 2016, Spring 2017, Fall 2017, Fall 2018, Fall 2020, Fall 2021, Fall 2022, and Fall 2023
Instructor, COUN 503 Group Process and Practice, Intersession 2014, 2015, 2020, 2021, 2022, 2023, and 2024; Spring 2024
Instructor, COUN 505 Research Methods, University of Scranton, Fall 2013, Spring and Fall 2014, Spring and Fall 2015, Spring 2016, Spring 2017, Spring 2018, Spring 2019, Spring 2020, Spring 2021, Spring 2022, and Spring 2023
Instructor, COUN 509-C Professional Issues in CMHC, Fall 2023
Instructor, COUN 549 Assessment and Diagnosis, Summer 2014, Spring and Summer 2015, Spring and Summer 2016, Spring and Summer 2017, Spring 2018, Intersession and Spring 2019, and Intersession and Spring 2020, Intersession and Spring 2021, Spring and Summer 2022, Spring and Summer 2023, and Spring and Summer 2024
Instructor, COUN 552 Wellness Counseling, Fall 2021
Instructor, COUN 559 Spirituality in Counseling, Summer 2018, 2019, 2020, 2021, 2022, 2023, and 2024 (online)
Instructor, COUN 577 Evidence-Based Practice, Fall 2019, 2020, 2021, 2022, and 2023
Instructor, COUN 584: Special Topics: Wellness Counseling, Fall 2019
Instructor, COUN 590 Clinical Mental Health Counseling Practicum, Fall 2013, Spring 2016, Spring 2017, Fall 2017, Fall 2018, Fall 2019, Spring and Fall 2020, Spring and Fall 2021, Spring and Fall 2022, and Spring 2023
Instructor, COUN 595 Internship in CMHC, Spring, Summer, & Fall 2014; Spring, Summer, & Fall 2015; Summer and Fall 2016; Summer 2017; Spring & Summer 2018; Spring & Summer 2019; Spring & Summer 2020; Summer 2021; Summer 2022; Fall 2022 (2 sections); Summer 2023; Fall 2023; Spring and Summer 2024
Instructor, COUN 646 Psychopathology and Counseling, Summer 2014 (online for Liberty University)
Instructor, COUN 502 Human Growth and Development, Spring 2014 (online for Liberty University)
Instructor, CED 574 Contemporary Topics in Counseling: Stress Management, UNC-Greensboro, Spring 2013
Instructor, CED 210 Career and Life Planning, UNC-Greensboro, Fall 2012
Instructor, CED 310 Helping Skills, UNC-Greensboro, Fall 2011 and Spring 2012
Teacher and Tutor, Princeton Review, SAT Preparation, 2009-2010
Individual Math Tutor (4th grade – high school level mathematics), 2010-2013

Supervision Experience

Clinical Supervisor, 10 Master's students in Clinical Mental Health Counseling Internship, Spring 2024
Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 8 Master's students in Clinical Mental Health Counseling Internship, Fall 2023
Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 10 Master's students in Clinical Mental Health Counseling Internship, Summer 2023

Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 4 Master's students in Clinical Mental Health Practicum, Spring 2023
Complete session review, feedback, individual and group supervision, and evaluation
Clinical Supervisor, 5 Master's students in Clinical Mental Health Practicum, Fall 2022
Complete session review, feedback, individual and group supervision, and evaluation
Clinical Supervisor, 9 Master's students in Clinical Mental Health Counseling Internship, Fall 2022
Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 8 Master's students in Clinical Mental Health Counseling Internship, Fall 2022 (2nd section)
Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 11 Master's students in Clinical Mental Health Counseling Internship, Summer 2022
Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 4 Master's students in Clinical Mental Health Practicum, Spring 2022
Complete session review, feedback, individual and group supervision, and evaluation
Clinical Supervisor, 4 Master's students in Clinical Mental Health Practicum, Fall 2021
Complete session review, feedback, individual and group supervision, and evaluation
Clinical Supervisor, 9 Master's students in Clinical Mental Health Counseling Internship, Summer 2021
Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 4 Master's students in Clinical Mental Health Practicum, Spring 2021
Complete session review, feedback, individual and group supervision, and evaluation
Clinical Supervisor, 4 Master's students in Clinical Mental Health Practicum, Fall 2020
Complete session review, feedback, individual and group supervision, and evaluation
Clinical Supervisor, 4 Master's students in Clinical Mental Health Counseling Internship, Summer 2020
Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 7 Master's students in Clinical Mental Health Counseling Internship, Spring 2019
Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 1 Master's student in Clinical Mental Health Practicum, Spring 2020
Complete session review, feedback, individual supervision, and evaluation
Clinical Supervisor, 5 Master's students in Clinical Mental Health Practicum, Fall 2019
Complete session review, feedback, individual and group supervision, and evaluation
Clinical Supervisor, 7 Master's students in Clinical Mental Health Counseling Internship, Summer 2019
Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 7 Master's students in Clinical Mental Health Counseling Internship, Spring 2019
Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 5 Master's students in Clinical Mental Health Practicum, Fall 2018
Complete session review, feedback, individual and group supervision, and evaluation
Clinical Supervisor, 9 Master's students in Clinical Mental Health Counseling Internship, Summer 2018
Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 10 Master's students in Clinical Mental Health Practicum, Spring 2018
Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 4 Master's students in Clinical Mental Health Practicum, Fall 2017
Complete session review, feedback, individual and group supervision, and evaluation
Clinical Supervisor, 5 Master's students in Clinical Mental Health Counseling Internship, Summer 2017
Complete feedback, group supervision, facilitation, and evaluation
Clinical Supervisor, 4 Master's students in Clinical Mental Health Practicum, Spring 2017
Complete session review, feedback, individual and group supervision, and evaluation
Clinical Supervisor, 8 Master's students in Clinical Mental Health Counseling Internship, Fall 2016

Complete feedback, group supervision, facilitation, and evaluation
 Clinical Supervisor, 10 Master's students in Clinical Mental Health Counseling Internship, Summer 2016
 Complete feedback, group supervision, facilitation, and evaluation
 Clinical Supervisor, 4 Master's students in Clinical Mental Health Practicum, Spring 2016
 Complete session review, feedback, individual and group supervision, and evaluation
 Clinical Supervisor, 8 Master's students in Clinical Mental Health Counseling Internship, Fall 2015
 Complete feedback, group supervision, facilitation, and evaluation
 Clinical Supervisor, 7 Master's students in Clinical Mental Health Counseling Internship, Summer 2015
 Complete feedback, group supervision, facilitation, and evaluation
 Clinical Supervisor, 6 Master's students in Clinical Mental Health Counseling Internship, Spring 2015
 Complete feedback, group supervision, facilitation, and evaluation
 Clinical Supervisor, 12 Master's students in Clinical Mental Health Counseling Internship, Fall 2014
 Complete feedback, group supervision, facilitation, and evaluation
 Clinical Supervisor, 4 Master's students in Clinical Mental Health Counseling Internship, Summer 2014
 Complete feedback, group supervision, facilitation, and evaluation
 Clinical Supervisor, 5 Master's students in Clinical Mental Health Counseling Internship, Spring 2014
 Complete feedback, group supervision, facilitation, and evaluation
 Clinical Supervisor, 4 Master's students in Clinical Mental Health Practicum, Fall 2013
 Complete session review, feedback, individual and group supervision, and evaluation
 Clinical Supervisor, 4 Master's students in Advanced Practicum, Spring 2013
 Complete session review, feedback, individual and group supervision, and evaluation
 Clinical Supervisor, 4 Master's students in Internship, Fall 2012
 Complete session review, feedback, individual and group supervision, and evaluation
 Clinical Supervisor, 2 Master's students in Advanced Practicum, Spring 2012
 Completed session review, feedback, individual, triadic, and group supervision, and evaluation
 Practicum Graduate Assistant, CED 756A Advanced Counseling Theories, Fall 2011
 Completed session review, feedback, and group supervision
 Practicum Graduate Assistant, CED 642 Substance Abuse Counseling, Fall 2011
 Completed group supervision facilitation
 Practicum Graduate Assistant, CED 691 Couples Counseling, Spring 2011
 Completed group supervision facilitation
 Practicum Graduate Assistant, CED 605 Counseling Diverse Populations, Fall 2010
 Completed group supervision facilitation

