



EMBRACING THE CALL TO CARE

My dear PCPS friends,

David Denotaris, who has been a speaker at our University's Conference on disABILITY is one of my favorite motivational speakers. He often speaks about faith, family and friends. He's also been known to reference the beloved Mister Rogers who encourages young people to "Look for the helpers" in life.

That got me thinking. Yes, we need to look for the helpers. But maybe there are times when we need to do even more. A few years ago, I read Ian Bogost's article in *The Atlantic* (October 29, 2018) where he discussed that looking for helpers is insufficient at least for adults. As adults, he says, we might take away the wrong lesson from this quote.

For adults, there's a slightly different twist on Mister Rogers' famous words. We must BE the helpers. In a world that has been turned upside down by the effects of COVID-19, we, as adults, need to BE the helpers that young people turn to when they are looking for the helpers.

In this issue of our e-newsletter, Call to Care, you will see even more examples of how PCPS undergrad and grad students, faculty and staff, are heeding the call to BE helpers in the spirit of St. Ignatius, founder of the Jesuits.

Very truly yours,

Debra Pellegrino

Dr. Debra Pellegrino, Dean of PCPS



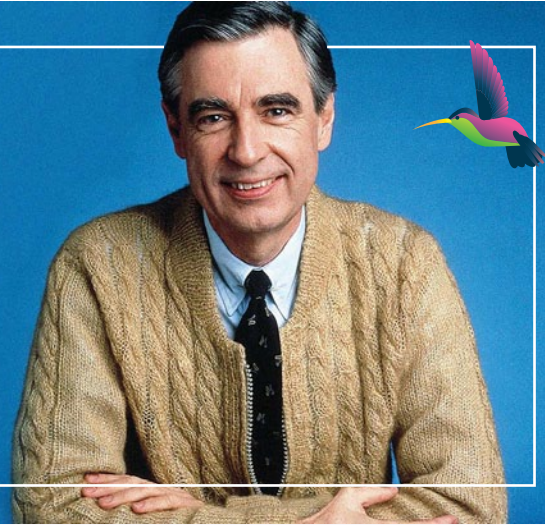
The J.A. Panuska, S.J., Panuska College of Professional Studies E-NEWSLETTER

MAY 15 | 2020

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When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people who are helping.'

— Fred Rogers



FINDING RAINBOWS

Rising senior Megan Cummings from the Department of Counseling and Human Services made two pieces of art for the Jewish Home Love Letter Link.

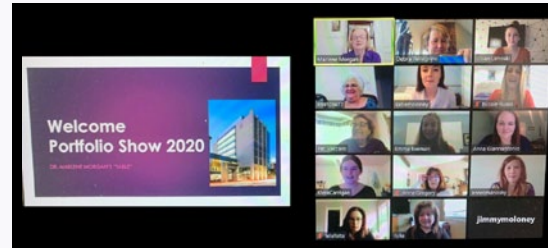
The reflection talks about the personal meaning behind the art.

PCPS students believe:

"Tutto andrà bene."

That translates to:

"Everything will turn out OK."



OT PORTFOLIO DAY HELD

On Friday, May 8, 2020, the Occupational Therapy Graduate Portfolio Day was held via Zoom. There were several 'tables' that included six students and Occupational Therapy faculty. The graduate students shared their most significant experiences during their five or six years. Dr. Carol Coté, Chair of Occupational Therapy, arranged sessions at 9:00 a.m. and 2:00 p.m. Faculty, families and friends were invited to the nine zoom sessions. It was fabulous to see the evidence of outcomes in leadership, ethics, the Jesuit mission, and service, to name a few objectives.

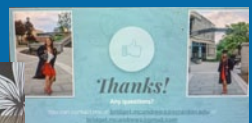
THE UNIVERSITY OF
SCRANTON
A JESUIT UNIVERSITY

Portfolio by
Nicole Russo

A LOOK INTO MY UNIVERSITY
OF SCRANTON EXPERIENCE



BY: NICOLE RUSSO



MS Portfolio by
Bridget McAndrew

FAITH, FAMILY & FRIENDS

From baking cookies, to building a play list, to talking to friends via zoom, COVID-19 helps us realize that we can make a difference in the helping professions.

