In writing this, I have just returned from an hour long session of twelve male Scranton students simply talking about how their day, weeks, and lives are going as part of “Time-Out Tuesdays”. A great magnitude and multitude of things were shared but the biggest thing I got out of the session is the continuation of this community being the open and special place that is. I highly doubt that on other college campuses twelve men can simply let their guards down and discuss life. Scranton can because it is a place that fosters reflection.

Reflection and its importance is what I truly want to harp on in writing this piece. This summer, in preparing for a year of leading a whole student body I read “On Becoming a Leader” by Warren Bennis. I gathered a lot from the book but insights on reflection and mistakes stuck out the most. In the high pressure society we live our lives in we are demanded to avoid mistakes and failure. In reality, we all fail and make mistakes, and we always will - especially as young people seeking to figure out who we truly are. I am willing to bet that in three short weeks many of us have already made mistakes. Mistakes and failures are a part of life and there is no use in running away from them, in fact to run away after a mistake is the worst possible option. Rather than running away, reflect and, in doing so, you will truly learn. True leadership is not just learning from mistakes and failures. It is also the rewarding effect of reflection on all experiences.

I have been truly blessed to take part in the many opportunities offered to me at this university. I have been a member of the wrestling team, traveled to Ecuador on a service trip, led freshman in doing local service and have been elected to represent the student body. All these opportunities I have embraced certainly look great on a resume, but frankly, without proper reflection, there is a loss in the meaning. Retreats have assisted greatly in my reflection process and it’s no secret that some of our best leaders on campus are frequently involved in retreats. Retreats are not the only avenue of reflection, though.Going to mass, writing in a journal, discussing your day with your roommate, best friend or mentor under no judgment or scrutiny are all forms of reflection. Reflection is important in our lives as young people developing into ourselves. I challenge you all to take the time to reflect on your tribulations, triumphs and everything in between. For it is through such reflection that a sense of a truly authentic and open community will continue to spread on our campus, resulting in not just twelve young men sharing thoughts and feelings, but perhaps twelve hundred…and growing.

God bless and God bless the University of Scranton,

Adam Gault
Class of 2012
Today our prime educational objective must be to form men-and-women-for-others; men and women who will live not for themselves but for God and his Christ - for the God-man who lived and died for all the world; men and women who cannot even conceive of love of God which does not include love for the least of their neighbors; men and women completely convinced that love of God which does not issue in justice for others is a farce."

Pedro Arrupe, S.J.,
28th Superior General of the Society of Jesus,
Valencia, Spain, 1973

The Community Outreach Office provides information on Volunteer Opportunities for individuals, groups, clubs, and residence hall floors. Our office is located in The DeNaples Center, Room 205B, and our webpage is www.scranton.edu/volunteers. We are also on Facebook! Like Us!

Check out our new webpage at www.scranton.edu/volunteers for a complete list of current opportunities, agency information, upcoming events and more!

American Diabetes Association: Step Out Walk to Stop Diabetes. They need volunteers on Sunday, October 30th from 11:30am-4pm to help set up on the day of the event, decorate the haunted tents for the trick or treat trail. Contact Dawn Fernandez at dfernandez@diabetes.org or 888.342.2383 x4625

American Lung Association: Fight for Air Walk. Volunteers would do set up, refreshments, registration table, kids table with face painting and kiddy tattoos and juggling, take pictures, musicians, artists encouraged to interact with families, tear down of event. Saturday October 8 from 8am to 12pm at Nay Aug Park. Contact Donna Ray-Reifler at dreifler@lunginfo.org or call 570-823-2212

EFFORT: University of Scranton’s Excessive Food for Others Recovery Team. Help pick up (Mon, Thurs evenings, Fri mornings) food from local vendors and deliver (Tues, Fri mornings) to local food pantries and shelters. Your own car or able to drive our service van (over 19 and certified only). Contact Kathleen Lavelle at lavellek3@scranton.edu or stop by The Community

Junior Achievement: Taste of Success Gourmet Fundraiser, Thursday, October 6, 2011. Contact Barbara Vitcosky 570-602-3600

Pet Therapy: Join the Community Outreach Office for a day for the dogs on Wednesday September 28 (rain date Thursday) on the Dionne Green and Patio. Have participants sign waivers, set up the barriers, fill water bowls, assist dog handlers. 10 volunteers needed. 11am-1pm. Contact Ellen Judge to sign up at judgee2@scranton.edu

**Liturgical Ministries Training**

Training Sessions are held in *Madonna della Strada Chapel* at the dates & times listed below.