Publications

Willis, B. T., Talarico, L. G., & Pope, A. L. (under review). A sex-positive, contextual approach to children's sexual development.

Flynn, S., McKibben, W. B., & Willis, B. T. (2024). The development and validation of the emotionally focused therapy skills rubric. *The Family Journal*, 1-10.

<https://doi.org/10.1177/10664807241257482>

- Willis, B. T., Schmidt, C. D., Wahesh, E., & Kemer, G. (2024). Peer feedback exchanged in group supervision: A concept mapping approach. *Counselor Education & Supervision*, 1-13.
<https://doi.org/10.1002/ceas.12304>
- Goria, K. A., & Willis, B. T. (2024). Attitudes, motivations, rates, and services of intimate partner violence among same-sex and opposite-sex couples. *The Journal of the Pennsylvania Counseling Association*, 25(1), 25-35.
- Willis, B. T., & Gross, G. (2023). Formation and re-formation: Using a rhizomatic model of adults' identities. *The Journal of the Pennsylvania Counseling Association* 23(1), 22-33.
- Pope, A., & Willis, B. T. (2019). Healthy sexual practices: Counseling approaches for differentiating typical and atypical sexual behavior in adults (Invited ACA Practice Brief). Retrieved from
[https://www.counseling.org/docs/default-source/practice-briefs/acapb_healthysexualpractices_fa-\(1\).pdf?sfvrsn=38a8222c_2](https://www.counseling.org/docs/default-source/practice-briefs/acapb_healthysexualpractices_fa-(1).pdf?sfvrsn=38a8222c_2)
- Purswell, K. E., Willis, B. T., & Lara, A. (2019). Counselor development across the lifespan: A Q-methodology study. *Journal of Counselor Leadership and Advocacy*, 6, 1-15. doi: [10.1080/2326716X.2019.1628674](https://doi.org/10.1080/2326716X.2019.1628674)
- Crockett, J., Cashwell, C. E., Marszalek, J., & Willis, B. T. (2018). A phenomenological inquiry of identity development, same-sex attraction and religious upbringing. *Counseling and Values*, 63(1), 91-109.
- Wahesh, E., Kemer, G., Willis, B. T., & Schmidt, C. D. (2017). An analysis of peer feedback exchanged in group supervision. *Counselor Education and Supervision*, 56(4), 274-288.
- Willis, B. T., & Cashwell, C. S. (2017). Predicting identity status: The role of attachment, differentiation, and meaning making. *Adulthoodspan*, 16(2), 80-92.
- Murray, C., Pope, A., & Willis, B. T. (2016). *Sexuality counseling: Research, theory, and practice*. SAGE.
 3 book chapters within were solo-authored:
 Willis, B. T. (2016). Lifespan development and sexuality. (pp. 137-162)
 Willis, B. T. (2016). Sexuality and mental health. (pp. 163-190)
 Willis, B. T. (2016). Sexuality and intimate relationships. (pp. 223-246)
- Willis, B. T. (2013). How identity develops: Using attachment, differentiation, mood, communication, and personal narrative to predict identity status among emerging adults. *Dissertation Abstracts International*.
- Cashwell, C. S., Young, J. S., Fulton, C., Willis, B. T., Giordano, A. L., Wyatt, L. L., Crockett, J., Tate, B. N., & Welch, M. (2013). Clinical behaviors for addressing religious/spiritual issues: Do we "Practice What We Preach"? *Counseling and Values*, 58(1), 45-58.
- Willis, B., & Lewis, L. (Spring 2011). SACES 2010 conference: Reconnecting to the past, experiencing the present, and anticipating the future. *UNC-Greensboro Department of Counseling and Counselor Educational Development Newsletter*.