Daniella Gomes, nursing student from the class of 2023, made Dean Pellegrino's mother's favorite cookie for her nonna on Mother's Day.

Here is Eva Pellegrino's Ricotta Cookie Recipe

2 sticks margarine
1 c. Ricotta (heaping)
2 eggs
4 c. flour
2 c. sugar
1 tsp. soda
2 lemon rinds
1 tsp. salt

Mix margarine, sugar, eggs, rinds and Ricotta until creamy. Add flour mixture. Drop on greased cookie sheet by teaspoonful. Bake at 350 degrees for 10-12 minutes.

Daniella's cookies for her Nonna.



CELEBRATING NURSES WEEK

The University of Scranton 2013 Royal RNs are spiritually lifting up one another for those working on the front lines in the fight against COVID. During this tough time, we could not be more grateful for old friends that can (virtually) get us through the rough days~ far apart but never forgetting where we came from.

Happy Nurses Week to some of the most compassionate and strong nurses out there, from the nurses in COVID ICUs, to those delivering babies during a pandemic and so many more areas of nursing care.

Our Scranton professors would be proud!

LEFT TO RIGHT >>

Megan Garlasco

Maggie Beyer

Keely McClatchy

Nicole Lamoureux

Eilish Huvane

Christina Hiltunen

Lauren DellDonne

Mary Beth Lee

Katherine Torto

Lauren Olmstead

Lisa Girolametti

Brianna McCullough



CELEBRATING OUR REHABILITATION COUNSELING STUDENTS

Many PCPS graduation programs are hosting remote special events for their students. Dr. Rebecca Spirito Dalgin, program director of the M.S. in Rehabilitation Counseling, writes to her students:

"Although the pandemic has made everything complicated, we certainly don't want to miss the opportunity to CONGRATULATE each of you as you complete your Master's Degrees!"

The students had a Virtual Celebration of their accomplishments on May 12 at 7 p.m. EST.

The short ceremony had a few words from special guests, faculty, and students. Family and friends were invited via zoom.



VIRTUAL TOWN HALL EVENT



**MAY 19
7PM EST**

Featuring DR. TEMPLE GRANDIN
Prominent Author & Autism Spokesperson

More info @ AllOneForAutism.org/TownHalls

Modeled after CNN Coronavirus Virtual Town Hall meeting with Anderson Cooper and Dr. Sanjay Gupta who present the latest news about the pandemic of COVID-19, The University of Scranton's Counseling and Human Services Department decided to hold their own virtual Town Hall Meetings.

The Virtual Town Hall meetings have been well received within the community and the 13 counties in Northeastern and North Central Pennsylvania. Recently, Dr. Temple Grandin, a leading expert in Autism, decided that she wanted to be a guest at one of the virtual town hall meetings. Dr. Rebecca Dalgin, co-chair of the 19th annual Conference on disABILITY confirmed Temple's guest appearance.

The registration link for the Town Hall meeting is:

https://scranton.zoom.us/webinar/register/WN_Sko1txc7STy-JkiZaKzg6w

Kudos to Dr. Michael Kelley, Dr. Dana Gadaire, Dr. Vanessa Jensen, Dr. Lori Bruch, Dr. Rebecca Dalgin and Dr. Erin Dunleavy for working on these virtual town hall meetings for the community. Registration for this particular town hall meeting is well over a thousand at this moment.

Remember to save the date for the 19th Annual U.S. Conference on disABILITY for October 6, 2020 as the conference will also be totally virtual and guests will come from across the globe.

Visit <https://www.scranton.edu/academics/pcps/leahy/conference.shtml>

OUR FAVORITE SONGS

MUSIC TO GET US THROUGH FINALS

Emma Reed, a Secondary Education major with an English concentration from the Class of 2022, sent an email last week to reach out to PCPS students who are preparing for finals. She writes:

"I hope you are doing well! I just wanted to send a quick email to you and thank you for your emails. They really do brighten my day and give me hope. I am so proud and happy to be a part of PCPS. It is people like you that remind me why I want to be an educator and woman for others. If there were any education I would want to have it's a Jesuit education, especially from The University of Scranton.

