in Theory & Practice VOL.12 NO.1 SPRING 2013

THE J. A. PANUSKA, S.J., COLLEGE OF PROFESSIONAL STUDIES





Debra Pellegrino, Ed.D

Dear Friends of the Panuska College of Professional Studies,

In the pages of this issue of *Challenges*, you will find a photo essay of the faces of the Panuska College of Professional Studies' (PCPS) outreach efforts, including images of our own Leahy Community Health and Family Center. As you browse the essay, take the time

to appreciate the hard work and dedication our team is putting in – day and night – to help PCPS exemplify the Jesuit mission of being "men and women" for others.

However, it's not all business as usual at PCPS. Soon, we will begin a new journey, moving toward a new building for our students majoring in occupational therapy, exercise science, community health education and physical therapy. All the while, the ongoing support of our generous alumni, faculty, staff and benefactors will help us along the way. Furthermore, the new facility will ensure that our academic story will continue to be written as we bring rehabilitation education to Northeastern Pennsylvania. PCPS will continue our commitment to teaching, research and service in the "helping professions," meeting the needs of our community from cradle to the golden years.

Our students, our faculty and our staff in PCPS are impressive. Our licensure exams and enrollments have grown, but the Catholic, Jesuit mission will always embody our PCPS spirit. We are eager to learn, to research and to be passionate about social justice and making a difference in our world.

Thank you for your prayers, your support and your eagerness to be part of our PCPS family.

Fondly,

Dean of the Panuska College of Professional Studies





Contemplatio ad Amorem,

The Leahy Community Health & Family Center: Our Past, Our Present



The Edward R. Leahy, Jr. Endowment





The Edward R. Leahy, Jr. Endowment

was founded in 1995 by Edward and Patricia Leahy to honor the life and memory of their son, Edward R. Leahy, Jr., whose personal disabilities were attended to with compassion and skill by many health professionals over the course of his life. The Leahy Endowment provides financial resources to support theoretical and applied research, faculty development and support for programs that advance the cause of disabled persons who need long-term assistance. The endowment supports the work of persons practicing in physical and occupational therapy, nursing science and related health care areas, with particular interest in individuals and groups that approach their practice as scholars, teachers and practitioners. Primary recipients are University of Scranton faculty from the Panuska College of Professional Studies, consisting of the Departments of Counseling and Human Services, Education, Exercise Science and Sport, Health Administration and Human Resources, Nursing, Occupational Therapy and Physical Therapy.

Each fall the endowment publishes a Call for Proposals to identify faculty candidates for next year's grant awards. Awards are granted in May for the following year. The selection committee is comprised of members of the University's allied health faculty and the dean of the Panuska College of Professional Studies.

The endowment was established and is supported, in part, by the Leahy family and is enriched annually by gifts from corporations and individuals who wish to support the work of the Edward R. Leahy, Jr. Endowment.

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DEPARTMENT NEWS DEPARTMENT NEWS DEPA

PRESENTATIONS

Collins, T.L., Wagner, B. & Kosmahl, E. (2013, January). *Patient-Centered Care: Bringing Quality Toward End of Life.* Presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Collins, T.L. & Prall, J. (2013, January). *Characteristics of Geriatric Practice Settings that Attract and Retain PTs in the SNF/ICF Practice Setting.* Poster presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Colvin G.R., Schieck, A., Kiner J.L., Powers, J. & Collins, T.L. (2013, January). A Systematic Review of the Effects of Whole Body Vibration on Bone Mineral Density in Postmenopausal Women. Poster presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Cook, C., Giampietro, M., Titcomb, H. & Miller, D.P. (2013, January). The Effect of Aquatic Therapy on Functional Mobility of Children With Cerebral Palsy: A Systematic Review. Poster presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Dorsett, K., Hickey, E., Hoffman, H., Maggipinto, A., Moore, C., & Hakim, R.M. (2013, January). *A Systematic Review of the Effectiveness of Virtual Reality Analgesia in the Pediatric Burn Population During Physical Therapy.* Poster presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Endres, G., Puhalla, A., Aucker, A., Sinko, S. & Collins, T.L. (2013, January). A Systematic Review of the Effectiveness of the LSVT® BIG Protocol on Improving the Speed and Amplitude of Movements in Patients With Parkinson Disease. Poster presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Frey, C., Spadoni, K., Hakim, R.M., & Meyer, K. (2013, January). Assessing Fall Risk Using Clinical Balance Measures in Individuals With Lower-Extremity Amputations. Poster presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Fleming-Castaldy, R. (2012, June). Well-being and self-directed living for persons with disabilities: Implications for occupational therapy. Presentation at British College of Occupational Therapists Annual Conference, Glasgow, Scotland.

Fleming-Castaldy, R. (2012, June). *Beyond immediacy: Teaching millennial students lessons of the past via information literacy.* Presentation at British College of Occupational Therapists Annual Conference, Glasgow, Scotland.

Fleming-Castaldy, R. (2012, June). Regaining occupations and well-being for persons living with HIV/AIDS: A Delphi study. Presentation at British College of Occupational Therapists Annual Conference, Glasgow, Scotland.

