

Susan Boafo – Arthur, Ph.D., NCC

University of Scranton

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Education

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| • PhD, Counselor Education | Dec 2014 |
| Major: Clinical Mental Health | |
| Minor: Human Sciences | |
| <i>Mississippi State University, Starkville, MS.</i> | |
| • Ms. Clinical Mental Health Counseling | May, 2013 |
| <i>Mississippi State University, Starkville, MS</i> | |
| • M.Phil, Human Development | June 2009 |
| <i>Norwegian University of Science and Technology (NTNU)</i> | |
| <i>Trondheim, Norway.</i> | |
| • BA, Psychology | May 2006 |
| Minor: Political Science | |
| <i>University of Ghana</i> | |
| <i>Legon, Ghana.</i> | |

Professional Teaching Experience

Assistant Professor

Department of Counseling and Human Services, University of Scranton,

August 2015–present.

- *Population*
 - Undergraduate students at The University of Scranton
- *Responsibilities*
 - Teaching undergraduate level courses in counseling and human services
- *Courses taught*
 - Fall 2015
 - CHS 241 Case Management and Interviewing
 - CHS 242 Counseling Theories
 - CHS 341 Multicultural Counseling

Graduate teaching Experience

- Guest Lecturer: SLCE 1001:True Maroon: Student Counseling Services, Fall 2014
- Guest Lecturer: COE 8063: Research Techniques for Counselors, Fall 2013
- Guest Lecturer: AAS 4783: African Civilization-Late Period in Egyptian History, Fall 2012
- Guest Lecturer: COE 8633: Psychosocial Rehabilitation (DSM), Spring, 2013
- Guest Lecturer: COE 8073: Cultural Foundations of Counseling, Spring 2011
- Guest Lecturer: COE 8303: Family Counseling Theory, Fall 2010
- Guest Lecturer: COE 8730: Principles of Clinical Mental Health Counseling, Fall 2010
- Graduate Teaching Assistant: Honors Introduction to Psychology, Fall 2009.
- Graduate Teaching Assistant: Honors Introduction to Child Development, Fall 2009
- Graduate Teaching Assistant: Undergraduate Psychology Student's Research Lab, Spring Semester, 2010.

Publications

Peer Reviewed Articles

- **Bofo-Arthur, S. (2015).** Self-stigma, social stigma, and international student's attitudes towards counseling (Under Revision).
- **Bofo-Arthur, S.,** Hasan, F., Haines-Stiles, L., Justice, C., & Bofo-Arthur, A. (2014). Group counseling as a means of addressing international students' adjustment concerns (Submitted: *Journal of International Students*).
- **Bofo-Arthur, S. (2014).** Acculturative experiences of Black African international students. *International Journal of Advanced Counselling*, 36, 115-124.

Book Chapters

- **Bofo-Arthur, S., & Bofo-Arthur, A. (2015).** Help Seeking Behaviors of International Students: Stigma, Acculturation, and Attitudes Towards Counseling. In K. Bista & C. Foster (Eds.), *Handbook of Research on International Student Mobility, Services, and Policy in Higher Education* (Accepted). Hershey, PA: IGI Global Publishers.
- **Bofo-Arthur, S. (2015).** Academic misconduct among international students: A review. In D. Velliaris (Ed.), *Handbook of Research on Academic Misconduct in Higher Education* (In preparation). Hershey, PA: IGI Global Publishers.

Presentations

- **Bofo-Arthur, S.,** Harris, Y., & Benjamin, P. (2014). The wellness zone: Ongoing trauma transformation. Presented at the 2014 Annual Conference of the Mississippi Counseling Association, Jackson, Mississippi.
- **Bofo-Arthur, S. & Hasan, F. (2013).** Home away from home: Surviving and thriving in a new environment. Research presentation at the 7th International Conference in Social Work and Mental Health, Los Angeles, CA
- **Bofo-Arthur, S. (2012).** Diversity and multicultural awareness: Interactive oral presentation at Community Counseling Services, Starkville, MS.

- **Boaf-Arthur, S.** (November, 2010). The multicultural therapist and interracial couples. Poster Presented at the 2010 Annual Conference of the Mississippi Counseling Association in Jackson, MS.
- **Boaf-Arthur, S. & Frantes, K.** (November, 2010). Counseling interracial Couples. Family Counseling In-Class Poster Presentation, Mississippi State University.
- **Boaf-Arthur, S.** (March, 2010). Experiences of parenting: Perspectives shared by parents and children in Ghana. Research presentation at the University of Alabama Graduate Student Research Conference.
- **Boaf-Arthur, S.** (April 2009). Parenting Styles: The role of Acculturation. Family Interactions Research Presentation, University of Alabama.

