

UNIVERSITY OF  
SCRANTON

INSIDE  
THIS  
ISSUE:

Clinical Mental  
Health Counseling 2

Rehab  
Counseling 3

School  
Counseling 4

CHS 5

CTC 6

Professional  
Achievements 7

New Faculty 8

New Students in  
CHS 9

Fun Facts 11

Center for  
Rehab. Ed. 11

Volunteer Op-  
portunities 12

Counseling  
Organizations 12

New Holiday  
Recipes 13

Honor Societies 14

# Counseling and Human Services

## Departmental Newsletter

VOLUME 5, ISSUE 1

FALL 2013

### Special Edition: WHAT'S NEW!

Welcome to the Fall 2013 issue of the Counseling and Human Services Department newsletter!

"All that you touch, you change. All that you change, changes you. The only lasting truth is change." --- Octavia Butler

The theme for this issue of our newsletter is "new" and "change". Throughout our department, there are "new" and "changed" events happening: three new faculty members, seven new graduate assistants, a new Director of Field Placement for Counseling and Education, new Clinical Mental Health Counseling Program, working with our new video capture system (PANOPTO), preparation for new CACREP site visit, working with new School Counseling Special Education/English Language Learner standards, Dr. Datti preparing for his "new" role as he applies for tenure and promotion, and the list goes on.

As they all are, it seems appropriate to share that this has been a "busy" semester for all in our department. We have three new faculty members that have all been very busy with their new teaching responsibilities. Dr. Julie Cerrito is teaching Practicum and Career Develop-

ment in Schools for school counseling graduate students, as well as Social and Cultural Issues for all graduate students. Dr. Lori Magnuson is teaching



**Dr. LeeAnn Eschbach**

Counseling Theories, Case Management and Interviewing and Internship for counseling and human services majors. Dr. Ben Willis is teaching Counseling Skills and Research Methods for graduate counseling students as well as practicum for Clinical Mental Health Counseling students. In addition, our new faculty members have been representing us by already presenting at and attending professional conferences.

We have articles throughout this newsletter about all our new ventures and changes in our department. As I reflect on all that has been going on, I am appreciative and proud of all the changes in our department as we work through supporting

new faculty, staff, programs, and equipment, and we consistently followed various change processes. We recognized the need for new initiatives and change with clear and detailed plans and goals. We shared the need for change with colleagues and developed realistic time frames and goals. We solicited stakeholder support from our colleagues and committees, and all in our department understood the need for change. We communicated the importance of department changes for both our professional and personal careers, and looked at the effect of results.

We successfully conquered the "knowledge-doing gap" and/or the "implementation gap" that happen in so many work groups. We worked together and supported each other; we implemented our new programs and are supporting new faculty and staff. As this busy semester comes to a close, I hope we can all pause and reflect on the positive changes and turns of our department and our four programs. Pause to celebrate and recharge before we dive into spring semester. Thank you, colleagues, for your continued hard work.

## Clinical Mental Health Counseling



Dr. Amy Banner

The Fall 2013 semester has been full of new and exciting changes according to Dr. Banner. She is especially excited that this is the first semester of the new Clinical Mental Health Counseling (CMHC) program. The transition from our previous Community Counseling program allows the program to remain current with the standards of the counseling profession as well as with those of its accrediting body, CACREP. So far, students seem to be pleased with the new program as evidenced by their enjoyment of its first new course, Evidence Based Practice, taught by

Dr. Morgan.

Dr. Banner is also excited about her new colleague Dr. Willis, with whom she enjoys collaborating. In fact, the two are currently designing a study that will investigate the public's perception of counselors in the Scranton area. Students seem to be happy to have Dr. Willis in the department, as well, given the positive feedback he's received from students in his Research Methods, Counseling and Interview Skills, and Practicum courses.

In terms of her own work, Dr. Banner is happy to be working on a follow-up

study from her dissertation, in which she is investigating spirituality, alexithymia, and mindfulness among breast cancer patients in the Scranton area. She's also had the opportunity to involve herself in service that is near and dear to her heart – advocating for the profession of counseling. She recently joined the Pennsylvania Counseling Association's Advocacy Committee, which tracks and reviews legislative bills in order to advocate for Licensed Professional Counselors in PA. Finally, Dr. Banner is excited about her new furry friend, Esther Mae, a beagle that she and her partner rescued this summer.