Publications in Preparation

Murray, C., Pope, A., & Willis, B. T. (in preparation). *Sexuality counseling: Research, theory, and practice (2nd ed.)*. SAGE.

Presentations

Wheeler, M., Willis, B. T., & Wahesh, E. (2024). *Developing counseling professional identity in counselors-in-training from enrollment to graduation*. Poster presentation accepted to be presented at the North Atlantic Region Association for Counselor Education and Supervision biannual conference.

Willis, B. T., & Flynn, S. V. (2024). *Teaching couples counseling with emotionally focused therapy*. Roundtable presentation accepted to be presented at the North Atlantic Region Association for Counselor Education and Supervision biannual conference.

Whitbeck, M., & Willis, B. T. (2023). *Advocating for counseling via a strong professional identity: Benefits for clients and counselors*. Presented at the Pennsylvania Counseling Association annual conference. November 2023.

Flynn, S. V., McKibben, W. B., & Willis, B. T. (2023). *The validation and clinical utilization of the emotionally focused therapy rubric*. Roundtable presentation presented at the Association for Counselor Education and Supervision biannual conference. October 2023.

Wheeler, M., Avent, J., Jones, L., Jordan, M., Purgason, L., Reese, R., Wahesh, E., Willis, B. T., Purgason, L. L., & Borders, L. D. (2023). *10 Years in the Making: A Cohort Retrospective on Peer Mentoring*. Panel presentation presented at the Association for Counselor Education and Supervision biannual conference. October 2023.

Willis, B. T. (2023). *Understanding mental health: Helping students and ourselves*. Invited presentation for the University of Scranton resident assistants. January 23, 2023.

Flynn, S. V., & Willis, B. T. (2022). *The validation and clinical utilization of the Emotionally Focused Therapy Skills Rubric (EFTSR)*. Presented at the North Atlantic Region Association for Counselor Education and Supervision Bi-Annual Conference. November 10, 2022.

Willis, B. T., & May, B. (2022). *Assessing religion and spirituality (R/S) in counseling: Self-assessment and practical ways to introduce and discuss R/S aspects with clients*. Presented at the Pennsylvania Counseling Association Annual Conference. October 15, 2022.

- Willis, B. T., & Dietz, C. (2022). *The role of professional counselors in relation to trauma experienced by LGBTQ+ individuals*. Presented at the Pennsylvania Counseling Association Annual Conference. October 15, 2022.
- Willis, B. T. (2022). *Supervision models: Theory to practice*. Presented to University of Scranton site supervisors. May 17, 2022.
- Willis, B. T. (2021). *Charting the course: A longitudinal study of professional counselor identity*. Presented at the Association for Counselor Education and Supervision Bi-Annual Conference. October 7, 2021.
- Willis, B. T., Schmidt, C., & Wahesh, E. (2021). *Examining the content and perceptions of peer feedback given in group supervision*. Poster presented at the Association for Counselor Education and Supervision Bi-Annual Conference. October 9, 2021.
- Willis, B. T. (2020). *Spiritual wellness and values*. Invited presentation for the Panuska College of Professional Studies (PCPS) Interdisciplinary Self-Care Week. Virtual Presentation. October 15, 2020.
- Willis, B. T., & Talarico, L. G. (2020). *Using a rhizomatic approach to identity formation and reformation*. Presented at the Pennsylvania Counseling Association Annual Conference. Virtual Conference. October 2020.
- Willis, B. T., Talarico, L. G., & Savercool, A. C. (2019). *Understanding and working with identity to enhance wellness*. Presented at the Pennsylvania Counseling Association Annual Conference. State College, PA. November 2019.
- Reider, A., & Willis, B. T. (2019). *Enhancing the wellness of caregivers of people with dementia and Alzheimer's Disease*. Presented at the Pennsylvania Counseling Association Annual Conference. State College, PA. November 2019.
- Willis, B. T. (2019). *Identity, identity, so many identities!: Using creative ways to help students/supervisees to understand identity and identity development*. Presented at the Association for Counselor Educators and Supervisors Biannual Conference. Seattle, WA. October 2019.
- Purswell, K. E., & Willis, B. T. (2019). *Does counselor students' development align with the Rønnestad and Skovholt's LDM Model?: Data from an initial collection and a one-year follow up*. Presented at the Association for Counselor Educators and Supervisors Biannual Conference. Seattle, WA. October 2019.
- Willis, B. T. (2019). *Personality disorders*. Invited presentation for Marworth Treatment Center clinical staff. Waverly, PA. September 11, 2019.
- White, D., & Willis, B. T. (2019). *Discussion disruptors*. Invited presentation for Parker Hill Church small

