



# EMBRACING THE CALL TO CARE

## The J.A. Panuska, S.J., Panuska College of Professional Studies E-NEWSLETTER

APRIL 17 | 2020

My dear PCPS friends,

How fortunate we are to build community and to be able to share our joys, our hopes and our prayers with each other during these difficult times. Thank you for noticing the small miracles that you see and hear about each day. I am forever grateful to all of you. Together, we will be stronger, and we will make a difference in these difficult times. Without a doubt, you inspire me every day.

I have been so impressed with each of you, from Dr. Lori Bruch who reached out to students to encourage prayers and warm thoughts for fellow Royals, to Dr. Rebecca Spirito Dalgin who has shared with many of us her mother's love of poetry in Maine.

Thanks to the inspirational thinking of our ABA faculty, we have virtual Town Hall meetings for parents and caretakers of those with autism. Check out the [ACCE FACEBOOK](#) page for more information.

Then, we have Libby Callahan, a senior nursing student who is happy to be helping with her Aunt Katie's project of making masks in their West Pittston home.

Enjoy Robert Frost's poem, *A Prayer for Spring*. The beautiful things of spring are love. We must not be afraid to look for that darting bird. Look for the simple delights each day. Feel free to email me and share those positive delights for our next newsletter.

Forever grateful,

*Debra Pellegrino*

Dr. Debra Pellegrino, Dean of PCPS



**YES, APRIL IS POETRY MONTH.**  
Robert Frost's poem is a new one for me. I think that the structure of the meter (iambic pentameter) in this poem gives me the beat that I need to read it aloud. I find the calm and meditative tone relaxing in the times of COVID-19. Enjoy using this prayer-like beat and ask God to help all of humankind. Try not to worry, but search for happiness and peace in our Springtime.

### **A PRAYER IN SPRING**

by Robert Frost

Oh, give us pleasure in the flowers today;  
And give us not to think so far away  
As the uncertain harvest; keep us here  
All simply in the springing of the year.

Oh, give us pleasure in the orchard white,  
Like nothing else by day, like ghosts by night;  
And make us happy in the happy bees,  
The swarm dilating round the perfect trees.

And make us happy in the darting bird  
That suddenly above the bees is heard,  
The meteor that thrusts in with needle bill,  
And off a blossom in mid air stands still.

For this is love and nothing else is love,  
The which it is reserved for God above  
To sanctify to what far ends He will,  
But which it only needs that we fulfill.

"A Prayer in Spring" by Robert Frost  
from *Collected Poems, Prose, & Plays*.  
© The Library of America, 1995.



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## VIRTUAL COFFEE CHATS WITH NURSING CHAIR

Kim Subasic, PhD, MS, RN, CNE, Interim Chair of the Department of Nursing, has been hosting virtual coffee chats with the student nursing representatives in each cohort.

“Three of our nursing student representatives recently participated in a virtual faculty meeting. All three reported feeling good about the learning and the quick adoption by the professors and the University to new learning modalities for the students. They expressed thanks to the professors and that, despite the changes in learning, we are still continuing to hold the extra things we do, such as the Kaplan review sessions for seniors. Students reported that they like the variety of teaching methods we instituted despite the steep learning curve. For the most part, the students also feel as though the transition to remote learning hasn’t been too bad.”