## David Hovey

DAVID  
HOVEY



David Hovey, a second year Clinical Mental Health Counseling (CMHC) graduate student who serves as the graduate assistant for Campus Ministry, recently co-directed, *Same Love, Same God*, an LGBTQA retreat open to all students. The October 25-27<sup>th</sup> weekend retreat at Chapman Lake focused on creating a safe space for students to think about their spirituality in relation

to their sexual identity. Encouraging students to reflect on who they are, how they fit in the world, and how to incorporate their spirituality into that was both important for David as a student as well as a future counselor.

As a counseling student, David sees value in the opportunity to advocate for students who identify as LGBTQA on the University's campus. Advocacy takes on a new identity,

spreading love to our University students instead of lobbying on Capitol Hill. This love inspired many of our University students who took advantage of this new retreat. Looking to the future, David hopes the University will continue to grow in its advocacy and support and be just as enthused for a *Same Love, Same God* retreat in the 2014 school year.

# Rehabilitation Counseling



Dr. Lori Bruch

Dr. Bruch and Dr. Dalgin are thrilled with the exciting opportunities happening in the accreditation

process for rehabilitation counselor education programs. In Summer of 2013, a historic agreement was signed where by CORE became a corporate affiliate of CACREP. The faculty will be working to ensure that our RC program becomes accredited through this new process. On October 2, *Handicap This!*, presented by Mike Berkson and Tim Wambach was held as a part of the disABILITY Conference. Dr.

Bruch reminds students of the important tradition of professional development. Current students are encouraged to attend the Pennsylvania Rehabilitation Association (PRA) conference on Employment: Pathway to Earning, Learning and Living which will be held on April 3 in Harrisburg, PA.

## Emily Holmes



Emily Holmes

Preparing for internship semester is both exciting and overwhelming. As a Rehabilitation Counseling student, I became aware of many different populations and types of agencies that I would love to work with during internship. Two years ago I had a special opportunity to do some volunteer work with a nonprofit organization that provided support and resources to youths experiencing homelessness in Portland, Oregon. Those volunteer experiences stuck with me as I was researching potential internship sites. Through internet searches and some great advice from a friend pursuing her Master's in Social Work, I found a really interesting nonprofit organization in Minneapolis, Minnesota called The Bridge. The Bridge offers a wide range of services to youths experiencing homelessness and their families including crisis shelter and counseling, transitional programs, youth/parent/family counseling, a 24-hour hotline, and ongoing support services. They also put a lot of effort into outreach and community education on topics like teen parenting, communication skills for families, sexually exploited youth, facts and myths about homeless youth, and LGBTQ community. This organization also offered internships for graduate counseling and social work students. I reached out to the internship coordinator who helped me schedule a phone interview and who is now working with me to see if the connection is possible. I hope to be able to learn as much as I can from this organization and bring some great ideas back home.

# School Counseling



**Dr. Wilkerson**

When balancing the roles of professor, school counseling advocate, and father, it seems that there is always something new on the agenda. When speaking to Dr. Wilkerson, we discussed these three roles. As a father, Dr. Wilkerson says it has been a new experience having both of his children attending middle school. As a professor,

this semester is unique since he has the opportunity to teach two different research classes, on both the undergraduate and graduate level. After years of advocating for the school counseling profession, Dr. Wilkerson talks about how PDE (Pennsylvania Department of Education) is beginning to support a role transformation

through their reform initiatives. This information is new and exciting since PDE is beginning to align their vision with the ASCA (American School Counselor Association) National Standards.



**Ashley  
Pietrowski**

## Ashley Pietrowski

When thinking about the roles our professors perform, one often expects teaching, grading exams, and office hours to be a part of their agendas. However, much of their jobs involves 'behind-the-scenes work' which many students are often unaware of. For Dr. Wilkerson, this includes serving the greater Scranton community by providing professional development to school counselors at the Scranton School District.

This semester, Dr. Wilkerson has worked collaboratively with his GA, Ashley Pietrowski in his effort to develop a survey to assess the needs of these counselors. Ashley, an aspiring school counselor, feels this has been an extremely helpful experience. She feels working with Dr. Wilkerson has allowed her to gain a better understanding of school counselor responsibilities, assessing the needs of a population, and the opportunity to listen to real school counselors concerns.

# Counseling and Human Services



**Dr. Datti**

The Counseling & Human Services undergrad program is active and thriving! We have a new faculty member, Dr. Lori Mag-

nuson, who holds a doctorate in Rehabilitation Counseling Education and whose interest lie in working with individuals with intellectual disabilities and families. Also, to assist with internship and other field opportunities, PCPS has a new field coordinator, David Angeloni, who helps out in the CHS & Education Departments. Some other new happenings in CHS include a reduction in the total amount of

credits needed for the major from 131 to 124, and a new undergraduate elective, Counseling with Veterans and Military, taught by Professor Mary Troy (Tuesdays & Thursdays this spring at 10AM). Also, the Human Services-Board Certified Practitioner (HS-BCP) credential is now offered prior to graduation! Students may sit for the exam when they have 15 credits or less to graduate. See Dr. Datti for details.