group leaders. Dickson City, PA. September 8, 2019.

Willis, B. T., Purswell, K. E., & Lara, A. (2018). Counselor development across the lifespan: A Q-methodology study. Presented at the North Atlantic Region of the Association for Counselor Educators and Supervisors Biannual Conference. Burlington, VT. September 2018.

Gross, G., & Willis, B. T. (2017). Navigating death and dying: An identity and relational focus. Presented at the Pennsylvania Counseling Association Annual Conference. King of Prussia, PA. November 2017.

Willis, B. T. (2017). Forging strong professional identity: Towards a better understanding of identity development. Presented at the Association for Counselor Educators and Supervisors Biannual Conference. Chicago, IL. October 2017.

Purswell, K. E., & Willis, B. T. (2016). *Using expressive arts to promote engagement and self-reflection in the counselor education classroom*. Presented at the North Atlantic Region of the Association for Counselor Educators and Supervisors Biannual Conference. Syracuse, NY. September 2016. (Received NARACES award for *Excellence in Teaching Signature Presentation*.)

Willis, B. T. (2016). *Personality disorders: Diagnostic criteria, theoretical understanding, and interventions*. Invited presentation for Marworth Treatment Center clinical staff. Waverly, PA. February 24, 2016.

Purswell, K. E., & Willis, B. T. (2015). *Identity and development as professional counselors: United profession and diverse individuals*. Presented at the Pennsylvania Counseling Association Annual Conference. State College, PA. November 2015.

Wahesh, E., Kemer, G., Willis, B. T., & Schmidt, C. (2015). *Utilizing the structured peer group supervision model to facilitate peer feedback exchange*. Presented at the Association for Counselor Educators and Supervisors Biannual conference. Philadelphia, PA. October, 2015.

Willis, B. T., & Purswell, K. E. (2014). *Looking into identity: Who I am and how did I get here?* Presented at the Pennsylvania Counseling Association Annual Conference. State College, PA. November 2014.

Wahesh, E., & Willis, B. T. (2014). *Peer feedback exchange in group supervision: Implications for practice*. Presented at the North Atlantic Region of the Association for Counselor Educators and Supervisors Biannual conference. Providence, RI. September 2014.

Willis, B. T., & Reese, R. F. (2013). *Critical transformations: Using critical incidents as a catalyst for counselor development*. Presented at the Association for Counselor Educators and Supervisors Biannual conference. Denver, CO. October 2013.

Willis, B. T. (2013). *How identity develops: Attachment, differentiation, and a new model in identity*

development on identity status. Presented at the American Counseling Association Annual Conference. Cincinnati, OH. March 2013.