Gildea, M., Gregowicz, C., Liccione, T., Schrecengost, N. & Hakim, R.M. (2013, January). *The Effects of External Cueing as a Strategy to Improve Balance and Gait in the Rehabilitation of Patients With Parkinson Disease: A Systematic Review.* Poster presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Hakim, R.M., Hindman. J., Horne, M., & Kyle, K. (2013, January). Case Report: Use of the Xbox 360 Kinect Gaming System to Improve Balance in a Community-Dwelling Adult With a History of Recurrent Cerebellar Meningioma. Poster presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Koppenhaver, S.L., Walker, M.J., Su, J., McGowen, J., Weigel, L., Harris, K.D. & Ross, M.D. (2013, January). *Effect of trigger point dry needling on lumbar multifidus muscle function in patients with low back pain*. Platform presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Koppenhaver, S.L., Walker, M.J., Rettig, C.P., Davis, J.D., Nelson, C.J., Su. J., Harris, K.D. & Ross, M.D. (2013, January). *Association between a local twitch response during dry needling, clinical improvement, and changes in lumbar multifidus muscle function in patients with low back pain.* Platform presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Koppenhaver, S.L., Walker, M.J., Smith, R.W., Booker, J.M., Walkup, I.D., Su, J., Ross, M.D. & Flynn, T.W. (2013, January). *Baseline examination factors associated with clinical improvement after trigger point dry needling in patients with low back pain.* Poster presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Leininger, P., Blum, C., Cummings, S. & Guisti, J. (2013, January). A Systematic Review of The Effect of Aquatic Therapy on Functional Mobility in Patients With Multiple Sclerosis. Poster presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Mbugua, T. (2013, January). Promoting Global Citizenship Ideals among Pre-service Teachers and Elementary School Students through a Responsive State and National Curriculum. Presented at the Kenya Institute of Education (KIE) 3rd Education Symposium on Responsiveness of the Curriculum to National Development and Globalization: The Role of Research, Nairobi, Kenya.

Nastasi, J. (2012, June). *Current topics and trends in MS rehab* care-part 1: Low vision rehabilitation. Workshop presented at the Fourth Cooperative Meeting of the Consortium of Multiple Sclerosis Centers and Americas Committee for Treatment and Research in Multiple Sclerosis, San Diego, Calif.

Nastasi, J. (2012, April). *Specialty level II fieldwork in low vision rehabilitation*. Poster session presented at the annual meeting for the American Occupational Therapy Association, Indianapolis, Ind.

Ross, M.D. (2013, January). *Screening for Cardiovascular Disease Risk Factors in Physical Therapist Practice.* Platform presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

Sanko, J.P. & Pathak, N.H. (2013, January). A Comparison of Physical Therapy Education and Accreditation Systems in India and the United States. Poster presentation at Combined Sections Meeting of the APTA, San Diego, Calif.

DEPARTMENT NEWS DEPARTMENT NEWS DEPA

PUBLICATIONS

Black, B.P. & Wright, P.M. (2012). Posttraumatic Growth and Transformation as Outcomes of Perinatal Loss. Illness, *Crisis*, & Loss, 23(3). 225-237.

Datti, P.A., Conyers, L.M. & Boomer, K.B. (in press). Factors affecting VR use among Latino men with HIV/AIDS: A national perspective. *Journal of Applied Rehabilitation Counseling*, TBA.

Datti, P.A. & Dalgin, R.S. (2012). Latino Americans with disabilities: Revisiting service implications and efforts. *Rehabilitation Counselors and Educators Journal*, *5*, 19-29.

De Marzio, D.M. (2012). Modern Art, Cynicism, and the Ethics of Teaching. *Philosophy of Education Yearbook*, 76-83.

Lambert, W.L. (2013). Mental health of children. In E.Cara & A. MacRae (Eds.). *Psychosocial occupational therapy: An evolving practice* (3rd ed.) (p. 384-426). Clifton Park: Delmar, Cengage Learning.

Lambert, W.L. (2013). Mental health of adolescents. In E.Cara & A. MacRae (Eds.). *Psychosocial occupational therapy: An evolving practice* (3rd ed.) (p.427-472). Clifton Park: Delmar, Cengage Learning.

Mbugua, T. (2013). From Montessori to Culturally Relevant Schools Under Trees in Kenya. In S. Wortham (Ed.), *Common characteristics and unique qualities in preschool programs: Global perspectives in early childhood education* (pp. 23-35). New York, N.Y.: Springer.

Nastasi, J.A. (2012). Occupational Therapy Consultant. In M. Cameron (Editor), *Physical agents in rehabilitation from research to practice* (4th ed.). Elsevier.

Nastasi, J.A. (2012). Specialty level II fieldwork in low vision rehabilitation. *OT Practice*, *17*(*11*), 13-16.

Nastasi, J.A., Krieger, S. & Rucker, J. (2012). Chapter 11 - Rehabilitation for visual impairments. In M. Finlayson (Editor), *Multiple sclerosis rehabilitation: From impairment to participation*. CRC Press/Taylor Francis.

O'Grady Boyce, K. & Fleming-Castaldy, R. (2013). Active recreation and well-being: The reconstruction of the self identity of women with spinal cord injury. *Occupational Therapy in Mental Health*, 28, 356-378.

Olden, P. (2012). Managing mechanistic and organic structure in health care organizations. *Health Care Manager*, 31(4), 357-364.

Rodeghero J.R., Denninger, T.R. & Ross, M.D. (2013). Abdominal pain in physical therapy practice: 3 patient cases. *Journal of Orthopedic and Sports Physical Therapy* 43(2), 44-53.

