Camp Director: Trevor Woodruff

Woodruff Basketball School (WBS) is designed for young women of varying ages and ability levels. Whether you are brand new to the game or a budding star, we believe WBS will be challenging, educational and fun. Our daily mission is to teach and develop the same fundamental, championship level habits that we ingrain into our very own players at The University of Scranton.

We are fortunate to have many current and future Lady Royals on hand to serve as counsellors. Their objectives are to teach the game and provide an excellent example for your daughter to emulate. We believe that after four full days of competition and learning your daughter will have many new tools to improve her abilities at home and with her school team.

In addition to our tremendous staff we provide safe, collegiate level facilities and a full buffet-style lunch. I believe that you’ll find everything at WBS to be first class and centered around the camper’s experience.

Sincerely,

Trevor Woodruff

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Daily Itinerary

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30am</td>
<td>Arrival Time</td>
</tr>
<tr>
<td>8:45am</td>
<td>Roll Call/Warm Up</td>
</tr>
<tr>
<td>9:00am</td>
<td>Stations/Skill Development</td>
</tr>
<tr>
<td>10:15am</td>
<td>Special Topics &amp; Small Group Development</td>
</tr>
<tr>
<td>11:00am</td>
<td>5 on 5 League Games</td>
</tr>
<tr>
<td>12:00pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:00pm</td>
<td>1 on 1, 3 on 3, Free Throw Competitions</td>
</tr>
<tr>
<td>2:00pm</td>
<td>5 on 5 League Games</td>
</tr>
<tr>
<td>3:00pm</td>
<td>Dismissal/Open Gym/Free Swim</td>
</tr>
<tr>
<td>4:00pm</td>
<td>Final Dismissal</td>
</tr>
</tbody>
</table>

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Trevor Woodruff

Basketball School
2016

AT THE UNIVERSITY OF SCRANTON

June 27th – 30th
8:30 am – 4:00 pm
Girls Age 7 – 15
Instructional Program

Under the direction of Head Coach Trevor Woodruff, WBS puts the FUN in Fundamentals, teaching all phases of the game, in a relaxed but competitive environment. The use of lectures, demonstrations, and drills provides each camper the opportunity to learn from the best coaches and players in the region.

Individualized Instruction

- Shooting
- Passing
- Fast Break
- Ball Handling
- Practice Habits
- Station Work
- Footwork
- Rebounding
- Screening
- Defense
- 3 on 3 Play
- Listening
- 1 on 1 Play

Camp Features

- Cool Down Time in Olympic Sized Pool
- Age and Ability Grouping
- Scranton Staff and Players
- Individual and Team Awards
- Small Group Teaching Stations
- Competition and Games
- Reversible Camp Jersey
- Collegiate Level Facilities
- Full Buffet Style Meals
- 8’ Baskets for Younger Players
- Emphasis on Fun and Fundamentals

Register Early!

- Due to the individualized attention we like to give each camper, space is limited.
- Please register early to ensure your daughter’s participation in this year’s Basketball School.

***Parents are welcome to visit at any time.

June 27-30, 2016
Girls Age 7-15

Fee: $160.00

*All you can eat meal provided with a reversible camp jersey

Registration

Price: $160.00

☐ June 27 – 30, 2016 8:30 am – 4:00 pm

Daughter’s Name: ____________________________

Parent’s Name: ______________________________

Address:

City: ___________ State: _______ ZIP: ________

Phone: ________________________________

Emergency Phone: __________________________

Email: ________________________________

Age: ___________ Grade Entering: ___________

Camper’s School: ________________________________

Daughter’s Jersey Size (Please Circle):
Youth:     Med       Large
Adult:     Sm       Med       Lg       XL

Non-refundable deposit of $25.00 is required with application to hold your spot

Balance is due at registration or by check prior to registration which will allow faster check-in. Please make all checks payable to Trevor Woodruff Basketball School.

Mail check with form to:
Trevor Woodruff
University of Scranton Women’s Basketball Office
800 Linden Street
Scranton, PA 18510

Any questions, please call Meghan Nowak: 570-941-6643