**Volunteering  
is an  
important  
part of  
Ewelina  
and Dylan's  
lives**

## Ewelina Taran

Since she was a freshman at the U, Ewelina has been volunteering at The Children's Advocacy Center of Northeastern Pennsylvania. This agency serves the children and their families of eight surrounding counties, including Lackawanna. The

multidisciplinary team at the CAC/NEPA provides services which include, but are not limited to, trauma counseling, forensic interviewing, and advocacy to children who have experienced different kinds of abuse and/or neglect. April is Child Abuse

Prevention Month and for this event Ewelina acted as a volunteer in 2013 by planting 1,107 pinwheels, each representing a child that received services in 2012. The month con-



**Ewelina Taran**

## Dylan Lang

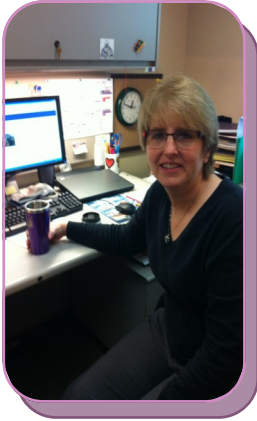
Dylan Lang is a junior CHS major with a passion for service! On campus he is involved in the Scranton mentors actively reaching teens (SMART) program where he helps students from Scranton High with important issues like health, education, and healthy relationships. He is also involved in an afterschool program called big friends/little friends where he helps children with homework and other activities. Dylan also has the exciting opportunity to participate in the Marquette Service-Learning Program in South Africa where he will study and assist on a service site. Dylan hopes to gain a better understanding of the people and culture of South Africa and hopes that his service experience will prepare him well as a future social worker.

On November 19, Dylan was selected to receive the Rose Kelly Award for scholastic achievement for the Panuska College of Professional Studies. This award recognizes outstanding scholastic achievement at the University of Scranton and allows the recipient to pay tribute to one of the teachers who have had a profound influence on their life prior to entering the University.



**Dylan Lang**

# Counselor Training Center



Prof. Geri Barber

There have been a few new and exciting changes within the practicum program for Fall 2013. For the first time, practicum students and advisors are using the digital recording platform called Panopto. Instead of having to use DVDs to record their counseling sessions, students can log into this user friendly program which records and securely saves each session. Geri is most excited about the degree to which the program facilitates dynamic learning and supervision. Panopto allows the student and advisor to access their recordings and to add notes. This digital process is more complete and interactive as students develop their counseling style and skills.

Another new program that was available to practicum students in Fall 2013 was the Interdisciplinary Educational Project Initiative. This project incorporated students from the Nursing, Occupational Therapy, Physical Therapy, and Counseling programs to review case studies, develop care plans from the perspective of each discipline, and discuss the ideas as a group. This project provided students with a unique opportunity for collaboration and learning. The purpose of the Interdisciplinary Educational Project Initiative was to promote a vision of an integrated health care system where various providers work together to assist in helping those we work with in achieving an increased quality of life.

## A Student's Perspective of Panopto

Panopto is a software company that provides lecture recording, screen-casting, video streaming, and video content management software, which is often used in E-learning environments. The company was founded as a spinout of Carnegie Mellon University (CMU) in 2007 by two of its professors—William Guttman (current Executive Chairman) and William Scherlis—in addition to current Chief Technology Officer (CTO) Eric Burns. According to Malia Spencer of the Pittsburgh Business Journal, the company is "based on technology that can capture, stream and archive video and other media that are frequently used in presentations, lectures or training."

Students in Practicum are using laptops in the CTC rooms to record their sessions and upload them to

Panopto. After recording the sessions, the students can then view their videos and make comments on them in the Practicum room. The notes and comments features allow both the students and their supervisors to view and critique the videos and allows the students and supervisors to view each other's comments for a more comprehensive learning experience.

From a student's perspective, Panopto has been a very helpful piece of technology. It's a privilege to be a part of the piloting class for the software and I feel that it's going well. As with any new piece of technology, there have been some difficulties along the way, but the benefits heavily outweigh the difficulties.

There are many qualities about Panopto that are helpful, but the most helpful aspect of Panopto is the notes function.