West, D., Bernardo, R. & Filerman, G. (2012). Leadership and globalization: research in health management education. *World Hospitals and Health Services*, 48(3), 14-17.

Wright, P.M. & Black, B.P. (2013). Perinatal loss. *International Journal of Childbirth Education*, 28(1), 15-19.

The Rose Kelly Award recognizes a student who exhibits exemplary achievement in both academics and campus involvement, as well as the high school educator who the student feels has had the greatest impact on his or her life. The 2013 recipients of the Rose Kelly Award from the Panuska College of Professional Studies (from left) are Corrine Wolff, counseling and human services major, and Patricia Healey, with Debra Pellegrino, Ed.D., PCPS dean.





Debra Pellegrino, Ed.D. (far left), PCPS dean, stands with the recipients of the Frank O'Hara Award, which recognizes first-, second- and third-year students with the highest GPAs in each college. The Frank O'Hara Award recipients (from left) are Lindsay Scheve, Dana Raciti, Claire Murphy, Sarah Lamothe, Courtney Ruch and Michele Wall.

Sontemplatio ad Amorem

The Panuska College of Professional Studies and the Helping Professions

THE LEAHY COMMUNITY HEALTH & FAMILY CENTER: Our Past, Our Present

THE LEAHY COMMUNITY HEALTH AND FAMILY CENTER (LCHFC) was completed in the spring of 2003 and was funded in part by a grant from the U.S. Department of Health and Human Services, Health Resources and Services Administration. The spring 2003 dedication ceremony put forth the promise of innovative opportunities for faculty, students, and community to work together to fill gaps in health, wellness, and educational services to marginalized and underserved populations. Since this time, the LCHFC has actively sought to uncover gaps in services and work with community agencies and individuals to develop meaningful and sustainable responses to these needs.

Mission

Integral to the Panuska College of Professional Studies' mission is the belief that all disciplines should be taught and understood through a balance of theory and practice in the context of a Jesuit tradition and spirit. The Leahy Community Health and Family Center is designed with this focus in mind. The Center is dedicated to the dual purpose of identifying and meeting the health and wellness needs of underserved individuals in the greater Scranton community while providing a place where faculty guide students in a practical educational experience.

Vision

The Leahy Community Health and Family Center envisions a community where all individuals have access to those services that help them achieve, improve, or maintain a quality of life that is consistent with optimal health and wellness. It is intended that the collaborative partnership between the community and the Leahy Community Health and Family Center will provide the resources necessary to support high quality service provision and applied learning.

LCHFC At a Glance

Since its visionary beginnings a decade ago, the Leahy Community Health and Family Center has grown to include programs and services that enrich the academic life of the University and provide vital services to communities in northeastern Pennsylvania. Today, LCHFC comprises:

- The Edward R. Leahy, Jr. Center Clinic for the Uninsured
- The Alice V. Leahy Food and Clothing Pantry
- Occupational Therapy Services
- University of Success
- Physical Therapy Services
- Peacemakers Program
- Counseling Clinic
- Conference on disAbility

Our past, our present

For the past ten years, faculty, students, staff and volunteers have dedicated their time and talent to build a vital community resource for those most in need—a place where the marginalized and underserved populations can benefit from health, wellness, and educational services. Today, the Leahy Community Health and Family Center stands proudly as a model of our Jesuit-inspired mission of being men and women for and with others. Through faith that does justice in the "helping" professions, our mission statement will continue to be a lived experience for years to come.



The Panuska College is housed in the four buildings below.







MCGURRIN HALL

JOHN J. LONG, S.J. CENTER

LEAHY HALL

Contemplatio ad Amorem

Funding Sources

The Leahy Center gratefully acknowledges contributions to the following programs:

LEAHY CLINIC including Sub-acute Medical Services, Physical Therapy, Counseling & Health Education

- The University of Scranton
- The Willary Foundation
- Sanofi Pasteur
- The Margaret Briggs Foundation
- Covenant Presbyterian Church
- Blue Ribbon Foundation of Blue Cross of Northeastern Pennsylvania
- Community Medical Center
- Gertrude Hawk Chocolates
- Scranton Area Foundation
- · One Point, Inc.
- The Senior Class of Saint John Newmann Regional Academy

PEACEMAKERS After School Program

- The University of Scranton
- The University of Scranton
 Education for Justice Internal Grant
- Lackawanna County Inter Agency Council
- Mohegan Sun at Pocono Downs
- Scranton Area Foundation
- Gerrity's Supermarkets
- Wegman's Food Markets

UNIVERSITY OF SUCCESS

- The University of Scranton
- Wells Fargo
- Carl and JoAnne Kuehner
- William G. McGowan Charitable Fund
- MetLife Foundation
- Charles A. Frueauff Foundation
- Prudential Foundation
- Overlook Estate Foundation Scranton Area Foundation
- McCole Foundation

ALICE V. LEAHY Food & Clothing Pantry

- The University of Scranton
- Leahy Friends & Family
- The University of Scranton student clubs & employees
- Community anonymous donors

