

## Curriculum Vita

### Benjamin T. Willis, Ph.D., NCC, ACS

800 Linden St., 441 McGurrian Hall  
Scranton, PA 18510  
benjamin.willis@scranton.edu  
(570) 941-6172

## Education

### The University of North Carolina at Greensboro – May 2013

*Doctor of Philosophy in Counseling and Counselor Education*  
*CACREP Accredited*

### The University of North Carolina at Greensboro – August 2010

*Masters of Science and Educational Specialist in Couple and Family Counseling*  
*CACREP Accredited*

### The University of North Carolina at Chapel Hill – December 2006

*Bachelor of Science in Biology*  
Minors in History and Chemistry

## Licenses and Certifications

<b>National Certified Counselor</b> (NCC # 269665)	2010-present
<b>Approved Clinical Supervisor</b> (ACS)	2013-present
<b>Licensed Professional Counselor Associate</b> in North Carolina (LPCA # A8506)	2010-2016
<b>CPR and First Aid</b>	2012-2014

## Teaching Experience

Instructor, CHS 111 Introduction to Human Adjustment, Spring 2016  
Instructor, COUN 500 Professional Issues in CMHC, Fall 2014, 2015, and 2016  
Instructor, COUN 549 Assessment and Diagnosis, Summer 2014, Spring and Summer 2015, and Spring and Summer 2016  
Instructor, COUN 595 Internship in CMHC, Spring, Summer 2014, & Fall 2014, Spring, Summer, & Fall 2015, & Summer and Fall 2016  
Instructor, COUN 502 Counseling Theories, Spring 2014 and Fall 2016  
Instructor, COUN 503 Group Process and Practice, Intersession 2014 and 2015  
Instructor, COUN 501 Counseling and Interviewing Skills, University of Scranton, Fall 2013  
Instructor, COUN 505 Research Methods, University of Scranton, Fall 2013, Spring and Fall 2014,

Spring and Fall 2015, and Spring 2016

Instructor, COUN 590 Clinical Mental Health Counseling Practicum, Fall 2013 and Spring 2016

Instructor, CED 574 Contemporary Topics in Counseling: Stress Management, UNC-Greensboro, Spring 2013

Instructor, CED 210 Career and Life Planning, UNC-Greensboro, Fall 2012

Instructor, CED 310 Helping Skills, UNC-Greensboro, Fall 2011 and Spring 2012

Teacher and Tutor, Princeton Review, SAT Preparation, 2009-2010

Individual Math Tutor (4<sup>th</sup> grade – high school level mathematics), 2010-2013

### **Supervision Experience**

Clinical Supervisor, 8 Master's students in Clinical Mental Health Counseling Internship, Fall 2016

Complete feedback, group supervision, facilitation, and evaluation

Clinical Supervisor, 10 Master's students in Clinical Mental Health Counseling Internship, Summer 2016

Complete feedback, group supervision, facilitation, and evaluation

Clinical Supervisor, 4 Master's students in Clinical Mental Health Practicum, Spring 2016

Complete session review, feedback, individual and group supervision, and evaluation

Clinical Supervisor, 8 Master's students in Clinical Mental Health Counseling Internship, Fall 2015

Complete feedback, group supervision, facilitation, and evaluation

Clinical Supervisor, 7 Master's students in Clinical Mental Health Counseling Internship, Summer 2015

Complete feedback, group supervision, facilitation, and evaluation

Clinical Supervisor, 6 Master's students in Clinical Mental Health Counseling Internship, Spring 2015

Complete feedback, group supervision, facilitation, and evaluation

Clinical Supervisor, 12 Master's students in Clinical Mental Health Counseling Internship, Fall 2014

Complete feedback, group supervision, facilitation, and evaluation

Clinical Supervisor, 4 Master's students in Clinical Mental Health Counseling Internship, Summer 2014

Complete feedback, group supervision, facilitation, and evaluation

Clinical Supervisor, 5 Master's students in Clinical Mental Health Counseling Internship, Spring 2014

Complete feedback, group supervision, facilitation, and evaluation

Clinical Supervisor, 4 Master's students in Clinical Mental Health Practicum, Fall 2013

Complete session review, feedback, individual and group supervision, and evaluation

Clinical Supervisor, 4 Master's students in Advanced Practicum, Spring 2013

Complete session review, feedback, individual and group supervision, and evaluation

Clinical Supervisor, 4 Master's students in Internship, Fall 2012

Complete session review, feedback, individual and group supervision, and evaluation