Kate Gerstenberg

This allows us to view our videos and insert notes that have been time-stamped with the point in the video that you would like to comment on.

Another great feature of Panopto is that at the end of the semester when we have finished Practicum, the videos can easily be deleted. Also, this helps us avoid the mess that shredding DVDs makes!

In the future, if the university adopts Panopto, it will be used in many different settings across campus and will surely be an integral part of the classroom technology.

# Professional Achievements

## Dr. Amy Banner (CMHC)

### Presentations:

Healey, A. C., Emelianchik-Key, K., & **Banner, A. T.**, (2013, October). *Theory and Practice: Teaching Counseling Techniques from an Integrative Perspective*. Biannual conference of the Association for Counselor Education and Supervision, Denver, CO.

### Accepted ("In Press") Publications:

**Banner, A. T.** (in press). Continuum of care: One size does not fit all. In J. S. Young & C. S. Cashwell (Eds.), *Clinical Mental Health Counseling: Elements of Effective Practice*. Upper Saddle River, NJ: Prentice Hall.

### Current Research:

An Investigation of the Public's Perception of Counselors (co-investigator is Dr. Ben Willis)

### Recent Award:

North Atlantic Region of the American Counseling Association: *Awarded \$1,000 Grant to attend the American Counseling Association's Institute for Leadership Training, Summer of 2013*

## Dr. Ben Willis (CMHC)

Completed dissertation on identity development called "How Identity Develops: Using Attachment, Differentiation, Mood, Communication, and Personal Narrative to Predict Identity Status Among Emerging Adults" Had 2 national presentations at ACA (on identity development) and at the Association for Counselor Educators and Supervisors (ACES) (on critical incidents for counselor development)

## Dr. Lori Bruch

and Dr.

Rebecca

Dalgin were

chairs for the

DisABILITY

conference

held at the

University of

Scranton

**Dr. Paul Datti (CHS)** has had an exciting year! The following is "What's New" in his professional development:

**Article published:** Datti, P. A., Conyers, L. M., & Boomer, K. B. (2013). Factors affecting VR use among Latino men with HIV/AIDS: A national perspective. *Journal of Applied Rehabilitation Counseling*, 44(3), 42-50.

**Invited Presentations:** Datti, P. A., & Adera, R (2013, June). Understanding culture, diversity, power, and privilege. Training presentation provided for faculty, staff, and residence assistants at Penn College of Technology, Williamsport, PA.

Datti, P. A. (2013, April). Latino, male, and HIV-positive: The survey says... Research presentation in the Faculty Research Seminar Series, University of Scranton.

**Refereed Presentations:** Datti, P. A. (2013, November). Counseling lesbian, gay, beyond the binary: Bisexual persons and their unique challenges in counseling and society. Lecture and discussion presented at the annual conference of the Pennsylvania Counseling Association, State College, PA.

Datti, P. A. (2013, April). Working with GLBT consumers with disabilities and their families: Implications for practice. Interactive lecture presentation proposal for the National Council on Rehabilitation Education national conference, San Francisco, CA.

Hergenrather, K. C., Datti, P. A., & Andrews, B. (2013, April). Persons with HIV/AIDS: Developing a national collaborative approach to improve employment outcomes. Interactive panel presentation proposal for the National Council on Rehabilitation Education national conference, San Francisco, CA.

**Dr. Banner and Dr. Datti** were co-chairs for this year's Pennsylvania Counseling Association annual conference, in State College on November 8-10. The conference theme was "Efficacy and Advocacy: Advancing the Profession of Counseling In Pennsylvania" and offered several interesting educational sessions ranging from counseling practice, education, and research.

**Dr. Julie Cerrito (SC)** has also had an exciting year. Here is "What's New" in her professional development:

Served as an editorial assistant for the *Journal of Counseling & Development*, which is the flagship journal of the American Counseling Association (ACA).

Ph.D. graduate from Penn State University (August 2013).

Over a decade of experience as a professional school counselor in public school districts.

Four presentation acceptances at national counseling conferences this academic year including the American School Counselor Association (ASCA), American Counseling Association (ACA) and the Association for Counselor Education and Supervision (ACES).

Two presentation acceptances at state counseling conferences this year including the Pennsylvania Counseling Association (PCA) and the Pennsylvania School Counselors Association (PSCA).

Dissertation research was invited as part of the Client Focused Research Series at the 2013 American Counseling Association Conference in Cincinnati, Ohio.

