



# IT'S A ROYAL LIFE

Student Formation & Campus Life News The University of Scranton

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Dear Members of the University Community:

Welcome to a new and vibrant academic year. As we prepare for opportunities to learn, teach, engage, and serve, please take some time to review the myriad of engagement opportunities, professional services and resources, and educational updates from the Division of Student Formation & Campus Life. We are committed to the transformative education of our students and look forward to engaging with you in the teaching and learning process. Best wishes for a safe and successful semester!



Sincerely,  
Dr. Anitra McShea,  
Vice Provost, Student Formation & Campus Life

The Counseling Center has moved!  
O'Hara Hall  
6th floor.

Call **570.941.7620** to schedule an appointment.

The Counseling Center staff welcomes three doctoral psychology practicum students and one doctoral psychology intern for the academic year 2014-2015.

[scranton.edu/counseling](http://scranton.edu/counseling)



### PACT

(Promoting Awareness of the College Transition) begins in September.

First Year Students: Contact your RA or OCCSA for information on your session.

Students: Do you know where sexual assault resources are on and off campus?

For more information, visit

[scranton.edu/PACT](http://scranton.edu/PACT)

Save the Date:  
Love your Body Day is  
Wednesday, October 15.

[scranton.edu/jkwc](http://scranton.edu/jkwc)

### Know the Code!

[scranton.edu/handbook](http://scranton.edu/handbook)

The Office of Student Conduct encourages students to review their behavioral responsibilities as University students.



Please join the University community for the Mass of the Holy Spirit Thursday, September 4th at 11:30AM in the Byron Recreation Center. Picnic on the Dionne Campus Green following the Mass.

Students: Are you interested in a retreat or service opportunity?

Visit the Campus Ministries website for more details.

[scranton.edu/ministries](http://scranton.edu/ministries)

## IMPORTANT DIVISIONAL STAFF UPDATES

Aundre Wright - Police Officer, University Police

Jessica Adler Errington - Director, Off Campus & Commuter Student Affairs

Maria Marinucci - Assistant Director, Residence Education

Michael Ritterbeck, Assistant Director, Center for Student Engagement

Stephanie Adamec - Director, Center of Health Education & Wellness

WATCH BBOARD AND ITOWER FOR UPCOMING FLU VACCINE CLINIC DATES AND LOCATIONS.

Online Health is here! Log onto to my.Scranton and find the portal on the Student Tab. You can use Online Health to request copies of records and complete an updated health history form.

Attention Graduate students: Please review eligibility information on our website.

[scranton.edu/studenthealthservices](http://scranton.edu/studenthealthservices)

Get Active!

The Fitness Center was updated this summer with the replacement of 42 pieces of cardio equipment and the addition of a five station cross fit unit and an ab coaster machine. Stop in to check it out!

Personal training is available in the Fitness Center.

Contact Amy at 570.941.5502 for more information.

Intramurals will begin the second week of September. Log on to [IMLeagues.com](http://IMLeagues.com) to register.

[athletics.scranton.edu/Recreational\\_Sports](http://athletics.scranton.edu/Recreational_Sports)



Faculty and Staff members: Fall is a great time to get fit. Check out one of the free classes: Dancing, Gentle Yoga, Lite Weights and Abs, Royal Fit, and Walking @ the Byron and Tennis. Join *Weight Watchers at Work* for a \$80 fee.

[scranton.edu/employeewellness](http://scranton.edu/employeewellness)



Healthy Choices, Happy Lives: Interested in learning about stress management, alcohol alternatives, healthy eating or being fit? Check out CHEW's calendar of events designed to support you on your wellness journey!

[scranton.edu/chew](http://scranton.edu/chew)

Curriculum Infusion

Two faculty members are engaged in the alcohol prevention and education curriculum infusion initiative in four courses for fall 2014.

Thank you to:

Dr. Michael Sulzinski, Biology &

Dr. Michael Jenkins, Sociology/Criminal Justice

Grants are available for faculty members interested in integrating alcohol education into courses for the spring 2015 semester.

