“I don’t know exactly what a prayer is. I do know how to pay attention.”

—Mary Oliver, “The Summer Day.”

PCPS Moving Forward.
The Edward R. Leahy, Jr. Endowment

The Edward R. Leahy, Jr. Endowment was founded in 1995 by Edward and Patricia Leahy to honor the life and memory of their son, Edward R. Leahy, Jr., whose personal disabilities were attended to with compassion and skill by many health professionals over the course of his life. The Leahy Endowment provides financial resources to support theoretical and applied research, faculty development and support for programs that advance the cause of disabled persons who need long-term assistance. The endowment supports the work of persons practicing in physical and occupational therapy, nursing science and related health care areas, with particular interest in individuals and groups that approach their practice as scholars, teachers and practitioners. Primary recipients are University of Scranton faculty from the Panuska College of Professional Studies, consisting of the Departments of Counseling and Human Services, Education, Exercise Science and Sport, Health Administration and Human Resources, Nursing, Occupational Therapy and Physical Therapy.

The endowment was established and is supported, in part, by the Leahy family and is enriched annually by gifts from corporations and individuals who wish to support the work of the Edward R. Leahy, Jr. Endowment.

Dear Reader,

Welcome to the spring 2015 edition of Challenges and Theory from the Panuska College of Professional Studies (PCPS) at The University of Scranton. PCPS prepares its students to be integrated, engaged and global by combining a rigorous academic program with specific values reflected in our rich Ignatian heritage.

Our faculty and staff foster opportunities for integrated experiences to be engaged in practices that our community embraces and that develop a deep understanding of how our global society acts as a conduit for discernment of the dignity of the human person.

One of my favorite poets, Mary Oliver, penned a poem called “The Summer Day,” in which she challenges her readers with a simple line, “Tell me, what is it you plan to do with your one wild and precious life?”

“Tell me, what is it you plan to do with your one wild and precious life?”

Wishing you the best, and with deepest gratitude,

Debra Pellegrino, Ed.D., Academic Dean of PCPS

The Edward R. Leahy, Jr. Endowment

Who made the world?
Who made the swan, and the black bear?
Who made the grasshopper?
This grasshopper, I mean —
the one who has flung herself out of the grass,
the one who is eating sugar out of my hand,
who is moving her jaws back and forth instead of up and down —
who is gazing around with her enormous and complicated eyes.
Now she lifts her pale forearms and thoroughly washes her face.
Now she snaps her wings open, and floats away.

Who made the swan, and the black bear?
Who made the world?
Who made the child?

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Who made the swan, and the black bear?
Who made the world?
Who made the child?

Now she snaps her wings open, and floats away.

Mary Oliver

The Summer Day
**PUBLICATIONS**


Sung, P. (2014). A kinematic analysis for shoulder and pelvis coor-

**PRESENTATIONS**


Collins, T.L. (2015, February). *DPT Student Self-Assessment of the Section on Geriatric*. Podium presentation at APTA Combined Sections Meeting (CSM), Indianapolis, IN.


**PRESENTATIONS continued**


**COUNSELING**

Counseling Student Organizations Active Over Past Year

Student Organizations in the Counseling Department have been involved in many events over the past year. The Counseling and Human Services Association (CHSA) participated in the ARC Dance, the Relay for Life, the Festival of Nations, the Internship Fair, the Safe Trick or Treat program, the Disability Conference, Adopt an Angel, and the Easter Basket Drive. In addition, CHSA also participated in three Leaky Food Drive Challenges, winning two of them. The Tau Upsilon Alpha chapter at The University of Scranton conducted twenty members at its last annual ceremony. In addition, TUA also participated in two successful food drives and is in the planning stages for with year’s induction. Chi Sigma Iota conducted the Snow Angel Challenge. Similar to the ALS Ice Bucket Challenge, individuals were challenged to make a snow angel, with a donation being made to the Leaky Center if the challenge was accepted.

**EXERCISE SCIENCE**

Senior Exercise Science students (advisor Jessica Bachman) held the 7th Annual Healthy Heart Fair at the Mall at Steamtown in Scranton on February 21st. The students contacted local businesses and organizations to participate as well as developed their own educational booths and provided free blood pressure and body fat screenings.

