

Year

1. Identify the PLO your program assessed this academic year

4. Students will demonstrate evidence of personal growth and professionalism the field of exercise and health science

2. Identify the artifact(s) (i.e. student work) that you used to assess the PLO.

[Papers, presentations, portfolios, test items, specific assignments, capstone

Rubrics--

3. Identify the tools (e.g. rubrics, surveys, performance on standardized test questions) used to assess the artifact(s) (i.e. student work

Rubrics-

4. Explain the results of the assessment activities

Benchmark: >80% of students will score ≥ 6 on the capstone reflection
Result: 70%; This number is improved since last year. Some of this can be due to the fact that we have added new projects for both sophomores and seniors this year. Some of the improvements observed here can be attributed to the SL opportunity at the Jewish Community Center and the Boys and Girls club, both of which were added this year for seniors.
Benchmark: >80% of students will indicate that they have experienced personal growth and gained professional skills for the field of exercise science.
Result: 89%

5. Where applicable, outline the steps you will take to make improvements to the program based on the results of assessment activities identified in #3.

Changes to the rubric and instructions for the capstone assignment may assist with this assessment. Improve SL projects and opportunities for our students.

6. Are there any new resources needed to make program improvements? If so, please include the resources and provide justification for each in the Budget section of the Annual Report.

Year

1. Identify the PLO your program assessed this academic year

2. Students will demonstrate critical thinking and problem solving competencies in an exercise science and health setting

2. Identify the artifact(s) (i.e. student work) that you used to assess the PLO.

[Papers, presentations, portfolios, test items, specific assignments, capstone

Rubrics-Survey-

3. Identify the tools (e.g. rubrics, surveys, performance on standardized test questions) used to assess the artifact(s) (i.e. student work

Rubrics-Survey

4. Explain the results of the assessment activities

Benchmark: >80% of students will earn a grade of >85% on non-writing component (ex. Research design, etc.)Result: 98%

5. Where applicable, outline the steps you will take to make improvements to the program based on the results of assessment activities identified in #3.

6. Are there any new resources needed to make program improvements? If so, please include the resources and provide justification for each in the Budget section of the Annual Report.

Year

1. Identify the PLO your program assessed this academic year

3a. Human skeletal anatomy and function

2. Identify the artifact(s) (i.e. student work) that you used to assess the PLO.

[Papers, presentations, portfolios, test items, specific assignments, capstone

Rubrics-Survey-Practical exam

3. Identify the tools (e.g. rubrics, surveys, performance on standardized test questions) used to assess the artifact(s) (i.e. student work

Rubrics-Survey

4. Explain the results of the assessment activities

Benchmark: >80% of students will indicate that they have gained a proficient understanding of functional anatomy ("Agree" or "Strongly Agree")Result: 71%Benchmark: >80% of students will earn a grade >85% on the EXSC 229 practical examResult: 75%

5. Where applicable, outline the steps you will take to make improvements to the program based on the results of assessment activities identified in #3.

Both indirect and direct evidence suggest improvements in students' understanding of anatomy is warranted. We will integrate practical exams in all section of EXSC 229 and EXSC 240.

6. Are there any new resources needed to make program improvements? If so, please include the resources and provide justification for each in the Budget section of the Annual Report.

Year

1. Identify the PLO your program assessed this academic year

3b. Physiological basis of human movement and its impact on health, injury, and exercise performance

2. Identify the artifact(s) (i.e. student work) that you used to assess the PLO.

[Papers, presentations, portfolios, test items, specific assignments, capstone

Rubrics-Survey-

3. Identify the tools (e.g. rubrics, surveys, performance on standardized test questions) used to assess the artifact(s) (i.e. student work

Rubrics-Survey

4. Explain the results of the assessment activities

Benchmark: >80% of students will indicate that they can explain the physiological basis of human movement and its impact on health, injury, and exercise performance ("Agree" or "Strongly Agree")Result: 80%Benchmark: >90% will earn a grade >85% on EXSC 440 case studiesResult: 92%

5. Where applicable, outline the steps you will take to make improvements to the program based on the results of assessment activities identified in #3.

6. Are there any new resources needed to make program improvements? If so, please include the resources and provide justification for each in the Budget section of the Annual Report.

Year

1. Identify the PLO your program assessed this academic year

3c. Assessment of health status/physical fitness and the design, implementation and evaluation of exercise programs for both healthy and clinical populations.

2. Identify the artifact(s) (i.e. student work) that you used to assess the PLO.

[Papers, presentations, portfolios, test items, specific assignments, capstone

Rubrics-Survey-

3. Identify the tools (e.g. rubrics, surveys, performance on standardized test questions) used to assess the artifact(s) (i.e. student work

Rubrics-Survey

4. Explain the results of the assessment activities

Benchmark: >80% of students will indicate that they can complete an assessment of one's health status/physical fitness. ("Agree" or "Strongly Agree")Result: 80%Benchmark: >80% of students will indicate that they can design, implement, and evaluate exercise programs for both healthy and clinical populations.Benchmark: 100% of students will earn a grade of >90% on EXSC 442 Case StudiesResult: 100%

5.Where applicable, outline the steps you will take to make improvements to the program based on the results of assessment activities identified in #3.

Direct evidence suggests students have met this PLO, however, indirect evidence continues to suggest the need for improvements in the area of assessment and program design. EXSC 360 has been added as a required course for students entering in 16-17 to as

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Year

1. Identify the PLO your program assessed this academic year

3d. Principles of nutrition and the role of diet in health and exercise performance

2. Identify the artifact(s) (i.e. student work) that you used to assess the PLO.

[Papers, presentations, portfolios, test items, specific assignments, capstone

Rubrics-Survey-

3. Identify the tools (e.g. rubrics, surveys, performance on standardized test questions) used to assess the artifact(s) (i.e. student work

Rubrics-Survey

4. Explain the results of the assessment activities

Benchmark: >80% of students will indicate that they can explain the role of diet and exercise on human performance (“Agree” or “Strongly Agree”)Result: 91%Benchmark: >80% will earn a grade >90% on the dietary self-assessment in NUTR 110Result: 89.4%

5. Where applicable, outline the steps you will take to make improvements to the program based on the results of assessment activities identified in #3.

6. Are there any new resources needed to make program improvements? If so, please include the resources and provide justification for each in the Budget section of the Annual Report.

Year

1. Identify the PLO your program assessed this academic year

1. Students will apply written and oral communication skills in an exercise and health science setting.

2. Identify the artifact(s) (i.e. student work) that you used to assess the PLO.

[Papers, presentations, portfolios, test items, specific assignments, capstone

Rubrics-Surveys-Assignments

3. Identify the tools (e.g. rubrics, surveys, performance on standardized test questions) used to assess the artifact(s) (i.e. student work

Rubrics-Surveys

4. Explain the results of the assessment activities

Benchmark: >80% of students will indicate that they have developed skills in writing and oral communication ("Agree" or "Strongly Agree")Result: 80%Benchmark: >80% of students will indicate that the program challenged them to think critically and utilize problem solving skills ("Agree" or "Strongly Agree")Result: 91%Benchmark: >80% will earn a grade >85% on written (grammar) section of the EXSC 448 proposalResult: 91 %

5. Where applicable, outline the steps you will take to make improvements to the program based on the results of assessment activities identified in #3.

This is the first year we have had EXSC 448 as a writing intensive course. Although the students' perceptions indicate that they developed skills in oral and written communication, the benchmark was met at the minimum 80%, therefore, the integration of o

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