Willis, B. T., & Wahesh, E. (2013). *Integrating identity development theory into adolescent substance abuse counseling*. Presented at the North Carolina Counseling Association Annual Conference. Greensboro, NC. February 2013.

Cashwell, C. S., Fulton, C., Willis, B. T., & Crockett, J. (2010). *Integration of religion and spirituality in the counseling process: Do we 'practice what we preach'?* Presented at the Association for Spiritual, Ethical, and Religious Values In Counseling Annual Conference. Myrtle Beach, SC. June 2010.

Cashwell, C. S., Fulton, C., Giordano, A., & Willis, B. T. (2010). *Integration of religion and spirituality in the counseling process: Do we 'practice what we preach'?* Presented at the Southern Association for Counselor Educators and Supervisors Bi-Annual Conference. Williamsburg, VA. October 2010.

Willis, B. T. (2012). *Stress management and spirituality: Spiritual practices and lifestyle*. Presented as a part of series on workplace wellness in the Healthy UNCG initiative. Greensboro, NC. November 2012.

Willis, B. T. (2012). *Spirituality and stress: States of being and practices to improve stress management*. Presented to CED 574C Contemporary Topics in Counseling: Stress Management. Greensboro, NC. October 2012.

Willis, B. T. (2011). *Communication Skills*. Presented to CED 210 Career Life Planning. Greensboro, NC. November 2011.

Willis, B. T. (2010). *UNCG Advanced Practicum Panel Presentation for first-year Masters students*. Presented at UNC-Greensboro Department of Counseling and Educational Development. Greensboro, NC. January 2010.

Willis, B. T. (2009). *Special Populations: Males Who Have Been Abused*. Presented to CED 691 Family Violence. Greensboro, NC. Fall 2009.

Mobley, A. K., & Willis, B. T. (2009). *SIP Program*. Presented to the UNCG student affairs staff. Greensboro, NC. Fall 2009.

Willis, B. T. (2008). *The Art and Importance of Relaxation for Counselors*. Presented at Licensed Professional Counselor Association of North Carolina Annual Conference. Cary, NC. Fall 2008.

Willis, B. T., Manes, C., & McIntyre, L. (2008). *Where East Meets West: Biofeedback and Relaxation Techniques in Counseling*. Presented at CED 678 Mini-Conference. Greensboro, NC. Fall 2008.

Funded Grants

Willis, B. T. (2012). Principle Investigator. *How identity develops: Combining Eisenberg's identity sub-processes and Marcia's identity statuses to understand the identity development process(es)*. Association for Adult Development and Aging Graduate Student Research Grant. [\$500.00]

Unfunded Grants

Flynn, S. V., Willis, B. T., & McKinnen, W. B. (2023). Emotionally Focused Therapy Skills Rubric (EFTSR). North Atlantic Region for Association for Counselor Education and Supervision. Unfunded.

Professional Service

Adultspan Journal Reviewer. 2018 – 2021 and 2022 – present.

External Reviewer for the promotion of a Clinical Assistant Professor at Oregon State University. Summer/Fall 2023.

Consultant for Lemoyne College on the addition of a Clinical Mental Health Counseling master's program. Spring 2023.

Consultant for Cazenovia College on the addition of a Clinical Mental Health Counseling master's program. Fall 2017 and 2018.

North Atlantic Region Association for Counselor Educators and Supervisors Award Committee Member, 2017, 2019 – present.

North Atlantic Region Association for Counselor Educators and Supervisors Award Committee Chair 2021 – present.

American Counseling Association Conference Proposal Reviewer. 2017 – 2022.

Association for Adult Development and Aging Conference Proposal Reviewer. 2016 – 2022.

Pennsylvania Counseling Association Conference Proposal Reviewer, Summer 2013-2014, 2020 – 2022.

North Carolina Association for Spiritual, Ethical and Religious Values in Counseling Awards Committee, Spring 2013.

Chi Sigma Iota: Upsilon Nu Chi Chapter Awards Committee Chair, August 2011-April 2012.