Fetherman Receives MCHES Certification

Dr. Debra Fetherman has earned the Master Certified Health Education Specialist (MCHES) advanced level certification. This designation awarded by the National Commission for Health Education Credentialing signifies that she has met academic/ professional experience requirements and passed a comprehensive written examination.
Dr. Paul Remick, a physician at the Horizon Medical Family Practice, is a proud alumnus of both Scranton Prep and The University of Scranton. When he isn’t working in his practice, Dr. Remick generously dedicates his time to seeing uninsured patients at the Leahy Clinic and has been an integral part of the clinic since it first opened its doors. Dr. Remick’s interest in a medical career first began when he worked as a phlebotomist at Moses Taylor. There he experienced a unique happiness when he interacted with the patients and began to wonder how that happiness would evolve if he treated the patients on a more personal level as their physician. Now, as an established family physician, Dr. Remick believes that he has an ethical responsibility to give back to the community that helped him grow and he does so by spending time with the underserved at the Leahy Clinic. He said he has a great love for teaching others. He continues to mentor students in their families, currently has 10 alumni enrolled full time at The University of Scranton.

same unique happiness he first felt when meeting with patients at Moses Taylor. As Dr. Remick puts it, “The more you give back, the happier you are”. His dedication to his volunteer work at the clinic shows that Scranton graduates can continue the University’s Jesuit tradition of serving others for the community throughout their profession and personal lives.

Dr. Paul Remick ’73
• The University of Scranton
• PCOM- Philadelphia, PA
• Practicing Family Medicine since 1980
• Lives in Dalton with wife Chris and three children

Success Program, an academic enrichment program for area high school students who are first generation college students in their families, currently has 10 alumni enrolled full time at The University of Scranton.

University of Success
The University of Scranton’s pre-college University of Success Program, an academic enrichment program for area high school students who are first generation college students in their families, currently has 10 alumni enrolled full time at The University of Scranton.

Leahy is a very special place! I started here as a volunteer on clinic days and I remember being in awe of the flurry of activities, services provided and the caring interactions between students, patients and staff. I was lucky enough to continue my experience in the clinic as a counselor-in-training and benefited immensely from my peers and the experience and wisdom of our supervisor, Professor Geri Barber. Geri does an excellent job of educating us on the Leahy Clinic and its importance to the community, and of preparing us to work with clients from all walks of life. Geri’s passion for the clinic is infectious and after seeing all the amazing work the clinic does, as well as having interactions with clients, I am hooked! I applied all those who make Leahy possible. The importance of what Leahy does cannot be overstated. Leahy provides services desperately needed in our community and for that reason, I hope it continues to be supported by benefactors near and far.

— Saria Abuelaia

The best word that can describe the Leahy Clinic is DIVERSITY. Diversity is what the Leahy Clinic encompasses and also welcomes to the center. The Leahy Clinic for the Uninsured is designated to help an underserved population who seeks medical and counseling services free of charge. At the clinic, I have learned so much from just observing and also being a part of the counselors-in-training team. Professor Geri Barber is a wonderful and profoundly insightful supervisor who overlooks our sessions every Wednesday from 9 a.m. to 4:30 p.m. Some of the most influential learning and growth I made throughout my community mental health counseling graduate program was made at this location. Two other enthusiastic and incredibly passionate supervisors at the Leahy Clinic are Andrea Mantione (clinic director) and Maria Vital (bilingual administrative assistant). They have both played an important role in my clinical learning experiences. When looking at all of the services that the Leahy Clinic provides, I would say the most significant would be providing feelings of “safety” and “warmth” patients feel walking into the clinic. When I graduate this May, the Leahy Clinic will have been the most diverse, empowering, authentic and rewarding experience of my graduate program.

— Dami Cortes

Looking back on my experience, I truly cannot think of a more peaceful way to end my busy week and begin my weekend than by spending it at the Leahy Clinic with my fellow Peacemakers. My peers, Geri and I taught the kids lessons about peace each week and helped them to paint a picture of what exactly peace looks like in their lives. It was amazing to see how much the kids learned from us and were able to apply the information to the world we live in today. Even more incredible though is just how much my peers and I learned from all of them. In some way, shape, or form, I left Peacemakers each week feeling more inspired than I had been the time before. Each child, or “little peacemaker,” possesses a unique voice and a beautiful story of individuality — stories they were proud to share with us. The kids taught me, among many things, that we can do anything we set out to do, since “all you have to do is believe in yourself.” I am still unsure how people lose sight of this seemingly simple, yet extremely powerful statement and belief. I imagine how peaceful the world would be if everybody believed in themselves. What I do know is that, because of the little peacemakers, I won’t forget that message again. As I proceed into the final stretch of graduate school, I look forward to participating in the program again, and I know wholeheartedly that Peacemakers will contribute to making my last semester one of the best!