Grants Submitted and Awarded



Leahy Center Grants Submitted and Awarded 2004–2008

TITLE OF PROJECT	DEPT.	AGENCY	AMT REQUESTED	DATE SUBMITTED	AMT AWARD
"Ferria de Salud" (Health Fair)	Leahy Health Center	PA Department of Health	\$3,000.00	12/15/2004	\$3,000.00
Leahy Community Health and Family Center	Leahy Health Center	PA DCED	\$248,612.00	9/25/2005	\$248,612.00
2007-2008 PACC-VISTA position: Hispanic Health Outreach Specialist for the Scranton Free Clinic	Leahy Community Health and Family Center	Pennsylvania Campus Compact	\$13,305.00	2/9/2007	\$10,380.00
Leahy Center	Leahy Center	PA DCED (Scranton Office)	\$61,750.00	8/6/2007	\$0.00

Leahy Center Grants Submitted and Awarded 2010–2011

TITLE OF PROJECT	DEPT.	AGENCY	AMT REQUESTED	DATE SUBMITTED	AMT AWARD
Blue Ribbon Foundation Access to Health Care Grant	Leahy Center	Blue Cross	\$12,000.00	10/31/2010	\$0.00
The University of Scranton	Leahy Clinic	William G. McGowan Charitable Fund	\$25,000.00	1/7/2011	\$0.00
The Edward R. Leahy, Jr. Center Clinic for the Uninsured	Leahy Clinic	Range Resources Corporation	\$50,000.00	1/7/2011	\$0.00
The Edward R. Leahy, Jr. Center Clinic for the Uninsured	Leahy Clinic	Cabot Oil and Gas Corporation	\$50,000.00	1/7/2011	\$0.00
Leahy Clinic	Leahy Clinic	PA Dept. of Public Welfare	\$30,000.00	1/21/2011	\$52,700.00
The University of Scranton's University of Success	Leahy Clinic	Comcast Foundation	\$60,000.00	1/19/2011	\$0.00
The Edward R. Leahy, Jr. Center Clinic for the Uninsured	Leahy Clinic	Sanofi Pasteur	\$100,000.00	1/28/2011	\$0.00
The Edward R. Leahy, Jr. Center Clinic for the Uninsured	Leahy Clinic	Margaret Briggs Foundation	\$15,000.00	2/23/2011	\$0.00
Leahy Family Center's Peacemaker After School Program	Leahy Clinic	Scranton Area Foundation	\$5,000.00	5/26/2011	\$0.00

Leahy Center Grants Submitted and Awarded 2011–2012

TITLE OF PROJECT	DEPT.	AGENCY	AMT REQUESTED	DATE SUBMITTED	AMT AWARD
The Edward R. Leahy, Jr. Center Clinic for the Uninsured	Leahy Center	Bank of America	\$25,000.00	11/15/2011	\$0.00
The Edward R. Leahy, Jr. Center Clinic for the Uninsured	Leahy Center	PA Dept. of Public Welfare	\$14,750.00	1/13/2012	\$13,248.00
Leahy Clinic— Operating Expenses	Leahy Clinic	Scranton Area Foundation	\$15,000.00	8/9/2012	\$0.00
The Edward R. Leahy, Jr. Center Clinic for the Uninsured	Leahy Center	PA Dept. of Public Welfare	\$22,180.00	1/11/2013	\$0.00

The Edward R. Leahy, Jr. Center Clinic for the Uninsured

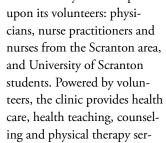


HE LEAHY CLINIC provides free, routine, "nonemergency" health care similar to what one expects from a primary care physician. This includes treatment of common conditions and routine physical exams. Medications for acute conditions are available in certain instances. We also offer immunizations and help to enroll patients in pharmaceutical assistance programs for chronic conditions. The Leahy Clinic makes referrals to other community health resources and specialists for patients with complex or chronic conditions. The clinic has professional affiliations with local hospitals and diagnostic centers to provide lab, x-ray and other diagnostic services at low cost to patients.

The Leahy Clinic is the only free clinic in Lackawanna County. It provides free care to thousands who would otherwise be forced to use expensive emergency room care or forgo

health care due to cost.

The Leahy Clinic depends upon its volunteers: physicians, nurse practitioners and nurses from the Scranton area, and University of Scranton students. Powered by voluncare, health teaching, counsel-



vices from licensed providers. The clinic provides internship opportunities and allows students to perform projects in the fields of nursing, counseling, health administration, commu-

nity health education and physical therapy. The students get the dual benefit of both learning and serving. In fact, the two become so intertwined that the Leahy experience often sparks a long-term commitment to service in students studying in health care fields.

Since 2007, the Leahy Clinic has administered 1,853 vaccinations. Immunizations are just one of several services offered by the free clinic.

Outcomes: Sustained Service

Leahy Clinic	Nov-Dec. 2007	2008	2009	2010	2011	2012	totals
Patient visits	20	840	1,544	1,342	1,454	1,717	6,917
Prescriptions dispensed	17	526	763	540	879	1,227	3,952
Immunizations	2	285	550	290	276	450	1,853
Service hours performed by students		488	821.5	1,176.25	1,316.5	692	4,494.25

OUR OPINION

The right place for right thing

Benefit beyond health care

stablishment of the Edward R. Leahy Jr.
Center Clinic for the Uninsured is a triumph of the spirit. It's also a reminder of
the value that the University of Scranton
quietly returns to the community as some politicians noisily and baselessly condemn it as a free-

loader.

