

***The 9-12 Hour/Semester Plan***  
**First Year**

**Fall:**

- 502: *Counseling Theories*
- 508: Lifespan Development
- 509-C: *Professional Issues*

**Intersession:**

- 503: *Group Process and Practice*

**Spring:**

- 501: *Counseling and Interviewing Skills*
- 540: Family Counseling and Therapy
- 549: Assessment and Diagnosis (here or summer) or Elective
- 504: *Appraisal Techniques*

**Summer:**

- Two of the following classes:
  - o 506: Diversity and Social Justice, 507: Career and Lifestyle Development, 549 Assessment and Diagnosis, and Elective

**Second Year**

**Fall:**

- 563: Crisis Intervention
- 577: Evidence Based Practice (EBP) (have to take 549 before taking 577)
- 590: Practicum in CMHC

**Intersession**

- Elective (or in summer)

**Spring:**

- 505: Research Methods
- 578: Organizational Systems in CMHC
- 595: Internship in CMHC\*, 560: Addictive Behaviors, or Elective

**Summer:**

- 595: Internship in CMHC\* (full summer)

**Third Year**

**Fall:**

- 595: Internship in CMHC\* or Elective
- 560: Addictive Behaviors, 577 EBP, or Elective

*Italicized* courses are required to be completed before starting practicum.

**\* = Internship is recommended to be taken over 2 semesters, Summer and either Spring or Fall.**

## ***The 6-9 Hour/Semester Plan***

### **First Year**

#### **Fall:**

- 502: *Counseling Theories*
- 509-C: *Professional Issues*

#### **Intersession:**

- 503: *Group Process and Practice*

#### **Spring:**

- 504: *Appraisal Techniques*
- 505: *Research Methods*
- 508: *Lifespan Development*

#### **Summer:**

- 506: *Diversity and Social Justice*, 507: *Career and Lifestyle Development*, or 549: *Assessment and Diagnosis*

### **Second Year**

#### **Fall:**

- 501: *Counseling and Interviewing Skills*
- 540: *Family Counseling and Therapy*
- 560: *Addictive Behaviors*

#### **Intersession:**

- Elective (or in another semester)

#### **Spring:**

- 563: *Crisis Intervention*
- 590: *Practicum in CMHC*

#### **Summer:**

- 595: *Internship in CMHC\** or Elective
- 507: *Career and Lifestyle Development* or Elective

### **Third Year**

#### **Fall:**

- 577: *Evidence-Based Practice*
- 595: *Internship in CMHC\**

#### **Spring:**

- 578: *Organizational Systems in CMHC*
- 595: *Internship in CMHC\** or Elective

*Italicized* courses are required to be completed before starting practicum.

**\* = Internship is recommended to be taken over 2 semesters. Internship is guaranteed to be offered in the Fall and Spring semesters and is likely to run in the Summer.**