Clinical Supervisor, 2 Master's students in Advanced Practicum, Spring 2012

Completed session review, feedback, individual, triadic, and group supervision, and evaluation

Practicum Graduate Assistant, CED 756A Advanced Counseling Theories, Fall 2011

Completed session review, feedback, and group supervision

Practicum Graduate Assistant, CED 642 Substance Abuse Counseling, Fall 2011

Completed group supervision facilitation

Practicum Graduate Assistant, CED 691 Couples Counseling, Spring 2011

Completed group supervision facilitation

Practicum Graduate Assistant, CED 605 Counseling Diverse Populations, Fall 2010

Completed group supervision facilitation

### Publications

- Murray, C., Pope, A., & Willis, B. T. (2016). *Sexuality counseling: Research, theory, and practice*. Thousand Oaks, CA: SAGE.
- Including:
- Willis, B. T. (2016). Lifespan development and sexuality.
  - Willis, B. T. (2016). Sexuality and mental health.
  - Willis, B. T. (2016). Sexuality and intimate relationships.
- Cashwell, C. E., Crockett, J., Marszalek, J., & Willis, B. T. (in review). A phenomenological inquiry of identity development, same-sex attraction and religious upbringing.
- Willis, B. T., & Cashwell, C. S. (n.d.). Predicting identity status: The role of attachment, differentiation, and meaning making.
- Willis, B. T. (2013). How identity develops: Using attachment, differentiation, mood, communication, and personal narrative to predict identity status among emerging adults. *Dissertation Abstracts International*.
- Cashwell, C. S., Young, J. S., Fulton, C., Willis, B. T., Giordano, A. L., Wyatt, L. L., Crockett, J., Tate, B. N., & Welch, M. (2013). Clinical behaviors for addressing religious/spiritual issues: Do we "Practice What We Preach"? *Counseling and Values, 58*(1), 45-58.
- Willis, B., & Lewis, L. (Spring 2011). SACES 2010 conference: Reconnecting to the past, experiencing the present, and anticipating the future. *UNC-Greensboro Department of Counseling and Counselor Educational Development Newsletter*.

### Publications in Preparation

- Wahesh, E., Kemer, G., Willis, B. T., & Schmidt, C. (n.d.). Peer feedback exchange in group supervision: Implications for practice.
- Willis, B. T., Gross, G. (n.d.). Towards a better understanding of the identity development process and factors: Using Eisenberg's identity process model in counseling.

### Presentations

- Purswell, K. E., & Willis, B. T. (2016). *Using expressive arts to promote engagement and self-reflection in the counselor education classroom*. Presented at the North Atlantic Region of the Association for Counselor Educators and Supervisors Biannual Conference. Syracuse, NY. September 2016. (Received NARACES award for *Excellence in Teaching Signature Presentation*.)
- Willis, B. T. (2016). *Personality disorders: Diagnostic criteria, theoretical understanding, and interventions*. Invited to present for Marworth Treatment Center clinical staff. Waverly, PA. February 24, 2016.

- Purswell, K. E., & Willis, B. T. (2015). *Identity and development as professional counselors: United profession and diverse individuals*. Presented at the Pennsylvania Counseling Association Annual Conference. State College, PA. November 2015.
- Wahesh, E., Kemer, G., Willis, B. T., & Schmidt, C. (2015). *Utilizing the structured peer group supervision model to facilitate peer feedback exchange*. Presented at the Association for Counselor Educators and Supervisors Biannual conference. Philadelphia, PA. October, 2015.
- Willis, B. T., & Purswell, K. E. (2014). *Looking into identity: Who I am and how did I get here?* Presented at the Pennsylvania Counseling Association Annual Conference. State College, PA. November 2014.
- Wahesh, E., & Willis, B. T. (2014). *Peer feedback exchange in group supervision: Implications for practice*. Presented at the North Atlantic Region of the Association for Counselor Educators and Supervisors Biannual conference. Providence, RI. September 2014.
- Willis, B. T., & Reese, R. F. (2013). *Critical transformations: Using critical incidents as a catalyst for counselor development*. Presented at the Association for Counselor Educators and Supervisors Biannual conference. Denver, CO. October 2013.
- Willis, B. T. (2013). *How identity develops: Attachment, differentiation, and a new model in identity development on identity status*. Presented at the American Counseling Association Annual Conference. Cincinnati, OH. March 2013.
- Willis, B. T., & Wahesh, E. (2013). *Integrating identity development theory into adolescent substance abuse counseling*. Presented at the North Carolina Counseling Association Annual Conference. Greensboro, NC. February 2013.
- Cashwell, C. S., Fulton, C., Willis, B. T., & Crockett, J. (2010). *Integration of religion and spirituality in the counseling process: Do we 'practice what we preach'?* Presented at the Association for Spiritual, Ethical, and Religious Values In Counseling Annual Conference. Myrtle Beach, SC. June 2010.
- Cashwell, C. S., Fulton, C., Giordano, A., & Willis, B. T. (2010). *Integration of religion and spirituality in the counseling process: Do we 'practice what we preach'?* Presented at the Southern Association for Counselor Educators and Supervisors Bi-Annual Conference. Williamsburg, VA. October 2010.
- Willis, B. T. (2012). *Stress management and spirituality: Spiritual practices and lifestyle*. Presented as a part of series on workplace wellness in the Healthy UNCG initiative. Greensboro, NC. November 2012.
- Willis, B. T. (2012). *Spirituality and stress: States of being and practices to improve stress management*. Presented to CED 574C Contemporary Topics in Counseling: Stress Management. Greensboro, NC.