The center, made possible through the generosity of Edward R. and Patricia Leahy in memory of their deceased son, is a free clinic for Lackawanna County residents who cannot afford private health insurance but don't qualify for publicly funded health benefits — the working poor. Operation of the center is a partnership between the university and the Lackawanna County Medi-

the university and the Lackawanna County Medi-cal Society More than 30 physicians staff the clinic as volunteers or voluntarily accept free referrals for specialty care. Together, the Leahys, the univer-sity and the participating physicians have put together a project that will improve the health of individuals and the health-care system. Numerous studies have documented a national disgrace: uninsured Americans do not seek the health care that they need to creat the

disgrace: uninsured Americans do not seek the health care that they need in order to avoid the cost. When they do so, their problems often have progressed from the preventive to acute stage, requiring expensive emergency care.

The clinic will help to alleviate the pressure and

costs imposed on local emergency rooms to provide care that readily should be available to all on a routine, rather than emergency basis.

And the clinic represents another way in which the university has expanded its reach as a commu-nity resource. It's progress for the body politic as well as for the physical health of the uninsured.

Reflections from a PCPS Student

Cara Brindley '12, a nursing major, has served as the student volunteer coordinator for the Leahy Community Health and Family Center (LCHFC) for the past two years. Early in her college decision process, she realized that the commitment to become "men and women for others" embodied by the mission of the Panuska College of Professional Studies made The University of Scranton the right place for her.

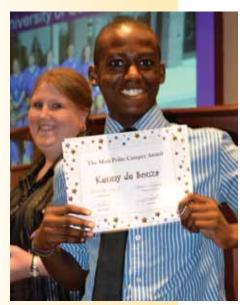
One particular experience in the Leahy Clinic for the Uninsured further reinforced Cara's conviction that she had made the correct decision. After seeing a gentleman suffering from a cough, a student nurse and the nurse practitioner informed him that he had acute bronchitis and advised him of the steps necessary for recovery. The gentleman informed them that he was homeless, lived in a damp box, and had spent the money he had saved up for days on the incorrect medication for his condition. After refusing a shelter referral, Cara and the rest of the staff provided him with the correct medication free of charge, along with warmer clothing, a jacket, and some prepackaged food from the Alice Leahy Food and Clothing Pantry.

"I hope that my service has been helpful," Cara said, "but I'd be remiss if I didn't say how the Leahy Center has helped me. The LCHFC enables students to touch a life, be touched, and form a relationship with the greater community of Scranton."

Contemplatio ad Amorem

University of Success

and the McGowan Charitable Fund.



Through the University of Success program, qualifying students entering high school participate in a pre-college preparation program. The goal of the program is to assist students to successfully complete high school and gain entrance into a college or university.

TEPHANIE PACHECO, a soft-spoken eighth-grade graduate of South Scranton Intermediate School, thought she might want to be a veterinarian. Then, through The University of Scranton's University of Success program, she watched as students from The Commonwealth Medical College "saved the life" of Sim Man, a lifelike robot in the throes of a heart attack. Then she KNEW she had to have a career in health sciences. The best thing about her revelation was that it was backed up by a program that will give her a solid plan and the skills to realize her dream.

As a student in the University of Success, as Stephanie advances through Scranton High School over the next four years, she will also progress at the "university," receiving SAT preparation and public speaking skills and even help with the dreaded FAFSA (Free Application for Federal Student Aid) form.

The University of Success is a 15-year-old program that is now managed by The University of Scranton's Leahy Community Health and Family Center. According to the Leahy Center's director, Andrea Mantione, the University of Success grew from the Jesuit ideal of the "magis" or "the more," which refers to the philosophy of doing more for Christ and therefore for others. Support for the program is supplied by the Prudential Foundation, Met Life Foundation, Charles Frueauff Foundation

"The University of Success is about educating the socioeconomically disadvantaged," said Ms. Mantione. "It's about making kids who have the desire 'college-ready."

The program annually enrolls 20 children who "have the desire" just after they have completed the eighth grade. The program begins with a two-week summer "academy" and continues with workshops on one Saturday a month until the enrollees are seniors in high school. The Saturday workshops cover everything from study skills to SAT prep to writing the all-important personal statement essay for a college application.

Students who wish to enter the program must be academically motivated and come from a background that is under-represented on college campuses. First generation college-bound students from disadvantaged socioeconomic backgrounds are also eligible.



PEACEMAKERS



PHYSICAL THERAPY



UNIVERSITY OF SUCCESS



FOOD AND CLC

The Panuska College of Professional Studies and the Helping Professions

Physical Therapy Services

HE PHYSICAL THERAPY SERVICE at The Leahy Community Health and Family Center serves uninsured and underserved people in the Scranton area. Faculty members who are licensed physical therapists evaluate and treat patients who are referred by physicians at the Leahy Center or the local community. Faculty members mentor and supervise Doctor of Physical Therapy (DPT) students who participate in the care of patients at the center.

The Leahy Center provides the opportunity for DPT students to develop clinical skills that are learned in academic courses. Students participate in all aspects of patient care, including evaluation, intervention and documentation. Students who are bilingual provide essential translation services for patients who are not English language competent. Because Leahy Clinic services are free, marketplace forces that sometimes limit service provision don't exist. This reality promotes thorough consultation and reflection regarding the condition of the patient, and provides a beneficial learning environment.

The physical therapy service at The Leahy Community Health and Family Center benefits the local community, the university, faculty and students. Services are provided for those who otherwise would go without, faculty members have the opportunity to maintain clinical skills, and students gain practice experience with faculty mentors. This makes a stronger Department of Physical Therapy and a stronger University of Scranton.