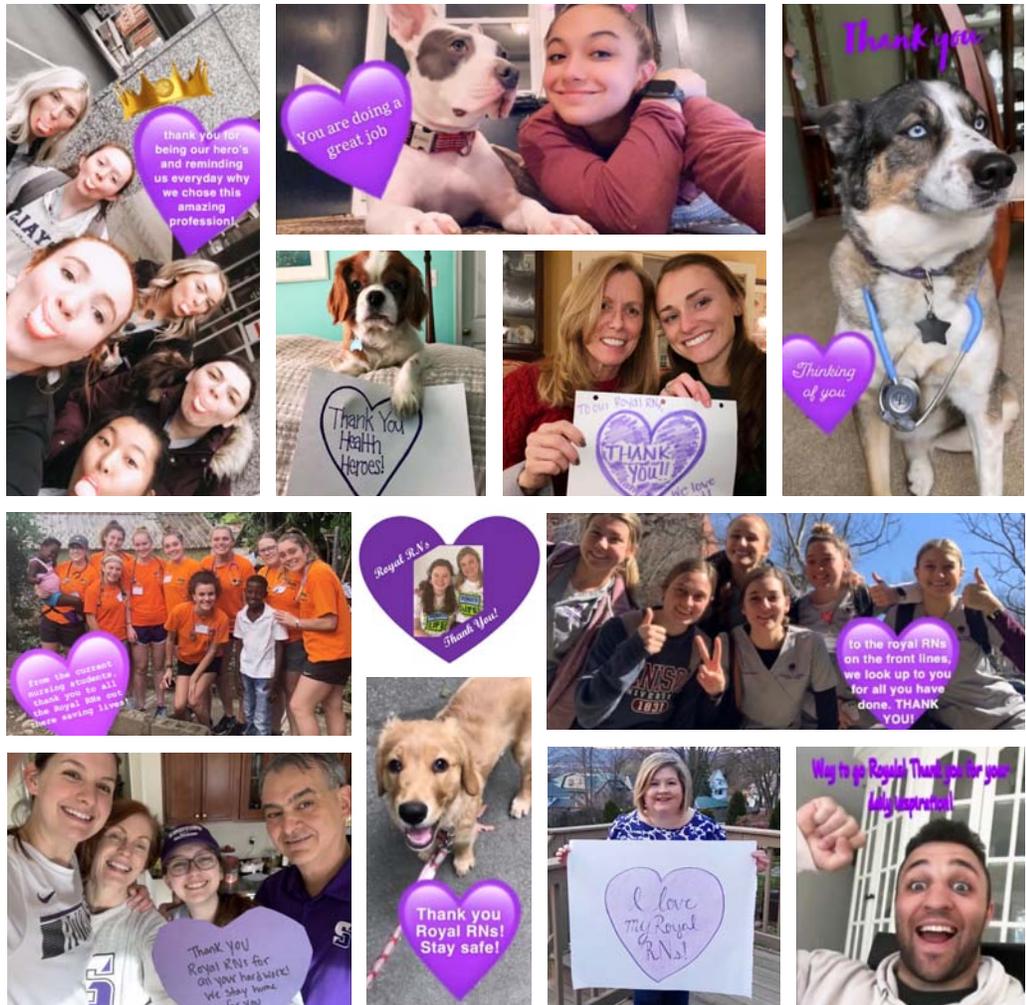
# PURPLE HEARTS TO OUR ROYAL RNs — THE HEALTH HEROES

Our Royal RNs took to YouTube to post a video filled with messages of encouragement on purple hearts to our RNs who are out there on the front lines during the pandemic.



Check out RoyalRN2020 at:

[www.youtube.com/watch?v=VqgvL0LY-W8&feature=youtu.be](http://www.youtube.com/watch?v=VqgvL0LY-W8&feature=youtu.be)



### “I Will Teach You...”

PCPS faculty are finding creative ways to reach out to students. Paul A. Datti, Ph.D., CRC, HS-BCP, director, Counseling and Human Services Program, sent this message to his students.



I will teach you in a room.  
I will teach you now on Zoom.  
I will teach you in your house.  
I will teach you with a mouse.  
I will teach you here and there.  
I will teach you because I care.  
So just do your very best.  
And do not worry about the rest.

# "DON'T STOP BELIEVING"

## AMY E. RUSSELL

Graduate student  
Health Administration Program

During a routine shift at a hospital in Westbrookville, New York, Amy experienced both the clinical and human faces of the COVID-19 pandemic.

"It is like nothing I have ever seen or could have imagined," she says. "People working in the ER in full gear ...an N95 with a regular fluid mask over that, face shield, gowned and gloved."