Chi Sigma Iota: Upsilon Nu Chi Chapter Awards Committee Co-Chair, August 2010-April 2011.

Chi Sigma Iota: Upsilon Nu Chi Chapter Awards Committee Member, August 2009-April 2010

University Service

Faculty Senate ad hoc General Education Committee Co-Chair. October 2019 – April 2020.

University Faculty Senator Secretary. August 2021 – May 2023.

University Faculty Senator. August 2014 – May 2016, August 2017 – May 2019, August 2021 – May 2023.

University Faculty Senate Alternate. August 2016 – May 2017, August 2020 – May 2021.

Faculty Mentor in the Faculty Mentor Program for First-Year Faculty. August 2020 – May 2021, August 2023 – present.

PCPS Dean's Search Committee Member. November 2021 – March 2022.

Faculty Representative to the Board of Trustee's Enrollment Management & External Affairs Committee. August 2018 – May 2019.

PCPS Representative to the University Planning Committee. August 2018 – May 2019.

Faculty Development Board Alternate. 2017-2019.

Academic Policy Committee Member. August 2014 – May 2016.

Committee for Shared Governance and Leadership Member. October 2016 – May 2022.

Ad Hoc Committee for Shared Governance and Leadership Member. January 2016 – October 2016.

PCPS Curriculum and Assessment Committee Member. 2017 & 2018.

Library Advisory Committee Member. November 2013 – present.

Library Expansion Subcommittee Member. December 2013 – April 2014.

Library Information Literacy Stipend Sub-Committee. Fall 2015 & Fall 2018.

Library Research Prize Reviewer. May 2014, 2021, and 2024.

House Calls Volunteer. September 2013.

Faculty vs. Fencing Club Fundraiser Volunteer. October 2013.

Departmental Service

Clinical Mental Health Counseling Program Director. June 2014 – August 2015 and June 2018 – July 2019, August 2023 – present.

Clinical Mental Health Counseling Program Co-Director. August 2015 – May 2018, August 2019 – August 2023.

CACREP liaison. 2015 – present.

Departmental Review Board Member. August 2014 – present.

Standards Workgroup Committee Member. February 2014 – present.

Assessment Advisory Committee Member. January 2016 – present.

Departmental Library Liaison. September 2013 – present.

Clinical Mental Health Counseling Program Advisor/Mentor. October 2013 – present.

Counseling and Human Services Department Faculty Search Committee Member. April – June 2014; September 2014 – February 2015; September 2017 – March 2018.

Counseling and Human Services Department Faculty Search Committee Chair. September 2018 – March 2019, October 2022 – March 2023, October 2023 – present.

Community Service

Parker Hill Church, Overseer. Northeastern PA. March 2017 – Fall 2020.

Parker Hill Church, Secretary for Oversight Board. Northeastern PA. March 2018 – Fall 2020.

LCBC Church. Middle School Small Group Leader. Clarks Summit, PA. June 2021 – present.

Parker Hill Church Elementary/Kids Small Group Leader. Clarks Summit, PA. March 2015 – May 2021.

Parker Hill Community Church EpicKidz Substitute Volunteer. Clarks Summit, PA. August 2014 – March 2015.

Ski Patrol Volunteer. Fall 2017 – present.

Abington Youth Soccer League U-5 Head Coach. Fall 2019.

Abington Youth Soccer League U-7 Head Coach. Fall 2018.

Abington Youth Soccer League U-5 Head Coach. Fall 2016.

Lackawanna River Heritage Trail Service Project on National Public Lands Day. Scranton, PA. September 2013.