*Even if you are already trained, YOU ARE REQUIRED to attend these training sessions.*

**EXTRAORDINARY MINISTERS OF THE EUCHARIST**
- **Sunday, September 18, 2011**
  - 1:30 – 4:30 PM

**LECTOR TRAINING**
- **Sunday, September 25, 2011**
  - 1:30 – 4:30 PM

**MINISTERS OF HOSPITALITY**
The training for this ministry, therefore will be incorporated in the sessions listed above.

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**Spicing Up Sophomore Year**

**Scrantastic Salad**
- The Perfect combination of friends, food, fun, faith & great memories

**Iggy’s Royal Rib Eye**
- An Authentic relationship with God you can sink your teeth into

**Christian Cake**
- A Generous helping of the Body of Christ (a.k.a. Eucharist)

A brand new RETREAT created BY Sophomores FOR Sophomores that begins and ends on campus

Begins Sat. Oct 8th at 5:00PM and concludes @ 8:00PM on Sun. Oct. 9th

**Reservations Required:** Come to University Ministries 2nd Floor DeNaples before Sept. 30th

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**Connections: A Retreat for Freshman**

*Connections* is a retreat created for first year students to help with the transition to college life. It begins on Friday at 4:30 pm and ends on Saturday evening. Transportation to and from our retreat center at Chapman Lake will be provided. Cost is $10.

*Connections* will be offered on the following dates:

- October 7-8
- October 21-22
- October 28-29

*To register for Connections* come to the University Ministries Office located in the DeNaples Center, second floor at the beginning of the Fall Semester with $10 cash or on your Royal Card.

For more information contact Amy Hoegen in University Ministries at (570)941-5510 or hoegena2@scranton.edu.

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**CLC for Graduate Students**

Grad CLC is for graduate students seeking to be part of a small group of students desiring to share faith on a weekly basis.

To learn more about this new possibility, please attend one of our information sessions scheduled for:

- **Tuesday, September 27 at 11:30am in DeNaples 214 (located in the Forum)**
- **Wednesday, September 28 at 7:30pm in University Ministries (2nd floor of DeNaples)**
- **Friday, September 30 at 1:00pm in DeNaples 214 (located in the Forum)**
Weekly Collection

This week’s collection will be given to Cancertacular, a local non-profit organization committed to local children with cancer.

Last week’s collection of $81 was given to "Families of September 11".

Sunday Mass Presiders

Sunday, September 18
11:00 AM Fr. Bellafiore, SJ
7:00 PM: Fr. Sweeney, SJ
9:30 PM: Fr. Sable, SJ

Sunday, September 25
11:00 AM Fr. Sweeney, SJ
7:00 PM: Fr. Roach, SJ
9:30 PM: Fr. Cadigan, SJ

Time – Out!
An Experience for Men
Sept. 30th – Oct. 1st
(Family weekend)
- Chapman Lake Retreat Center
- Lackawanna State Park

Time-out! for...
- Sports
- Hiking
- Good Food
- God

“Check-in” at University Ministries
Space is limited

UNIVERSITY MINISTRIES, DeNaples Student Center 200
570-941-7419
www.scranton.edu/ministry

Fr. Rick Malloy, S.J., Ph.D.
Vice President for University Ministries
941-7419
malloyr2@scranton.edu

Patricia Vaccaro, M.S.
Director of Community Outreach
941-7429
vaccarop1@scranton.edu

Jayne Lucas, B.Mus., M.A., A.B.D.
Director of Liturgy & Music
941-6152
lucasm4@scranton.edu

Elise Gower, B.A.
International Service Programs
941-4138
gowere2@scranton.edu

Amy Hoegen, M.A.
University Minister
941-5510
hoegena2@scranton.edu

Lori Moran, M.S.
Community Outreach
941-7429
moranl7@scranton.edu

Sr. Carol Tropiano, R.S.M., M.A.
University Minister
941-7713
tropianoc2@scranton.edu

Fr. Leo Manglaviti, S.J., Ph.D.
Director of Ignatian Spiritual Formation
941-4258
manglavitil2@scranton.edu

Brian Pelcin, M.Ed.
University Minister
941-5458
pelcimb2@scranton.edu

Paulette Burton, Secretary/Receptionist, University Ministries: 941-7419
Joanne Gambacorta, Secretary, Vice President for University Ministries: 941-7419
Ellen Judge, Secretary, Office of Community Outreach: 941-7429; Mollie Vita Graduate Assistant, University Ministries

This week's collection will be given to Cancertacular, a local non-profit organization committed to local children with cancer.