Then something happened that caused everyone to freeze in their tracks. "The song *Don't Stop Believing* by Journey came over the PA system. We were told that every time someone recovers from COVID and is discharged they play that song to spread a little joy. I was blessed to hear it five times during my shift," says Amy.

She went on to note the "unsung heroes" of the hospital – the environmental services staff who are cleaning and trying to keep everyone safe with only limited protective gear.

I chose to work in healthcare, I am hoping we hit our peak soon and can start to recover. I think this is further out than many realize; I also worry about the reduction in workforce because of lost profits.

I want to thank the professors for being understanding in these uncertain times.

For those called to serve on the frontline, I pray they stay safe and healthy. I also pray for the safety and health of the families of those on the frontlines.

## CHED MAJOR PARTICIPATES IN PARKINSON'S AWARENESS MONTH ACTIVITIES

**GABRIELLA MAOLI** | Community Health Education Major and Counseling and Human Services Minor  
Class of 2020 | Hometown: Hawthorne, NJ

Gabriella is interning with NEPA Rock Steady Boxing which serves individuals with Parkinson's Disease. According to Dr. Debra Fetherman, program director of CHED, April is National Parkinson's Disease Month. Fox 56 News is interviewing Kathy Reap, the director, during a video ZOOM class with her boxers and Gabby. Gabby will be leading a part of the class via ZOOM at home in New Jersey.

Gabby also wrote to us about an important online event held April 11. A group of Parkinson's organizations, including Jimmy Choi from American Ninja Warrior, got together online to reach the goal of getting 100,000 people exercising together online from their own homes.



If you have a positive story about  
The Call To Care, please send your  
story in an email to:

[debra.pellegrino@scranton.edu](mailto:debra.pellegrino@scranton.edu)

# SCHOOL COUNSELOR DEVELOPS ONLINE RESOURCES FOR STUDENTS

## JACQUELINE BAILEY

BS CHS 2017 | MS School Counseling 2019  
Certificate of Advanced Graduate Study (CAGS)  
Spring 2020 | Hometown: Old Forge, PA



Jackie Bailey became the first school counselor at The Scranton School for Deaf and Hard of Hearing Children in August 2019. When the pandemic closed the school facility, Jackie had just one week to prepare her online materials and resources. Here's what is featured in the online materials that she assembled:

- Resources for families – providing information on access to food, internet resources, mental health resources, and health care resources
- Resources to help parents – especially how to talk to their children about what is going on in the world
- Resources for the social-emotional learning class that she teaches. There are assignments for students, families and parents /guardians /caregivers
  - The class still meets regularly online, and Jackie invites other staff (custodians, cafeteria staff, office staff, administrators) of the school to “drop in” and say “Hi” to students
  - Jackie developed multiple ways for students in her class to contact her:
    - Students check-in and leave mail, telling how they are feeling and what is going on (picture-based so it is accessible for youngest students)
    - Parents email what is going on in home and request family counseling or counseling with student
    - Virtual office hours, including a doxy.me waiting room where students / parents can have a confidential session
- A virtual staff lounge where staff can post ideas, events that motivate them, or ask questions
- Therapy dog corner featuring pictures of Jackie's very own therapy dog and an opportunity for students to “ask questions” to the dog
- Deaf community resources

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WE CAN  
GET  
THROUGH  
THIS  
TOGETHER

## CAITLIN THOMPSON

PT Class of 2015  
Hometown: Wantagh, NY

Caitlyn, a physical therapist at New York LIJ Health care system, took to Facebook to extend a special invitation to friends. Her post made it to the Geisinger Wyoming Valley Health Care System in Wilkes-Barre, PA per Chandra Dombroski Nealon, a faculty specialist in the Occupational Therapy Department.

“If you have a family member or loved one who is hospitalized, I would love to stop by and see them before or after my shift ends. I can face time them for you or offer well wishes. If you want to go fast, go alone. If you want to go far, go together. We are stronger together and we can get through this TOGETHER.”