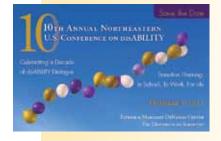


DPT students assist in evaluation, intervention and documentation of physical therapy patients at the Leahy Center.

Conference on disAbility

HE UNIVERSITY OF SCRANTON believes that disability is part of the human experience and that assisting individuals and families living with disabilities to achieve optimal quality of life requires multidisciplinary interventions, education, research and leadership. The Annual Northeastern Conference on disAbility seeks to positively influence the quality of life and wellness of individuals and families living with disabilities by promoting in its deliberations the foundational principles of individualization, self-determination, productivity, employment, independence and full participation in community life. The Conference, now entering its 12th year, provides an opportunity for collaborative discussion and sharing of practices nationally and globally.

The Northeastern Conference on disAbility is hosted annually by the University's Panuska College of Professional Studies with the support of the Edward R. Leahy, Jr. Endowment.











LEAHY CLINIC

UNIVERSITY OF SUCCESS

COUNSELING CLINIC

OCCUPATIONAL THERAPY

Contemplatio ad Amorem



Alice V. Leahy

Students organize food drives, the proceeds of which are donated to the Alice V. Leahy Food and Clothing Pantry.



The Alice V. Leahy Food & Clothing Pantry

LICE V. LEAHY, deceased mother of our PCPS donor, Edward R. Leahy, Esq., was a "can-do woman." Her gentle spirit lives on through the mission of our college. The Alice V. Leahy Food & Clothing Pantry provides a venue where needy individuals from Scranton can come twice a week and receive a box of nonperishable food, toiletries and clothing. Eight student volunteers work the pantry on Mondays and Tuesdays. While students select food items, the families can browse through donated clothing

items in a separate room known as the Clothes Closet.

In the fall 2010 semester alone, University students organized four successful food drives with various groups, including freshman residents and the Health Professions Organization.

In addition, they collaborated with the Excess Food for Others

Recovery Team (EFFORT) and ARAMARK to organize Share-a-Swipe, a program where all University students could donate meal money to the Leahy Pantry, and raised several hundred dollars to buy food. Pantry volunteers worked with the Center for Service and Social Justice to make Thanksgiving baskets for 20 families for Thanksgiving of fall 2010.



Occupational Therapy Services

HE OCCUPATIONAL THERAPY FACULTY PRACTICE MODEL FOR PEDIATRICS is an integrated curriculum design that combines teaching, community service, research and faculty clinical practice within the context of undergraduate and graduate coursework. The year 2011 marked the 15th anniversary of providing pro bono occupational therapy services to area children with special needs and their families. This interactive curriculum model is an integral part of OT 360: Occupational Therapy Practice I in Pediatrics and PCPS 501: Interdisciplinary Developmental Assessment in Pediatrics. These required courses provide hands-on, experiential learning opportunities in which students, instructors and area practitioners can interact with "real life" children and their families.

The 2010-2011 academic year was a banner year for the Department of Occupational Therapy in terms of providing community service and strengthening ties with local school districts, including Northeastern Educational Intermediate Unit (NEIU #19).

Pro bono services were provided by the following faculty: Carol Reinson, Ph.D., OTR/L, Verna Eschenfelder, Ph.D., OTR/L, Carol Coté, Ph.D., OTR/L, Shannon Beckish, M.S., OTR/L (adjunct), Heather Larkin, M.S., OTR/L (adjunct), and Alison Skoff, OTR/L (alumni practitioner). Services included primary and intermediate multi-handicapped support class, primary and intermediate autistic support class, pediatric occupational therapy evaluations, kindergarten screenings, typical playgroups, in-service training, and a semesterlong academic service learning project that involved designing and creating a sensory room at Jefferson Center, Scranton, at the invitation of Dr. Robert Weir, NEIU #19 supervisor.



OT students participate in experiential learning opportunities within the context of their coursework.

The Panuska College of Professional Studies and the Helping Professions

Peacemakers Program

HE PEACEMAKERS PROGRAM'S debut in the Leahy
Center was during the spring 2008 semester. This program
is a six week after-school program for elementary school
children from the community.

The program strives to facilitate participants' awareness about peace with themselves, others and the world. The goal is that students will develop a sense of peaceful relationships and respect for the environment. The groups utilize activities, journaling and guided reflections.

Graduate students enrolled in Practicum and are pursuing degrees in Community, School or Rehabilitation counseling are the group facilitators/mentors.

PEACEMAKERS is firmly imbedded in the graduate counseling practicum curriculum and has grown to include students from the Community Health Education Program who add a nutrition education component to the program.

The Vision of Peacemaking as described by the program originator Sr. Ann Perrin declares that, "Peace Making is an activity, which can be great fun and hard work. Peace Making keeps peace alive and well within us and within others. Peace Making includes making peace with our bodies, each other, the earth and our world. Peace Making is more than conflict resolution and goes beyond tolerance."

PEACEMAKERS is collaborative, inter-generational learning that models respect for "all persons" and the "whole person".

Leahy Center Community Counseling Clinic

ERSONS IN NEED OF COUNSELING who do not have access in the Scranton community can seek services through a counseling clinic that operates on Wednesdays at the Leahy Community Health and Family Center. Clients are identified by clinic staff or self referral.