October 2012.

Willis, B. T. (2011). *Communication Skills*. Presented to CED 210 Career Life Planning. Greensboro, NC. November 2011.

Willis, B. T. (2010). *UNCG Advanced Practicum Panel Presentation for first-year Masters students*. Presented at UNC-Greensboro Department of Counseling and Educational Development. Greensboro, NC. January 2010.

Willis, B. T. (2009). *Special Populations: Males Who Have Been Abused*. Presented to CED 691 Family Violence. Greensboro, NC. Fall 2009.

Mobley, A. K., & Willis, B. T. (2009). *SIP Program*. Presented to the UNCG student affairs staff. Greensboro, NC. Fall 2009.

Willis, B. T. (2008). *The Art and Importance of Relaxation for Counselors*. Presented at Licensed Professional Counselor Association of North Carolina Annual Conference. Cary, NC. Fall 2008.

Willis, B. T., Manes, C., & McIntyre, L. (2008). *Where East Meets West: Biofeedback and Relaxation Techniques in Counseling*. Presented at CED 678 Mini-Conference. Greensboro, NC. Fall 2008

### **Funded Grants**

Willis, B. T. (2012). Principle Investigator. *How identity develops: Combining Eisenberg's identity sub-processes and Marcia's identity statuses to understand the identity development process(es)*. Association for Adult Development and Aging Graduate Student Research Grant. [\$500.00]

### **Professional Service**

North Atlantic Region Association for Counselor Educators and Supervisors Award Committee Member, 2017 – present.

Pennsylvania Counseling Association Conference Proposal Reviewer, Summer 2013-2014

North Carolina Association for Spiritual, Ethical and Religious Values in Counseling Awards Committee, Spring 2013

Chi Sigma Iota: Upsilon Nu Chi Chapter Awards Committee Chair, August 2011-April 2012

Chi Sigma Iota: Upsilon Nu Chi Chapter Awards Committee Co-Chair, August 2010-April 2011

Chi Sigma Iota: Upsilon Nu Chi Chapter Awards Committee Member, August 2009-April 2010

### **University Service**

University Faculty Senate Alternate. August 2016 – present.  
 University Faculty Senator. August 2014 – May 2016.  
 Academic Policy Committee. August 2014 – May 2016.  
 Ad Hoc Committee for Shared Governance and Leadership. January 2016 – present.  
 Library Advisory Committee Member. November 2013 – present.  
 Library Expansion Subcommittee Member. December 2013 – present.  
 Library Information Literacy Stipend Sub-Committee. October – November 2015.  
 Library Research Prize Reviewer. May 2014.  
 House Calls Volunteer. September 2013.  
 Faculty vs. Fencing Club Fundraiser Volunteer. October 2013.

### **Departmental Service**

Clinical Mental Health Counseling Program Co-Director. August 2015 – present.  
 Clinical Mental Health Counseling Program Director. June 2014 – August 2015.  
 CACREP liaison, 2015 – present.  
 Departmental Review Board Member. August 2014 – present.  
 Standards Workgroup Committee Member. February 2014 – present.  
 Assessment Advisory Committee. January 2016 – present.  
 Clinical Mental Health Counseling Program Admissions Committee. January – April 2014.  
 Library Liaison. September 2013 – present.  
 Clinical Mental Health Counseling Program Advisor/Mentor. October 2013 – present.