There are two songs that I wanted to share with you that I believe would benefit our Scranton community. I always listen to these songs when I am down and need a little push. They truly give me hope and remind me that eventually, things will be ok. One of these songs, "Almost Everything" has a lyric that always pushes me forward: **'It feels bad now but it's gonna get better.'**

Artist: Wakey!Wakey!

Light Outside> youtu.be/riHIYzxATF

Almost Everything> youtu.be/FiQo6DoXknY

I hope that these songs inspire you as much as they inspire me, and that you share them with my fellow PCPS students. Stay well and inspired!"

PLENTY OF REST, & THEN DANCE, DANCE, DANCE

Ann Keeler, Counseling and Human Services Department Administrative Assistant, is a firm believer that music can lift your spirits and allow you the opportunity to help others. What's your play list?

According to Ann: "As far as one of my favorite songs to lift my spirits... it's Bruce Springsteen's *This Little Light of Mine*. Even if you don't put it on your playlist or share with others, it's great dancing music!"

If you have a positive story about The Call To Care, please send your story in an email to: debra.pellegrino@scranton.edu

HEALTH ADMINISTRATION FACULTY STORIES



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ALWAYS REMEMBER
YOU ARE BRAVER
THAN YOU BELIEVE,
STRONGER THAN
YOU SEEM,
SMARTER THAN
YOU THINK, AND
TWICE AS
BEAUTIFUL AS
YOU'D EVER
IMAGINE.

- A. A. MILNE

PROFESSOR WIERCINSKI INSPIRES

John Wiercinski, professor in the Department of Health Administration and Human Resources, utilizes inspirational quotes in his online classroom. John tries to send his classes, at least weekly, an inspirational quote to help them navigate these interesting times.

The quote above was the inspiration he sent this week to his students

FLEXIBILITY AND FRIENDSHIP BETWEEN PROFESSORS AND STUDENTS

Tori Reinard is in the master's-level Health Administration program. A student in Dr. Hengameh Hosseini's online Finance class, Tori has been grateful for the flexibility of the program and classes while trying to juggle her studies and work in the midst of a pandemic.

Tori wrote the following to Dr. Hosseini:

“

THANK YOU FOR
HELPING OUT THE
CLASS AND
MOVING ASSIGNMENTS
AROUND; I GENUINELY
APPRECIATE IT. I WOULD
ALSO LIKE TO THANK
YOU FOR YOUR WORDS
OF ENCOURAGEMENT
AND PRAYERS DURING
THIS TIME. GOING TO
WORK IS SCARY; THANK-
FULLY I HAVE MY MOM
BY MY SIDE AS AN ICU
NURSE IN MY UNIT!

When professors demonstrate flexibility, compassion and understanding of students' environments the students will succeed.

HUMBLED BY PCPS GRADUATE STUDENTS

After Professor Szydowski read the comments from Tori Reinard, a health administration graduate student, he explains that he was humbled by her email and her kind words. Most importantly, he appreciated her participation in-class and during their weekly Zoom sessions. The contributions add great value to discussions.

Tori was very grateful for his understanding of this semester's issues including her work responsibilities. Tori really struggled with the combined pressures of work and school, but his class was a breath of fresh air during these trying times. She expressed her sense of gratitude for his teaching of such important material, and she thanked him for being lenient on some assignments.

Tori commented, "This semester has been rough; along with the pandemic and working in the ICU, I have been a caretaker to my grandma who just came out of remission for lung cancer. I have also been the financial crutch for my father who is out of work right now after a major surgery. I feel like I've aged 10 years in the past two months; I've seen some pretty bad things and lost a lot of hope along the way."

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THE COMPASSION YOU HAVE
FOR YOUR STUDENTS REALLY
HAS GIVEN ME HOPE DURING
THIS TIME; YOUR POSITIVITY
AND HELPFULNESS IS SOME-
THING I WILL NEVER FORGET.
I'M LOOKING FORWARD TO
LEARNING MORE FROM YOU
AND FINISHING OUT THIS
SEMESTER STRONG!