Counseling Experience

Fisher Park Counseling, Greensboro, NC

August 2011 – August 2013

Counselor

Provide counseling services to adults with a variety of presenting concerns including mood disorders, anxiety, relationship and/or attachment concerns, career concerns, and lack of direction and motivation in life; complete comprehensive, clinical intake assessments with clients and determine appropriate continued services; provide crisis assessment and management services to clients

Family Solutions, PLLC, Greensboro, NC

January 2011-July 2011

Counselor

Provided counseling services to children, adolescents, and adults with a variety of presenting concerns including mood disorders, attention-deficit concerns, behavioral issues, suicidal ideation, and relational and/or attachment concerns; completed intake assessment sessions including beginning treatment plan, getting authorization for continued services, and helping clients state their goals and concerns for counseling; obtained referral information, participated in weekly intake meeting, and staffed clients with therapists

Vacc Counseling and Consulting Clinic, Greensboro, NC

Counselor

January 2009-May 2011

Counseled college students and community members with various presenting concerns, including issues around relationship, anxiety, affect and mood, spirituality, lack of motivation, career concerns, personal growth, and substance concerns; completed assessments and treatment plans for clients

Substance Information Program (SIP) Coordinator

August 2009–May 2010

Coordinated all referrals for students required by the University's Student Affairs Office to receive assessment or intervention for substance abuse policy violations; led or co-led 3 hour seminars for students who had violated the substance policies of the university; conducted individual assessments of students for risk of substance abuse or dependence; reported and conveyed recommendations regarding the students to the Office of Student Affairs

Family Service of the Piedmont, Greensboro, NC

January 2010-July 2010

Counselor

Provided counseling services to clients through the Family Preservation Unit, which served families at-risk of having children taken from the home, families wanting to be reunited, and non-intensive clients; completed necessary counseling paperwork including case notes, comprehensive assessments, and monthly reporting

Old Vineyard Behavioral Health Services, Winston-Salem, NC

August 2008 – December 2008

Practicum Student

Observed neurofeedback and biofeedback for male adolescents who have been convicted of sexual crimes; learned about the procedures and processes of biofeedback techniques including neurofeedback, heart rate response, skin temperature, and alternating current stimulation; experienced the biofeedback protocols for the adolescents and a meditative neurofeedback protocol

Selected Professional Development and Trainings

SACES (Southern Association of Counselor Educators and Supervisors) Emerging Leaders Workshop. SACES, Savannah, GA, September 2012

Emotionally Focused Therapy (EFT) 4-Day Externship. Greensboro Charlotte Center for EFT, Greensboro, NC, June 2011

SASSI (Substance Abuse Subtle Screening Inventory) Training, TASSI, Inc., Raleigh, NC, June 2009

Organizational Membership

American Counseling Association (ACA), 2012 – present.

Pennsylvania Counseling Association (PCA), 2013 – present.

Association of Counselor Educators and Supervisors (ACES), 2012 – present.

Association for Adult Development and Aging (AADA), 2012 – present.

Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC), 2012 – present.

North Atlantic Region of the Association of Counselor Educators and Supervisors (NARACES), 2012 – present.

Pennsylvania Association of Counselor Educators and Supervisors (PACES), 2016 – present.

Honors and Awards

Excellence in Graduate Teaching Award. 2023.

Information Literacy Grant Recipient. 2023. [\$1,000.00]

Information Literacy Stipend. 2015. [\$1,000.00]

SACES Emerging Leader. 2012. [\$200.00]

Greensboro Graduates Scholarship (merit-based graduate student scholarship). 2008-2013.

[\$2,000.00 per school year from 2008-2010 and \$3,000.00 per school year from 2010-2013]

Nancy Howell Scholarship Award Recipient (LPCANC's annual scholarship). 2009. [\$1,000.00]

Marian Pope Franklin Award (Academic and Professional Excellence Award). 2009. [\$500.00]

Computer Experience

Microsoft Office (Word, Excel, Outlook, and Powerpoint), SPSS, SAS, ECHO, Lotus Notes, EBSCO, Blackboard, ANGEL, Desire2Learn, Power BI, Mendeley, Quickbooks, and Medical Manager.