You Can Change the World

A teenage woman lost her father to suicide in April 2010. This year, that same woman organized “P.S. I Love You” day through a remarkable YouTube video made by herself where she explains her story, and how she would like to turn this negative event into a positive one. In the video, she designates February 10, 2012 to be “P.S. I Love You” day in which everyone is encouraged to wear the color purple to show support for those suffering from depression. Thanks to the Students for Suicide Prevention club, her message was echoed throughout campus in the coming days of “P.S. I Love You” and on February 10, hundreds of University students wore purple in support of those suffering from depression.

With depression being such a lonely disease, I can only imagine how powerful the impact felt by someone who has been suffering from depression to see fellow classmates wearing purple in support of there suffering. And to think that this day came about from somebody who lost there father to suicide is truly remarkable.

It is amazing how terrible experiences can be turned into a wonderful one with the right attitude and positive outlook on life. It’s even crazier to think that we all possess the power to change the world—because we do.

Changing the world on a global scale may seem like a daunting task to say the least. But thinking on a smaller scale we can have just as powerful of an impact. Think about it this way: if you are able to change somebody’s life for the better, you are in turn making the world a better place.

So, whether its making a viral YouTube video that spreads across the country brightening the lives of those suffering from depression, or something as simple as giving someone a sincere compliment to brighten there day. No matter how large or small, you can make a difference in someone’s life. And that’s pretty awesome.

Oliver Strickland
Class of 2013
“Today our prime educational objective must be to form men-and-women-for-others; men and women who will live not for themselves but for God and his Christ - for the God-man who lived and died for all the world; men and women who cannot even conceive of love of God which does not include love for the least of their neighbors; men and women completely convinced that love of God which does not issue in justice for others is a farce.”

Pedro Arrupe, S.J., 28th Superior General of the Society of Jesus, Valencia, Spain, 1973

The Community Outreach Office provides information on Volunteer Opportunities for individuals, groups, clubs, and residence hall floors. Our office is located in The DeNaples Center, Room 205B, and our webpage is www.scranton.edu/volunteers. We are also on Facebook! Like Us!

Fat Tuesday Chocolate Fountain! Gorge Today! Give Tomorrow! Join The Community Outreach on Tuesday February 21 from 11am-1pm on the 2nd floor of DeNaples. Have some treats and ask us what YOU can do to help others during this Lenten season.

Boy Scouts of America - college student leaders needed for troops around Scranton. Training and Clearances provided. After school hours. Contact Dana Healey at 570-207-1227 or danalynn78@aol.com

Cinderella's Closet - help with fashion show, organizing prom dresses, etc. Scranton Cultural Center, N Washington Ave or Steamtown Mall(easy walk or take the free COLTS college route bus). March 17 12-4pm; March 31 12-7pm; April 5 6-8pm; April 9 &10 10am-12pm; April 11 8-10pm. Contact the Junior League of Scranton at juniorleagueofscranton@gmail.com or call 570-961-8128

Discovery Hill Afterschool Program: Homework Help and Creative Activities for grade school kids. Hill Section location. Mondays and Thursdays beginning March 1st 2:30-3:30 (homework), 3:30-5:30 activities. Contact Melinda at mkrokus@bu.edu

Friends of the Poor - Groups/clubs/departments/residence halls/classes...run a canned food drive, soup collection, cereal drive, food drive between March 1st and April 30th for the Giveaway to Fight Hunger. Contact Sister Ann Walsh, IHM, at friendsofthepoor@frontiernet.net. Clubs should be mindful of the club guidelines on donations found athttp://matrix.scranton.edu/studentlife/ministries/community-outreach/clubs.shtml

Girl Scouts Jr. Mall Overnite at the Steamtown Mall - February 18-19 (Saturday 8:30pm to Sunday 6:30am). Female volunteers needed to run stations, fun activities, games, crafts, etc. Get 10 service hours in one shot! 40 volunteers needed. Contact Kristen at kbattle@gshpa.org or call 570-266-0115. Transportation available on COLTS bus route (free with college id)

Muscular Dystrophy Association - ON CAMPUS volunteer opportunity to help at the MDA Muscle Walk. Byron Center 9-2 on Sunday February 26. Help with registration, check in, setup/cleanup, a little accounting. Contact Joanne Liples at 399.office@mdausa.org or call 570-234-2450.
**Busy Student Retreat**

**BEACH RETREAT**
March 9-13

SPACE IS LIMITED

$25 Register in University Ministries
Sponsored by University Ministries

**The Examen**

Are you looking for some quiet time to spend with God?

Come spend 20 minutes in a reflective form of Ignatian Prayer....

Join us on:

**Thursday, February 23 at 9:45 PM in Sacred Heart Chapel**

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**BUSY STUDENT RETREAT CHALLENGE**

1. Pray Each Day for 5 days

   Sign up in University Ministries
   2nd floor DeNaples

2. Meet with Spiritual Director

   E-Mail Amy at hoegna2@scranton.edu for more info

3. Find peace and purpose in your life

**Want to be part of something bigger than just being a Sophomore Next Year?**

Come find out how you can be a leader at the **Spicing Up Sophomore Year Retreat**

At an information session

This is a peer-led retreat. Only current freshmen can apply to be leaders for Fall 2012 when they are Sophomores.

**Tuesday, February 21st, 9:00 PM in DeNaples 406**

**Wednesday, February 22nd, 9:00 PM in DeNaples 405**

Stop in University Ministries (2nd Floor DeNaples) or Email Amy at hoegna2@scranton.edu

**For More Information**
### Weekly Collection

This week’s collection will go towards Homeboy Industries - assists at-risk and formerly gang involved youth to become positive and contributing members of society through job placement, training and education in Los Angeles.

Last week’s collection for Safety Net was $313

### Sunday Mass Presiders

**Sunday, February 19**
- 11:00 AM: Fr. Mohr, SJ
- 7:00 PM: Fr. Cadigan, SJ
- 9:30 PM: Fr. McKinney, SJ

**Sunday, February 26**
- 11:00 AM: Fr. McKinney, SJ
- 7:00 PM: Fr. Sweeney, SJ
- 9:30 PM: Fr. Malloy, SJ

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### Lookin’ for the Signs

**A Pilgrimage to the Baseball Hall of Fame**
**Cooperstown, NY**

**Saturday, March 31st**

8:30 a.m. – 10:30 p.m.

*All students, faculty, staff, spouses and children (10-17 yrs.)*

**Welcome!**

**Adults:** $35  
**University Students:** $25  
**Children:** $20

(includes bus transportation, lunch, admission)

*Day ends with mass with Fr. Rick Malloy, S.J.*

*Register Today in University Ministries, DeNaples 200*

*Space is very limited!*

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### UNIVERSITY MINISTRIES, DeNaples Student Center 200

570-941-7419  
www.scranton.edu/ministry

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Paulette Burton, Secretary/Receptionist, University Ministries: 941-7419  
Joanne Gambacorta, Secretary, Vice President for University Ministries: 941-7419  
Ellen Judge, Secretary, Office of Community Outreach: 941-7429; Mollie Vita, G.A. University Ministries; Danielle Frascella, G.A. Community Outreach Office