Contact CHEW for more details. 570.941.4253



The Multicultural Competence Certification program is available NOW. Contact OMA for details.

Get involved with the United Colors Organization! Join us for meetings- Thursdays @ 8:00pm!

Check out the fall calendar for exciting events.

[scranton.edu/oma](http://scranton.edu/oma)

RESIDENCE LIFE

House Calls - Monday, September 15. During the House Calls program, faculty and staff visit with first-year students in their residence halls to discuss the transition to the University and offer connections to campus resources.

ResFest - Friday, September 26 at 9:00 p.m. on the Dionne Green. This event, open to the entire campus community, is a welcome back carnival that includes games, craft activities, food, and music. ResFest will take place rain or shine.

Residence Life is looking to expand living learning programs during the coming years and is seeking additional ways to engage faculty and staff in the residence hall setting.

If you are interested in finding out more regarding these opportunities contact the office at 570.941.6226 or e-mail [res-life@scranton.edu](mailto:res-life@scranton.edu).

[scranton.edu/reslife](http://scranton.edu/reslife)

**Off Campus & Commuter Student Affairs has a new Director!**

Jess Adler Errington has been at the University for two years, but is new to OCCSA. Swing by DeNaples 205C to say hello!

Commuter students: Stop by OCCSA to reserve a locker soon. Availability is limited.

Off Campus Students: It's important for you to update your local address and cell number with the University! Log in to my.Scranton, click 'self-service,' then 'personal information,' then 'update addresses and phones.'

Get involved with CSA, OCAB or our Off Campus Ambassador program and keep a look out for upcoming events and programs!



[scranton.edu/occsa](http://scranton.edu/occsa)

**Career Services**

**Health Professionals Organization**

How to Excel in a Medical School Interview  
*September 24, 6:30-7:30, Brennan 228,*  
HPO members are encouraged to attend.

**KSOM Job Expo**

*October 2, 10:00-2:00, TDC Ballroom,*  
Students are encouraged to visit Career Services for resume and interview preparation.

**Law & Professional School Fair**

*October 21, 11:00-1:30, TDC Ballroom,*  
All students interested in graduate school are encouraged to attend.  
[scranton.edu/careers](http://scranton.edu/careers)



IMPACT is a new initiative for members of the Class of 2018 to gain a better understanding of who they are as leaders and identify ways they can further get involved on campus.

The Scranton Emerging Leaders program begins soon. SEL 1 is comprised of eight weekly sessions that cover such topics as: The Social Change Model of Leadership, Leadership Styles, Communication Skills, Interpersonal Skills, Assertiveness, Motivating Self and Others, Appreciating Differences, and many more!

Apply via Royal Sync.

[scranton.edu/cse](http://scranton.edu/cse)

**Important Safety Reminders from University Police**

***Safety is a shared responsibility.***

***Walk in groups.***

***Remain in well lit areas.***

***Dial: 570.941.7777 or 911.***

Be alert for and read all Emergency Notifications and Community Advisories.

Familiarize yourself with Emergency Preparedness by visiting the following website:

[scranton.edu/publicsafety](http://scranton.edu/publicsafety)

**New on campus this year!  
CarShare by Enterprise.**

Reserve a car by phone, desktop, or tablet - when you need it, by the hour, the day or overnight!

[enterprisecarshare.com](http://enterprisecarshare.com)

**University Review Board Opportunities**

University Review Board applications are now available for sophomore, junior, senior, and graduate students interested in serving this year. Stop by 201 DeNaples for details.

**Student Behavioral Concern Committee**

Are you worried about a student due to class attendance, signs of substance abuse, concerning statements, or similar behaviors? Please help through a referral to the SBCC! Find out more:

[scranton.edu/sbcc](http://scranton.edu/sbcc)  
[scranton.edu/studentconduct](http://scranton.edu/studentconduct)

**Dean of Students - Drop-In Hours**  
**Fridays, 1-3pm - 201 The DeNaples Center**  
**First-year students - Student Government election information is available on RoyalSync.**