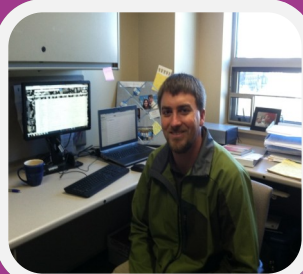
## Dr. Julie Cerrito



Dr. Julie Cerrito

Dr. Cerrito obtained her Master's from The University of Scranton and her Ph.D. from The Pennsylvania State University. Her areas of study include Counselor Education and Supervision, School Counseling. Some of her areas of interest for future research include Career Development across the Lifespan, Women in the Workplace, Culturally Sensitive Career Counseling, School Counselor Supervision, Ethical and Legal Issues in School Counseling, and The Collaborative Relationship between School Counselors and Principals. She decided on being a professor because she enjoys sharing knowledge, inspiring others, and wants to guide the next generation of school counselors and counseling professionals. She believes that learning is largely bidirectional; teachers learn from students and students learn from teachers. When asked why teaching at the University of Scranton she stated, "The University of Scranton has a commitment to counseling that is well known throughout the region, state, and nation. Fine academics, committed students, and supportive faculty combine to make the university appealing on both a personal and professional level. As an alumna, it was an opportunity for me to contribute something back to the university." For fun she enjoys world travel, learning new languages, cultural cuisine, fashion, floral design, philanthropy, horseback riding, swimming, dancing, and running.

## Dr. Ben Willis



Dr. Ben Willis

Dr. Willis earned a Master's degree in Family and Couples Counseling and his doctorate in Counseling and Counselor Education from The University of North Carolina at Greensboro, where he lived for the past five years. Dr. Willis was hired as a full-time professor this

year. He especially likes the University of Scranton because of its Jesuit mission and close interactions with students, an aspect of teaching that he values greatly. Outside of the classroom, Dr. Willis is interested in researching identity, an important topic in the counseling field that

he has found very helpful in his counselor experiences. For fun, he likes "to get lost in something," like a movie or a sporting event. Right now, he is excited to learn more about the Scranton area and the university itself.

## Dr. Lori Magnuson



Dr. Lori Magnuson

Dr. Lori Magnuson earned a Ph.D. in Rehabilitation Counselor Education from The University of Iowa, and a Master's in Counseling at Seattle University. In addition to her Ph.D., she is also a Certified Rehabilitation Counselor and a Licensed Men-

tal Health Counselor. Dr. Magnuson enjoys the students as well as her colleagues at the University and feels that she can learn a lot from them. She enjoys the amount of activities she is able to engage in here, including social activities, being involved with students

and other faculty, and playing in a ukulele band. Her goal for her time at the University of Scranton is to learn as much as she can from the people here. Specifically, she would like to become the best teacher she can be.

# NEW STUDENTS IN THE COUNSELING PROGRAM



Denise Collins

Denise Collins, a new student in the School Counseling Graduate Program states, "I am unbelievably impressed with the counseling program so far. I started my de-

gree at a different university and transferred here and the difference is astounding. All my professors are so caring and involved with each and every student. I have learned so much in the little amount of time I have been here. The most positive things I have encountered are my advisors. Dr. Wilkerson and Dr. Eschbach have been more than helpful with everything I have needed. I have never

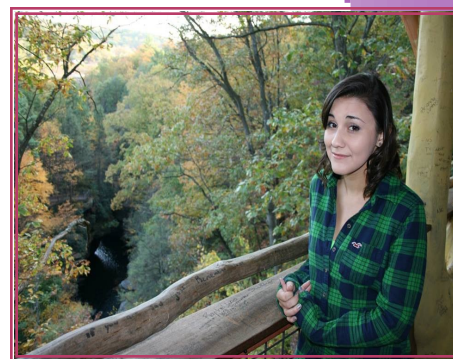
worked with such dedicated individuals. I also had a very unique experience so far in the program. In Dr. Bruch's Lifespan class we had the opportunity to speak first-hand with people and families with disabilities and I really enjoyed it."

*"All my professors are so caring and involved with each and every student. "*

*-Denise Collins*

## Marissa DiBella

Marissa DiBella is currently a sophomore majoring in Counseling and Human Services and minoring in Psychology. CHS is not Marissa's first major, but she knew during the first week of classes in her new major that CHS was right for her. She loves the program and feels that she learns something from every interaction she has with the amazing students and faculty around her. Some of these interactions have been with graduate students, which she finds to be very motivating for her. Marissa would like to use her degree to pursue a career in counseling or a related field. Her ultimate goal for her career is to help people and she feels that her education will help her to do that.