### **Community Service**

Parker Hill Community Church EpicKidz Leader. Clarks Summit, PA. March 2015 – present.  
 Parker Hill Community Church EpicKidz Substitute Volunteer. Clarks Summit, PA. August 2014 – March 2015.  
 Pennsylvania Counseling Association Conference Proposal Reviewer, Summer 2013 – Summer 2014.  
 Lackawanna River Heritage Trail Service Project on National Public Lands Day. Scranton, PA. September 2013.

### **Counseling Experience**

*Fisher Park Counseling*, Greensboro, NC

August 2011 – August 2013

#### **Counselor**

Provide counseling services to adults with a variety of presenting concerns including mood disorders, anxiety, relationship and/or attachment concerns, career concerns, and lack of direction and motivation in

life; complete comprehensive, clinical intake assessments with clients and determine appropriate continued services; provide crisis assessment and management services to clients

*Family Solutions, PLLC, Greensboro, NC*

January 2011-July 2011

**Counselor**

Provided counseling services to children, adolescents, and adults with a variety of presenting concerns including mood disorders, attention-deficit concerns, behavioral issues, suicidal ideation, and relational and/or attachment concerns; completed intake assessment sessions including beginning treatment plan, getting authorization for continued services, and helping clients state their goals and concerns for counseling; obtained referral information, participated in weekly intake meeting, and staffed clients with therapists

*Vacc Counseling and Consulting Clinic, Greensboro, NC*

**Counselor**

January 2009-May 2011

Counseled college students and community members with various presenting concerns, including issues around relationship, anxiety, affect and mood, spirituality, lack of motivation, career concerns, personal growth, and substance concerns; completed assessments and treatment plans for clients

**Substance Information Program (SIP) Coordinator**

August 2009–May 2010

Coordinated all referrals for students required by the University's Student Affairs Office to receive assessment or intervention for substance abuse policy violations; led or co-led 3 hour seminars for students who had violated the substance policies of the university; conducted individual assessments of students for risk of substance abuse or dependence; reported and conveyed recommendations regarding the students to the Office of Student Affairs

*Family Service of the Piedmont, Greensboro, NC*

January 2010-July 2010

**Counselor**

Provided counseling services to clients through the Family Preservation Unit, which served families at-risk of having children taken from the home, families wanting to be reunited, and non-intensive clients; completed necessary counseling paperwork including case notes, comprehensive assessments, and monthly reporting

*Old Vineyard Behavioral Health Services, Winston-Salem, NC*

August 2008 – December 2008

**Practicum Student**

Observed neurofeedback and biofeedback for male adolescents who have been convicted of sexual crimes; learned about the procedures and processes of biofeedback techniques including neurofeedback, heart rate response, skin temperature, and alternating current stimulation; experienced the biofeedback protocols for the adolescents and a meditative neurofeedback protocol

### **Selected Professional Development and Trainings**

SACES (Southern Association of Counselor Educators and Supervisors) Emerging Leaders Workshop. SACES, Savannah, GA, September 2012

Emotionally Focused Therapy (EFT) 4-Day Externship. Greensboro Charlotte Center for EFT, Greensboro, NC, June 2011

SASSI (Substance Abuse Subtle Screening Inventory) Training, TASSI, Inc., Raleigh, NC, June 2009

### **Membership**

American Counseling Association (ACA), 2012 – present.

Pennsylvania Counseling Association (PCA), 2013 – present.

Association of Counselor Educators and Supervisors (ACES), 2012 – present.

Association for Adult Development and Aging (AADA), 2012 – present.

Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC), 2012 – present.

North Atlantic Region of the Association of Counselor Educators and Supervisors (NARACES), 2012 – present.

Pennsylvania Association of Counselor Educators and Supervisors (PACES), 2016 – present.

### **Honors and Awards**

Information Literacy Stipend 2015 [\$1,000.00]

SACES Emerging Leader 2012 [\$200.00]

Greensboro Graduates Scholarship (merit-based graduate student scholarship) 2008-2013  
[\$2,000.00 per 2008-2010 school years and \$3,000.00 per 2010-2013 school years]

Nancy Howell Scholarship Award Recipient (LPCANC's annual scholarship) 2009 [\$1,000.00]

Marian Pope Franklin Award (Academic and Professional Excellence Award) 2009 [\$500.00]

### **Computer Experience**

Microsoft Office (Word, Excel, Outlook, and Powerpoint), SPSS, SAS, ECHO, Lotus Notes, EBSCO, Blackboard, ANGEL, Desire2Learn, Mendeley, Quickbooks, Medical Manager, and Internet research.