The counseling clinic's inaugural semester was the fall of 2007. During this semester one student provided 30 hours of individual counseling to uninsured residents of Lackawanna County.

From its humble roots in 2007 the counseling clinic has grown to include group sessions and periodic mental health screenings in addition to individual and couples sessions. A typical semester now includes 10 graduate practicum counseling students providing 200-240 hours of service in individual or group sessions. The students receive supervision from the director of the counselor training center in the department of

counseling and human services.

The clinic is supported by the Leahy Center staff and student volunteers who provide an environment conducive to experiential learning. In this environment theory, practice and multicultural competence converge. The clinic is truly a learning laboratory that facilitates the education of students while facilitating the health and wellness of clinic clients.

Consistent with *cura personalis* the clinic values the whole person. Growth occurs and lives are changed. The community, students and clients win.



The Peacemakers Program assists primary-age school children in conflict resolution and conflict avoidance.

Barber Receives Sursum Corda Award

Geri Barber, M.S., NCC, LPC, director of the David W. Hall Counselor Training Center, and the impetus behind the Peacemakers program, received The University of Scranton's Sursum Corda (Lift Up Your Hearts) Award in 2012. Barber was recognized for her contributions to the campus and local community, including her collaboration with the Leahy Community Health and Family Center, and the creation of the Peacemakers program.



Pictured (from left) are Senior Vice President for Finance & Administration Edward Steinmetz, Sursum Corda Award Recipient Geri Barber and University of Scranton President Kevin P. Quinn, S.J.



Presently, the medical clinic and the counseling clinic share space.

Dean Pellegrino's Leadership & Planning Conference



LEFT TO RIGHT: Dean Debra A. Pellegrino with Rav Schwenk: PCPS Team at lunch; Fr. Leo M. Maglaviti, S.J.; Break-out session: Magis

planning.

Developing Our Strategic Plan 2011-2016

PCPS Annual Review: Highlights **M**AGIS

- Students totaled 14,713 academic hours in service and social engagement
- PCPS offers 37 service learning courses (20 = fall, 17 = spring). Added to this, 15 freshman seminar courses. Grand Total: 52 courses with service learning
- Leahy Community Health & Family Center continues to grow: learning laboratory (from 1 program to 17 programs). The Center offers "FREE" clinics in sub-acute medicine, PT, nutrition, and counseling. All PCPS departments utilize the Leahy Center.
- Graduate students (Counseling) lead discussions with PCPS freshmen.

CURRICULUM:

- 1. Revised Education curriculums
- 2. Added Capstones in Occupational Therapy
- 3. Added levels/progression of learning in Nurse Anesthesia programs
- 4. Developed rigorous programs in Community Health Education - moved from HADM to EXSC
- 5. Dual Program in HADM/MD with TCMC

COLLABORATIONS:

- 1. Education Department & CAS
- 2. Collaboration to partnership
- 3. Survey distribution & completion

PCPS: Spiritual Exercises (per the UofS Drafted Strategic Plan 2010–2015)

- Faculty & Staff
- Freshman Seminar
- HPTEG-Grant Workshop \$1 million ROI
- Service to Others
- Mentoring
- Faculty Development Plan
- Meet Student Needs
- Service Learning
- PCPS / The University of Scranton / TCMC
- Circle of Scholars

PCPS: Strategic Planning 2011–2016

- Exploring new viable undergraduate and graduate majors
- International service & study programs
- Achieving the PCPS Mission

PCPS: Future Planning

- Capital planning project to replace Leahy Hall
- Redesign of OT & PT spaces to meet state-of-the-art requirements
- Accommodate student volume in Exercise Science & Sport
- Define strategies to enhance all technologies in every department of PCPS

Academic Disciplines of the Panuska College of Professional Studies

- Community Health Education
- Counseling and Human Services
- Education

- Exercise Science and Sport
- Human Resources
- Health Administration
- Nursing
- Occupational Therapy
- Physical Therapy

STUDENT **SERVICE STUDENT SERVICE** STUDENT

9+4=1,000

New math? Not exactly, but University of Scranton senior nursing students made this equation a reality when nine of them spent four days in Newark, N.J., providing health screenings to the students of the North Star Academy. In just four days, the students screened the height, weight, blood pressure and vision of more than 1,000 students.

This is the third year for this service trip, and the faculty, staff and students from North Star were excited to welcome the Royal RNs back to their campuses, which are located throughout Newark. North Star Academy is part of Uncommon Schools, a system of charter schools that provides stellar education with the goal of college graduation for their students. These schools are data driven and wildly successful, with their students ranking in the top of the state on numerous benchmark exams.

The senior nursing students, along with two faculty members of the University's Department of Nursing, administered the health screenings, which fulfill state and government requirements. For some of these children, this will be the only health screening they receive all year.



Pictured (front, from left) are Kaitlyn Frazza, Emily Keim, Brianna McCoullough, Lisa Girolemetti, Kaylee Hatlfield, Sydney Carmody, (back) Teresa Conte, Lauren Olmstead, Samantha Abbonizio, Linda Lewis and Stephanie Baseslice.

Celebrating Childhood Programs and Community Services

Every April, the public is invited to focus its attention on the needs of young children and their families during the Week of the Young Child™. It is a week to recognize early childhood programs and the community services that support young children and their families.