# NEW STUDENTS IN THE COUNSELING PROGRAM



**Jean Mullen**

Jean Mullen a new CMHC student loves the energy of going back to school since receiving her Bachelor's Degree in Art/Administration in 1995. She is thankful to be in the program and discusses positive experiences including fellow students, Dr. Banner and the friendliness of the department! Jean is fascinated by culture, personal stories and looks forward to learning about herself. Jean's identity is influenced by unique experiences. Her thirteen year old son has special needs which taught Jean about receiving counseling, advocacy, working with agencies *as a consumer*, and celebrating all accomplishments. To improve her physical and mental health, Jean pursues her passion in Eastern philosophies by studying Tai Chi and Qi Gong which teaches her about the mind/body connection and awareness to stay in the present moment.

*"On a graduate level, your professor, in addition to your classmates, challenge your beliefs and strive for you to be open to new ideas."*

**-Dana**

## Dana Raciti

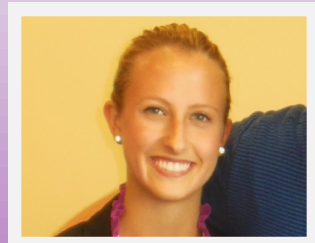
Dana Raciti, a senior CHS major, began her graduate coursework in Rehabilitation Counseling in her junior year. She is enrolled in the accelerated B.S./M.S. program which allows students with outstanding academic standing to take graduate credits while achieving their undergraduate. Dana says it has been an excellent

experience! She enjoys the learning environment that the program provides.

"On a graduate level, your professor, in addition to your classmates, challenge your beliefs and strive for you to be open to new ideas," she says.

Dana hopes to continue in the program and

has always envisioned herself working in a medical setting, specifically with oncology patients. She is also very interested in assistive technology. Dana finds the Accelerated Masters program to be very rewarding and recommends it to students who qualify!



**Dana Raciti**

## Staff & Faculty Fun Facts

**Dr. Morgan** — Studies karate and has a green belt in tae kwon do.

**Dr. Willis** — Enjoys playing sports; his favorite is basketball.

**Dr. Datti** — Hosted a Halloween party dressed as Prince, his partner and co-host dressed as Maverick from Top Gun.

**Dr. Magnuson** — Rides a motorcycle.

**Dr. Banner** — Learning Hebrew and having more fun than you'd imagine.

**Dr. Jacob** — Jump starts her brain just like we "jump start" our cars sometimes and even has a remote control to do so.

**Dr. Bruch** — Walks avidly, sometimes among the bear in her backwoods Poconos neighborhood.

**Dr. Wilkerson** — Has practiced meditation for the past 3 years.

**Dr. Dalgin** — Likes to play board games and card games; anywhere, any time.

**Dr. Eschbach** — Dr. Eschbach goes walking every morning with three lovely dogs; her own, Lucky, as well as Lucky's boyfriend, Bentley, and girlfriend, Tasha.

**Dr. Cerrito** — Loves shoes.

**Geri** — Has given faculty, staff, and student spontaneous dance lessons.

**Ann** — Taught herself to play the guitar.

## Center for Rehabilitation Education

The University of Scranton has announced plans for an 111,500-square-foot, eight-story center for rehabilitation education to provide a state-of-the-art facility for undergraduate and graduate programs in the Departments of Exercise Science, Occupational Therapy, and Physical Therapy.

The center will provide classroom, research, office, clinical, and meeting space for the departments previously mentioned. It will also connect to and create a unified entrance for McGurrin Hall, which houses the remaining departments in Panuska College – nursing, education, human resources, counseling, and health administration – in addition to the Leahy Community Health and Family Center.

"The \$47.5 million project will provide an advanced, modern facility to match the exceptional reputations already established by our physical therapy, occupational therapy and exercise science programs and will help grow these important academic departments," said Kevin P. Quinn, S.J., president. "In approving this project, the Trustees recognized the strength and strategic importance of these programs for the University."

View Along Jefferson Avenue



View From Campus Gateway



## “NEW” VOLUNTEER OPPORTUNITIES

“Be the change that you wish to see in the world.” - Mahatma Gandhi



Looking to do some volunteer work over the holidays or in the near future? Here are some suggestions:

Volunteer Action Center  
<http://www.vacnepa.org/index.asp>

Red Cross of Scranton <http://www.redcross.org/pa/scranton/volunteer>

CMC <http://cmccare.org/about-us/volunteer/>

Catholic Social Services

<http://cssdioceseofscranton.org/content/material-assistance/st-francis-of-assisi-soup-kitchen>

Toy drive at the school attached to Saint John Neumann Church in South Scranton.