Conferences

- Mississippi State University Diversity Conference, November 13-14, 2014. Starkville, Mississippi State University.
- Mississippi Counseling Association Regional Conference, November 4-7, 2014. Jackson Convention Center.
- Mississippi State University Men of Color Conference, August 28th - 29th, 2014. Starkville, Mississippi State University.
- 7th International Conference in Social Work and Mental Health, June 23-27, 2013, University of Southern California, Los Angeles-California.
- Conference on serious mental illness in the emerging adult: Challenges and solutions, held at Mississippi State University, Starkville-MS, April 2013.
- Mississippi Counseling Association Annual Conference, Jackson-Mississippi, November 2010.
- University of Alabama Graduate Student's Association Research Conference, Tuscaloosa-Alabama, March 2010.
- Society for Research in Adolescence Biennial Conference, Philadelphia - Pennsylvania, March 2010.
- Annual Social and Community Psychology Conference, Trondheim-Norway, November 2008.

Grants and Proposals

- International Education Week, Create Foundation, October 2014 (Submitted proposal).
- International Education Week, SOAR Foundation, October 2014, (Submitted proposal).

Clinical Experience

Staff Counselor

Student Counseling Services, Mississippi State University

July 2014- June 2015

- *Population:*
 - Culturally and ethnically diverse traditional age, non-traditional age, and graduate students.

- *Responsibilities:*
 - Conduct individual intake assessments
 - Provide therapy for student clients at the university
 - Complete session notes
 - Screen for appropriateness of group candidates
 - Facilitate groups
 - Attend weekly staffing and peer consultations
 - Participate in individual and group supervision
 - Case consultation
 - Diagnostic consultation
 - Provide outreach services on-campus and off-campus.

Graduate Assistant

Mississippi State University

August 2010 – May 2014

- *Responsibilities:*
 - Assisting with CACREP accreditation process which included but was not limited to:
 - Working on CACREP self-study
 - Reviewed current standards.
 - Assessed compliance and assisted in developing proof of compliance with current standards.
 - Assisted with the development of departmental, administrative, and program goals.
 - Administered and analyzed data obtained from annual survey of alumni, employee, and site supervisors.
 - Assisted with the development of reports for various CACREP standards
 - Attended accreditation meetings with faculty and took minutes
 - Assisting with CACREP site visit
 - Prepared and mailed out self-study DVD's for as part of the pre- site visit process
 - Prepared self-study binders for site visit team and faculty
 - Working on post site visit review and recommendations
 - Assisted with, created, and mailed out DVD responses to initial post-site visit questions or comments
 - Assisted with, created, and mailed out DVD responses to second post-site visit questions or comments.

Graduate Assistant/ Mental Health Clinical Intern

Box Building, Mississippi State University

August 2013-November 2013

- *Population:*
Culturally and ethnically diverse traditional age, non-traditional age, and graduate students.
- *Responsibilities*
 - Managed the counseling lab
 - Conducted intake sessions
 - Provided individual counseling services
 - Provided referral services to clients as needed
 - Provided supervision to master level practicum and counseling skills students.
 - Participated in weekly staffing
 - Maintained case files
 - Performed other administrative duties
 - Group counseling-International student support group

Graduate Assistant/ Mental Health Clinical Intern

Student Counseling Center, Mississippi State University

September 2012-August 2013

- *Population:*
Culturally and ethnically diverse traditional age, non-traditional age, and graduate students.
- *Responsibilities:*
 - Conducted assessments
 - Conducted intake sessions
 - Handled triage and Crisis sessions
 - Provided individual counseling services
 - Group counseling: Against all odds
 - Provided campus and community referral services to clients as needed
 - Developed and implemented treatment plans
 - Maintained current case files and notes
 - Participated in weekly staffing
 - Participated in outreach events and activities

Mental Health Clinical Intern

Box Building, Mississippi State University

January 2012- December 2012

- *Population:*

Culturally and ethnically diverse traditional age, non-traditional age, and graduate students.

- *Responsibilities:*
 - Provided individual counseling services
 - Provided referral services to clients as needed
 - Participated in weekly supervision
 - Maintained current case files and notes
 - Developed and maintained treatment plans

Mental Health Clinical Intern

Community Counseling Services, Starkville

January 2012-April 2012

- *Population:*
 - Elementary school children, middle school children, and senior citizens.
- *Responsibilities:*
 - *Older adults*
 - Worked with clients in the older adult's Day Treatment Program.
 - Led group sessions and activities
 - Facilitated and led various psycho-educational activities and discussions
 - *Children*
 - Worked with elementary school children with behavioral problems in the children's Day Treatment Program.
 - Led group sessions and activities
 - Facilitated and led various psycho-educational activities and discussions with a focus on encouraging positive social relations with self and others.
 - Assisted with the administration of above mentioned programs.