— Caroline Connors

The Leahy Community Clinic will have been the most diverse, empowering, authentic and rewarding experience of my graduate program.

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Reflections on the Leahy Community Health and Family Center

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Members of the community, faculty and staff gathered at the PCPS Community Celebration held March 23. Seen from left to right: Marianne Burke, RN, volunteer nurse in the Leahy Clinic for the Uninsured; Meg Hambrose, director of corporate and foundation relations; Maureen Colburns, part-time faculty member in the Health Administration and Human Resources Department; Gary Olsen, vice president for university advancement; and Elizabeth Rosika, assistant director of Career Services and career development specialist.

The University of Scranton Exercise Science Club donated $500 to the United Neighborhood Centers of Northeastern Pennsylvania (UNC). Pictured from left to right: Michael McHale, UNC childcare director; Dean Debra Pellegrino; and Stephen Gadomski, president of the Exercise Science Club.


Fifteen students received ‘Outstanding Service & Inspirational Leadership’ awards for their volunteer efforts on behalf of the Panuska Community Health & Family Center. Pictured from left are Dean Debra Pellegrino, Kafka Giambone, Erik Schulz, Elizabeth Joyce, Charles Mejia, Santiago Garcia, Melissa Oleszewski, Zachary Doer, Rebecca Delthe, Sara Ajayi, and Maria Vital. Leahy Center operations manager Suhair Haldar Achmad; Larissa Arango, Jessica Haldar, Audrey Manelli, Gregory Steiner and Haydn Strickland also received awards.

Michael Frawley (left) and Cesar Garcia (right) were presented the ‘Embodying the Magis’ award by Dean Debra Pellegrino at the 2015 PCPS Community Celebration. Frawley and Garcia were recognized for their heroic actions in saving the life of a nine-year-old boy who fell into Roaring Brook in November.

Barb Bossi (right), vice president of ancillary services at Geisinger Community Medical Center, was recognized with the 2015 award for ‘Outstanding Community Member’ by Dean Debra Pellegrino.

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Erin Afshar (left) receives the 2015 Ignatian Service Learning Book Award from Dean Debra Pellegrino. The Ignatian Service Learning Book Award recognizes students for their academic promise and commitment to leadership in service and who embrace the ideal of being “men and women” for others in the Jesuit tradition through community-based engagement.

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Promoting Early Childhood Development (ECD) in Nepal

From Dec. 27 to Jan. 8, Dr. Tata Mbugua, in her capacity as an Associate Professor of Childhood Education International (ACEI) board representative, traveled to Nepal for two important purposes. The first was to attend an Early Childhood Development (ECD) summit in Kathmandu, Nepal on Jan 3, which she was instrumental in coordinating. The ECDI summit featured roundtable discussions at which participants from around the world discussed topics such as child rights, parents’ involvement in early care and education of young children; education diplomacy as a tool for furthering early childhood education in Nepal; curriculum; and intervention strategies for homeless, abandoned and orphaned children. Dr. Mbugua’s second purpose was to lead a nine-person delegation of (ACEI) members from Canada and the United States on a two-week study tour of Nepal. In addition to visiting preschools, primary schools, temples, rural libraries (READ), UNICEF-Nepal, Tribhuvan University in Nepal and Child Workers in Nepal (CWWI), the group enjoyed elephant rides in Chitwan.

When asked to describe an experience that impacted my life during my senior year of college, I would immediately talk about my week spent studying in Miami, Florida. Dr. Catherine Lovecchio, Dr. Saul Rigau and Mrs. Rigau took 12 students to Miami. Dr. Rigau, was a Cuban immigrant himself, and he taught us about the hardships Cuban immigrants faced coming to Miami and the obstacles they had to overcome. We learned about the immense love and respect Cubans have for their families and friends. We had the opportunity to tour museums, view Cuban artwork, and eat delicious Cuban food. It was amazing to be able to experience so much culture and diversity here in our own country. The students who participated in this trip, including myself, are entirely grateful and thankful to have been a part of this amazing opportunity.

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Education majors complete service learning internship in Honduras

Dr. Vanessa Talarico and Donna Bauman and three education graduate and undergraduate students, as well as one undergraduate liberal arts student traveled to El Progreso, Honduras during intersession 2015. This was the pilot academic service-learning internship (ISP) for the Department of Education. The graduate students who participated were Allison Panelli, Alice Rjialai and Rebecca Steinke. The undergraduate students who participated were Clara Dunlea, Kevin Steinke, Christine Wolfel, Olivia Wynn and Elizabeth Yeory.