Address: 633 Orchard St Scranton, PA 18505

This will be a 2 Day Drive (Toys on day 1 and Food on day 2) because Catholic Social Services is joining forces with Friends of the Poor.

Times to volunteers are:

Toy Set-up: Sunday, 15th (12 PM - 4 PM)

Toys: Wednesday, 18th (8 AM - 5 PM)

Food: Thursday, 19th (TBD)

Contact Emily Holmes at [Emily.holmes@scranton.edu](mailto:Emily.holmes@scranton.edu) for more information.

**“Not all of  
us can do  
great things.  
But we can  
do small  
things with  
great love.”**

**-Mother Teresa**

## Organizations of interest to new counseling students

Did you know that master's students can become members of professional organizations? The perks of being a member of ACA, ASCA, or NRA include; discounted or free liability insurance, subscriptions to the organization's respective journals, and a discounted membership fee.



For Clinical Mental Health Counseling students, please visit <http://counseling.org/membership/aca-and-you/students>. For School Counseling students, please visit <http://www.schoolcounselor.org/schoolcounselors-members/member-benefits-inf/membership-types>. For Rehabilitation Counseling students, please visit <http://www.nationalrehab.org/cwt/external/wcpages/membership/index.aspx>.



## “NEW” HOLIDAY RECIPES

### Easy Fudge from Heather Stuart

2 lbs. confectioner's sugar, 2 lbs. semi-sweet chocolate chips (24 oz.), 2 lbs. cream cheese, 1 lbs. chopped walnuts (optional)

Mix cream cheese in mixer and slowly add confectioner's sugar. Melt chocolate in a double boiler. Add chocolate to cream cheese mixture. Mix well. Stir in walnuts. Spread mixture in a 9x12 greased

baking pan. Wrap in plastic. Refrigerate until set (at least 3 hours). Cut into cubes. Enjoy!

### Sugar Cookies from Dr. Bruch

2 Sticks Softened Butter, 1 Cup Sugar, 1 Egg, 1 Tablespoon Milk (perhaps a drop or two more), 1 Tablespoon Vanilla, Mix the above ingredients together and then add; 2  $\frac{3}{4}$  Cups of Flour, 1 Teaspoon baking powder,  $\frac{1}{4}$  teaspoon salt

When dough comes together, split

into three balls and wrap in wax paper. Chill 1 hour or more in fridge. Roll dough between two pieces of waxed paper (lightly floured). Cut cookies in shape of kite and add colored sprinkles. Bake at 350 degrees approximately 6-7 minutes or until golden brown. Baking time will depend upon the thickness of the cut cookie. Enjoy!

### Life by Chocolate Cupcakes from Dr. Banner

Ingredients:

#### CUPCAKES

2 cups Sugar, 2 cups All-purpose Flour,  $\frac{1}{4}$  teaspoon Salt,  $\frac{1}{2}$  cup Buttermilk, 2 whole Eggs, 1 teaspoon Baking Soda, 1 teaspoon Vanilla, 2 sticks 1 Cup Butter, 4 Tablespoons (heaping) Cocoa Powder, 1 cup Water; Boiling, 18 whole Dark Chocolate Hershey's Kisses; Unwrapped, Canned Pitted Cherries (optional)

#### GANACHE

8 ounces weight Bittersweet Chocolate, 1 cup Heavy Cream, 6 Tablespoons Corn Syrup, 2 teaspoons Vanilla Extract

#### PREPARATION INSTRUCTIONS

Preheat oven to 350 degrees. Spray 18 muffin cups with baking spray. To make the cake batter, combine flour, sugar, and salt. Set aside. In a separate container, combine buttermilk, eggs, baking soda, and vanilla.

Stir to combine and set aside. In a saucepan, melt butter over medium heat. Add cocoa powder and stir to combine. Add boiling water, allow to bubble for a few seconds, then turn off heat. Pour chocolate mixture over flour mixture. Stir a few times to cool the chocolate. Pour buttermilk mixture over the top and stir to combine. Pour  $\frac{1}{4}$  cup cake batter into each muffin cup. Lightly set one kiss in the middle of each cupcake; do not press down. (Alternately, you can add 3 canned, pitted cherries to each muffin cup before adding the batter.) Bake for 20 minutes. Allow to cool for 5 minutes in the pan, then remove cupcakes and allow to cool on a baking rack. To make the ganache, heat cream and corn syrup over medium heat. Chop chocolate and add to a bowl. Add vanilla to cream mixture, then pour cream mixture over the top of the chopped chocolate. Whisk together until melted, smooth, and glossy. Dunk cupcakes in ganache. Allow to cool and set before serving. ENJOY!