Student Assistant

Norwegian University of Science and Technology

August 2008-May 2009

- *Responsibilities:*
 - Held key responsibility for organizing tutorials and teaching Spanish students in the Human Development (HD) program at NTNU.
 - Handled administrative functions for first year students in the Human Development master program by assisting in class and seminar scheduling as well as operating office hours.

Research

Principal Investigator: International Student support Group

Mississippi State University

Spring semester 2013

- **Responsibilities**
 - Developed protocol for group therapy experience study
 - Co-designed question format for qualitative study of the international student group experience
 - Applied for Institutional research board (IRB) research study approval and prepared modifications

Research Assistant, University of Alabama

August 2009-July 2010

- **Responsibilities:**
 - Research assistant in *friendship lab*
 - Scheduled and assigned participants to study projects
 - Assisted in, and revised study protocol for compliance with Institutional research board (IRB) procedures.
 - Assisted in grant writing activities.

Student Assistant

Norwegian University of Science and Technology

August 2008-May 2009

- **Responsibilities:**
 - Held key responsibility for organizing tutorials and teaching Spanish students in the Human Development (HD) program at NTNU.
 - Handled administrative functions for first year students in the Human Development master program by assisting in class and seminar scheduling as well as operating office hours.

Student Researcher, Norwegian University of Science and Technology

June 2009- August 2009

- **Responsibilities:**
 - Principal investigator: Study on experiences of parenting.
 - Field research assistant: Study on experiences of parenting.

University Outreach/Service Activities

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- Outreach: Clothesline Project, Mississippi State University, September 18th. Theme: Sexual Assault Advocacy.
 - Outreach: International Friendship House, Mississippi State University, September 17th, 2014. Topic: Transition Experiences of Spouses.

- Outreach: International Student Orientation, Mississippi State University, August 16, 2014. Topic: Being balanced and not overwhelmed.
- Outreach: Resident Assistant Training, Mississippi State University, August 4, 2014. Topic: Behind Closed Doors.
- Outreach: International Graduate Teaching Assistant Orientation, Mississippi State University, August 4, 2014. Topic: Culture Shock.

Professional Affiliations

- National Association of Human Services, *2015- Present*.
- Pennsylvania Counseling Association, *2015- Present*.
- Member, Southern Association of Counselor Educators and Supervisors, *2012-2015*.
- Member, Mississippi Counseling Association, *August 2010 - 2015*.
- Member, The Honor Society of Phi Kappa Phi, *October 2011-2014*.
- Member, American Counseling Association, *August 2010 - 2011*.
- Student Member, Society for Research in Adolescence, *August 2009 - 2011*.

Professional Development and Trainings

- Green Zone Initiative Training, September 24th, 2014.
- Safe Zone Training, September 9th, 2014.
- Using DSM-5: Changes for clinical practice. Training provided by Jared Keeley, Mississippi State University, August 11th, 2014.
- Sexual Education Response in Emerging Situations: Part 2. Training provided by Amanda Walsh in conjunction with Mississippi Coalition against sexual assault, August 1st, 2014
- Introduction to Motivational Interviewing. Training provided by Joan Leary in conjunction with Community Counseling Services, June 20th, 2013
- Prolonged Exposure Therapy for Posttraumatic Stress Disorder, June 2-3, 2014
- Trained in: Care of victims of sexual assault March 15, 2013 at the longest student Health Center, Mississippi State University. Training provided by the Mississippi Coalition against Sexual Assault Emergency Department.

Certifications

- National Certified Counselor, July 2013-May 2019
- Heartsaver[®] CPR, American Heart Association, Jan 2012 - Jan 2014
- Nonviolent Crisis Intervention Training Program, Jan 2012 - Jan 2013

Other Activities

- Chapter Reviewer: International Student Mobility, Services and Policy in Higher Education, 2015
- Group leader: International student support group, Fall 2013
- Manuscript Reviewer: International Journal of Scientific Research in Knowledge, September 2013
- Group leader: Process groups for the master level introduction to group counseling class, Summer 2013
- Group leader: International student support group, Spring 2013
- Volunteer: Clothes line project, Fall 2011
- Group leader: Process groups for the master level introduction to group counseling class, Summer 2012

References

Available upon request.