Hearts2Honduras, an organization that has a mission in Honduras, made all the arrangements for the faculty and students. Hearts2Honduras provided all transportation and made the arrangements for service work with children in three areas. Copperstone Orphanage has been a part of previous ISP trips to Honduras and for Rebecca, Olivia, Elizabeth and Dr. Talarico it was a joyful return to visit and see the growth in the children whom they had gotten to know on prior trips. Since the children were on vacation at the orphanage, the group planned several learning centers to keep the children occupied. The group also visited a bilingual school in the village of Mt. Olivos and the Suyapa Learning Center. At the Learning Center the group had a very special experience. The children, as well as some adults, prayed over the group with a laying on of hands. Everyone involved was extremely moved. On the last day the group did manual labor by chiseling away at stucco at the Suyapa Learning Center. The participants said it will be exciting to see the changes being made by hearts2Honduras when a return trip is made during intersession 2016. Plans are now beginning to be made for that trip.

Student Quotes:

“My experience on the Honduras trip was a journey I had been waiting for all my life…”

— Alice Rjialai

“This trip to Honduras affirmed for me what ‘love in action’ is and how we can serve and be served, teach and learn.”

— Olivia Wynn

“As for myself, I am a freshmen, secondary education major who is very happy to have had the opportunity to take part in such an eye-opening experience. I also can’t wait until I can return again to see the new friends I made in Honduras, tentatively scheduled for next January!”

— Kevin Steinke

Nursing Service Days

Nursing students came back to campus early this semester to participate in a three-day service program. Twenty students along with five faculty members traveled to multiple sites in the Scranton area. The group performed blood-pressure and blood-sugar screenings in several senior centers; presented a program on newborn immunizations to new mothers at St. John’s Center; and conducted a hand hygiene activity with children at the Valley View Terrace after-school program. Other service sites the group visited included Friends of the Poor, St. Frances Soup Kitchen, Pittston Health Clinic, Leahy Health Clinic, Seven Leaves Soup Kitchen, Salvation Army and Meals on Wheels. The program concluded with dinner, Mass and reflection at the Chapman Lake Retreat Center.

Diane Muniz earns Sursum Corda award

Diane Muniz, Panuska College of Professional Studies (PCPS) office manager, was a 2015 recipient of the Sursum Corda (Lift Up Your Heart) award at the Spring Convocation ceremony held Feb. 19in the DeNaple Center. Diane was recognized for her 40 years of dedicated service, outstanding leadership and commitment to the Jesuit mission of the University. Diane has played an integral role in ensuring that PCsP functions efficiently and effectively. From managing the schedules of the dean’s office staff to organizing multiple college events and functions to overseeing administrative responsibilities related to faculty appointments and budget oversight, Diane has always demonstrated keen attention to the smallest of details and treated faculty, staff, and students with great kindness and generosity. In addition, Diane has organized a gift-basket donation drive among the PCPS administrative staff for needy families, aided the food pantry in the Leahy Community Health and Family Center and organized the annual Blessing of the Books project. She is a supporter of St. Joseph’s Center and remains an active member in her parish, St. Eulalia’s Roman Catholic Church in Roaring Brook Township.

The Sursum Corda award is given annually to staff members who have shown exceptional dedication and/or creativity in the discharge of their duties; built, contributed to and nurtured the sense of community that has always been the hallmark of our campus; and contributed in a significant way to the Ignatian mission of the University. In order to be eligible for the award, staff member must have spent at least five years in University service and must be nominated by his or her cognizant vice president or the Staff Senate.

Tierney wins Pennsylvania Rehabilitation Association graduate student award in leadership

Kelly Tierney G’15 was the recipient of the Pennsylvania Rehabilitation Association’s 2015 Graduate Student award in the area of Leadership. Kelly was nominated by her professors, Dr. Lori Bruch and Dr. Rebecca Spirito-Dalgin for leadership skills she displayed in the planning and implementation of the University’s disAbility Conference, as well as for her attendance and interaction with other rehabilitation professionals at National Rehabilitation Association (NRA) and Pennsylvania Rehabilitation Association (PRA) conferences and her willingness to share this knowledge and experience with other students. The award was given at the PRA Professional Development Institute luncheon on April 2.