### Reindeer Cookies from Dr. Cerrito

Ingredients:

0.75 cup peanut butter, 1.25 cups firmly packed brown sugar, 0.5 cup shortening, 3 tbsp milk, 1 tbsp vanilla, 1 egg, 1.75 cups all purpose flour, 0.75 tsp baking soda, 0.75 tsp salt, chocolate-covered mini pretzels, mini brown m&ms, regular sized red m&ms

Directions:

Preheat oven to 375 degrees, Combine brown sugar, peanut butter, shortening, milk, and vanilla in large bowl. Beat at medium speed until well blended. Add egg; beat until just blended. In a separate bowl, combine flour, baking soda, and salt. Add to creamed mixture at low speed. Mix just until blended. Form dough into 1-inch balls. To make reindeer-shaped cookies, pinch the bottom of the ball slightly to form a point, then gently flatten with your hand. Space cookies about 2 inches apart on a greased cookie sheet and bake for 7 to 8 minutes, until set or just beginning to brown. Remove from oven and immediately (and gently) press two mini pretzels into the tops of the cookies for the reindeer's antlers. Press two mini brown M&Ms in for the eyes and one red M&M for the nose (or any other color... some of mine ended up with green noses. They might be South Pole reindeer.). Allow to cool 2 minutes on the baking sheet and then transfer to a wire rack or paper towel to cool completely. Makes about 40 reindeer cookies.

## CHI DELTA RHO SPRING 2013

## NEW INDUCTEES

Catherine Bartilucci, Candice Clifford, Carrie Colanianni, Gerald Coolbaugh, Maura Cullen, Adria DeSimone, Arielle Ferry, Emily Holmes, David Hovey, Damani Irby, Shawn Kennedy, Amy Killeen, Krystina Kobylinski, Janelle Lawson, Colleen Long, Laura Long, Rena Loughlin, Maria Massino, Ashley Pietrowski, Melissa Price, Jeanne Rabel, Danay Roman, Kelly Roughgarden, Joanna Salomon, Rebecca Turano, and Brittany Vennero

**Counseling and Human Services Association (CHSA)**

CHSA hosted an Internship Fair for students looking to obtain an internship. Seven members attended the Disability Conference on October 2. In addition to these events, they participated in the Safe Trick or Treat, as well as partnering with ARC to host a dance.

For the Holiday season, CHSA will be sponsoring an angel for Adopt an Angel. Last year, they were able to raise over \$200 for the angel they sponsored!

Next semester, CHSA will pair with ARC to host another dance and they will have a body image table at the Festival of Nations on April 23rd from 3-5pm.

**Chi Delta Rho (Graduate Honor Society)**

Chi Delta Rho held a Spooktacular Bake Sale on Halloween to raise money for their organization. They were able to raise over \$250!

From now until December 9, Chi Delta Rho is pairing with CHSA and Tau Upsilon Alpha (TUA) for the Peanut Butter, Jelly, and Crackers Challenge.

For the Holiday season, Chi Delta Rho is hosting a ZUMBA Fund-raiser to benefit the Leahy Center for the Uninsured, located in the basement of McGurkin Hall. This will take place on December 7th at 1:30pm in the Murray Royals Room which is located in the Byron Center.

**Tau Upsilon Alpha (Undergraduate Honor Society)**

TUA hosted a bake sale and a 50/50 raffle during Family Weekend in the beginning of the Fall semester.

TUA will be hosting a Christmas Social for students, as well as faculty, during the week of December 2. Also coming this season, TUA will be partnering with Big Brothers Big Sisters for the Big for a Day program. TUA and BBBS will host a Christmas Party on December 7th for the children. Together, TUA and BBBS hope to make a lasting impact on the community and to make the Christmas Social and Big for a Day Christmas event traditions for TUA members in years to come!

This past Spring semester, TUA inducted new members. They are:

Kaitlin M. Giunta, Lisa M. Gruszecki, Matthew P. Hogan, Dylan H. Lang, Meghan Norsigian, Marissa Papula, Timothy Plamondon, Dana E. Raciti, Catherine Sangi, Katherine M. Schepers, Courtney S. Stone, Sarah E. Triano, Luke A. Vitagliano, Jameeka Wilson, and Corrine A. Wolff.

## Tau Upsilon Alpha

### Spring Induction