In April 2012, early and primary education majors from the University's Department of Education celebrated the Week of the Young Child™ reading to children in the preschool classrooms at the United Neighborhood Center's three childcare centers. Throughout the Week of the Young

Child[™], the students brought books to the preschool classrooms, read to the children, and donated the books they read to the classes.

The Week of the Young Child™ is sponsored by the National Association for the Education of Young Children. The 2012 Week of the Young Child™ was held April 22-28 and the theme was "Early Years Are Learning Years"."

Pictured (from left) are Lauren Thorley, Meghan Fennessey, Rebecca Steinke, Rebecca Biesel, Christine Wolff and Brianna Reigstad.

DEPARTMENT NEWS DEPARTMENT NEWS DEPA

EDUCATION

Author Visits

On Feb. 20, 2013, the Department of Education and the Council for Exceptional Children (CEC) presented an evening with local author and musician Donna W. Hill, who read and sang excerpts from her upcoming book, "Heart of Applebutter Hill." Her detailed description of life as a blind person inspired

everyone in attendance. Pictured (from left) are Patricia Gross, Ed.D., associate professor of education; Hill; Richard Hill, Donna's husband; and Sandra Lamanna, faculty specialist, education. Also pictured is Hill's dog, Hunter.



EDUCATION Faculty Present Workshop





Karim Letwinsky, Ed.D., lecturer, and Sandy Pesavento, faculty specialist, recently presented a workshop at the Eleventh Annual Hawaii International Conference on Education in Honolulu, Hawaii, entitled "Math + Technology = Math

Literacy – Pre-service Teacher Anxiety." Their presentation explained that to properly implement the new "Common Core State Standards," pre-service teachers must develop sound mathematical skills and mathematical literacy. Research shows, however, that pre-service teachers experience significant anxiety about teaching mathematics. Their engaging presentation shared innovative methods that combine mathematics and technology to create meaningful experiences for pre-service teachers that can improve mathematics literacy while reducing teacher anxiety. Various options for technology integration were discussed, including social media, interactive whiteboards and video conferencing.

The student winners of this year's "Walk 100 Miles with the Dean" program (from left) are Iggy, Jennifer Aitken, Alesia Forde, Diana Linn, Debra Pellegrino, Ed.D, PCPS dean, and Jonathan Guarino. After participating in the final walk of the semester, students were entered into prize drawings.

HEALTH ADMINISTRATION & HUMAN RESOURCES

Presenting in India

Daniel West, Ph.D., and Michael Costello, J.D., faculty in the Department of Health Administration and Human Resources, presented on "Hospital Concerns of End-of-Life Care" at the Seventh International Conference on Healthcare Systems and Global Business Issues at Jaipur National University in India.

NURSING

Grant Awarded

The Department of Nursing has been awarded a two-year Advanced Education Nursing Traineeship (AENT) grant totaling \$547,182 from the U.S. Department of Health and Human Services, Bureau of Health Professions, for the graduate students in the University's primary care family nurse practitioner program. Given that the current primary care workforce is inadequate to meet the growing demand for primary care services, the purpose of the AENT program is to increase the number of advanced education nurses trained to practice as primary care providers. The grant process was highly competitive and only a limited number of grants were awarded. These grant funds are for the students and are applied directly to their tuition. Year one funding is for academic year 2012-2013 and totals \$292,710. As a result of the funding, each family nurse practitioner student paying tuition this year received approximately \$7,500 in tuition assistance. Although the department has received traineeship grants in the past, the process changed significantly in 2012 from a formula-based award to a two-year application with grants awarded through competitive, objective review. Mary Jane Hanson, Ph.D., professor of nursing and director of the graduate nursing program, is the project director of the grant.



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NURSING

Feeney Recognized

Ann Feeney, nursing instructor, received the 2012-2013 Nurse Practitioner Healthcare Foundation/Astellas Promoting Heart Health Across the Age Span Award. The award will provide support for her research on preventing smoking relapse in the postpartum period.

OCCUPATIONAL THERAPY

Presentation at Diversity Fair

Occupational therapy students presented "Uncovering and Unlearning Bias" toward people with developmental, physical and psychosocial disabilities at this year's fifth annual Diversity Fair on campus.

OCCUPATIONAL THERAPY

Happy Halloween!



Sophomore students in the Department of Occupational Therapy's Activity Analysis course designed games and activities for the Family Halloween Party at the Waverly Community House for their service learning this fall. The children had a chance to make a spider, decorate a cookie, feel brains, and wrap themselves up like a mummy.

OCCUPATIONAL THERAPY

'Faith and Forgiveness'

The Student Occupational Therapy Association (SOTA) hosted a presentation titled "Faith and Forgiveness" by Detective Steven McDonald on Oct. 24. In 1986, while working for the New York Police Department, Det. McDonald was shot in the line of duty at the C2-C3 level. Since that time he has lived his life with quadriplegia and traveled throughout the world to speak about the healing power of forgiveness. More than 100 attendees heard Det. MacDonald share his journey through rehabilitation and his work to foster forgiveness through faith. All attendees received a copy of the book "Why Forgive," which includes Det. MacDonald's story.



Detective Steven McDonald joins the officers and members of the Student Occupational Therapy Association.



OCCUPATIONAL THERAPY Building Birdhouses

Sophomore students in the Department of Occupational Therapy constructed birdhouses in their Activity Analysis course. The birdhouses will be donated to the Lackawanna Branch Pennsylvania Association for the Blind.



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