Counseling faculty attend White House Convening

Dr. Julie Cerrito and Dr. LeeAnn Eschbach, faculty members in the Department of Counseling and Human Services, represented the Commonwealth of Pennsylvania at an “invitation only” White House Convening focused on school counseling and college access at San Diego State University on Nov. 17-18. This convening was part of First Lady Michelle Obama’s “Reach Higher” initiative and aimed at inspiring every student in America to take charge of his or her future by completing education past high school. The First Lady is working to rally the country toward the President’s “North Star” goal that by 2020 America will once again have the highest proportion of college graduates in the world. Specifically, the Reach Higher initiative recognizes and supports the important work that school counselors do in helping more kids gain access to college; particularly underrepresented groups. There were more than 30 states present at the convening and attendees included school counselors and counselor educators.

Student Quotes:

“...it was a joyful return for Rebecca, Olivia, Elizabeth and Dr. Talarico.”

— Dr. Vanessa Talarico

“This trip to Honduras affirmed for me what ‘love in action’ is and how we can serve and be served, teach and learn.”

— Olivia Wynn

“As for myself, I am a freshmen, secondary education major who is very happy to have had the opportunity to take part in such an eye-opening experience. I also can’t wait until I can return again to see the new friends I made in Honduras, tentatively scheduled for next January!”

— Kevin Steinke
HEALTH ADMINISTRATION & HUMAN RESOURCES

Annual Healthcare Symposium

The University of Scranton Master of Health Administration program, a participant in the American College of Healthcare Executives (ACHE) Higher Education Network, hosted its 20th Annual Healthcare Symposium on Thursday, April 16th, 2015. MHA Students collaborated with The Eastern Pennsylvania Health Executives Network (EPHEN) to develop this year’s program entitled “Physician–Hospital Integration in the 21st Century.” Attendees had the ability to earn 1.5 American College of Healthcare Executives (ACHE) Face-to-Face Education Credits.

Global Health Management Course Travels to Brazil

Students and faculty from The University of Scranton and The University of Central Florida studied abroad in Rio de Janeiro, Brazil, January 20-29, 2015. The trip included tours of world-renowned landmarks, hospitals, and academic institutions including PUC-RIO a Jesuit University. Students researched and presented topics to the Oswaldo Cruz Foundation.

PHYSICAL THERAPY

Physical Therapy Alumni Receive Specialty Certification

The following Physical Therapy alumni received specialty certification at the 2015 Combined Sections Meeting of the American Physical Therapy Association in Indianapolis: Megan Connolly ‘12, Geriatric Certified Specialist Jill Kester ’99, Geriatric Certified Specialist Caroline Frey ’12, Neurologic Certified Specialist Patricia Laverty ’09, Neurologic Certified Specialist Jennifer Schwartz ’05, ’06, ’14, Neurologic Certified Specialist Melissa Hirsch ’08, Orthopedic Certified Specialist Jesse Schimmmer ’09, Orthopedic Certified Specialist Brendan Vist ’13, Orthopedic Certified Specialist Maehren Erskine ’11, Pediatric Certified Specialist Terrance Sgroi ’05, Sports Certified Specialist

OCCUPATIONAL THERAPY

OT Students Present Poster at POTA Conference

Two occupational therapy students, Lauren Van Volkenburg (left) and Amanda Loevner presented their research at a poster presentation at the 2014 Pennsylvania Occupational Therapy Association (POTA) Conference this past fall. The title of their poster was The Millennial Formal Learning Environment: Occupational Therapy Student Experiences and the research was conducted under the guidance of their faculty mentor, Dr. Karen Brady.

Waverly Community House Halloween Party

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Christina Whitney, NCC, JCTC

Christina Whitney was named director of career services at The University of Scranton in January. She has 19 years of experience in various roles in higher education.

Her most recent position was as director of career services for Binghamton University’s School of Management, where she was integrally involved in increasing the university’s placement/employment rates and establishing a non-credit career curriculum. Extensive experience in career services has led to her expertise in career counseling/coaching, employer relations and recruitment/placement.

Whitney is an alumna of PCPS, having graduated with an MS in secondary school counseling. She was a graduate assistant for the Counseling Department and was recognized for her academics with the Outstanding Graduate in Secondary School Counseling award.

In addition to her professional position, Whitney is dedicated to community service. She is in her second term as a board member for the Blue Ridge School District.

Whitney can be reached at 570-941-6557 or at christina.whitney@scranton.edu See scranton.edu/careers to learn more about the Office of Career Services at The University of Scranton.

SPRING 2015 ~ CHALLENGES IN THEORY & PRACTICE
Save the Date
October 21, 2015 • 1-4 p.m.
Patrick & Margaret DeNaples Center
The University of Scranton

For information:
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